

# **CONTENTS**

## CONTENTS

<b>CHAPTER NO.</b>	<b>TITLE</b>	<b>PAGE NO.</b>
	<b>LIST OF TABLES</b>	
	<b>LIST OF FIGURES</b>	
	<b>LIST OF APPENDICES</b>	
	<b>ABSTRACT</b>	
I	<b>INTRODUCTION</b>	1
II	<b>REVIEW OF LITERATURE</b>	23
	KIDNEY FAILURE	24
	Incidence	24
	Causes	25
	Symptoms	30
	Effects	33
	Management	35
	STRESS	41
	Stress and Kidney Failure	41
	Stress Management	41
	DEPRESSION	44
	Depression and Kidney Failure	44
	Effects	50
	Management	51
	WELL-BEING/QUALITY OF LIFE	55
	POSITIVE THERAPY AND STRESS	57
	POSITIVE THERAPY AND DEPRESSION	58

III	<b>METHODOLOGY</b>	60
	Objectives	60
	Null Hypotheses	62
	Area	62
	Sample	63
	Tools	63
	Procedure	67
	Treatment	67
	Experimental Design	74
	Analysis of Data	74
IV	<b>RESULTS AND DISCUSSION</b>	75
V	<b>SUMMARY AND CONCLUSION</b>	132
	<b>REFERENCE</b>	
	<b>APPENDICES</b>	