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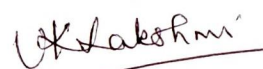
*Declaration*

## **DECLARATION**

I do hereby declare that the thesis entitled “***EFFECT OF SELECTED SPICES ON HYPERLIPIDEMIC AND DIABETIC ADULTS***” is a record of original research work done by me in the Department of Food Science and Nutrition, Avinashilingam University for Women, Coimbatore, under the supervision and guidance of **Dr. U.K Lakshmi**, Professor, Department of Food Science and Nutrition, Avinashilingam University for Women, Coimbatore and it has not been submitted for the award of any Degree / Diploma / Associateship / Fellowship etc., of any other University or Institute.



**Signature of the  
Candidate**



**Signature of the Guide**