



Avinashilingam Institute for Home Science and Higher Education for Women

Deemed to be University Estd. u/s 3 of UGC Act 1956, Category 'A' by MHRD (now MoE)

Re-accredited with an 'A++' Grade by NAAC CGPA 3.65/4, Category I by UGC

Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment I - August 2025

V Semester

Class : III BSc

Time: 2hrs

Branch : Bachelor of Physical Education

Max. Marks : 60

23BPEDE4 –DSE-I Adapted Physical Education

Course Outcomes:

1. Relate a variety of factors to growth and motor development of individuals.
2. Demonstrate motor patterns, fundamental motor skills, sport specific skills and physical activity patterns of children and adolescents with special needs.
3. Recognize the perceptual- motor behavior and developmental levels of the individual
4. Obtain knowledge about ability level of persons with disabilities.
5. Providing appropriate curriculum/ programme for participants in adapted physical education settings.

Part A

6 x 1 = 6

Choose the Correct Answer

1. What is the role of inclusion in adapted physical education? CO1K3
 - a) To separate students with disabilities from their peers
 - b) To promote interaction and participation among all students
 - c) To limit social interactions
 - d) To focus only on individual needs
2. Which of the following is a benefit of adapted physical education? CO2K3
 - a) It increases social isolation
 - b) It enhances self-esteem and confidence
 - c) It limits physical development
 - d) It excludes students from participation
3. Intellectual disability refers to a significant limitation in: CO3K1
 - a) Physical mobility
 - b) Sensory processing
 - c) Cognitive functioning
 - d) Emotional regulation
4. Which of the following is an example of a physical disability? CO1K4
 - a) Dyslexia
 - b) Autism
 - c) Down syndrome
 - d) Cerebral palsy
5. Which of the following is an example of a specific learning disability? CO4K2
 - a) Attention deficit hyperactivity disorder (ADHD)
 - b) Autism spectrum disorder (ASD)
 - c) Dyslexia
 - d) Down syndrome
6. Which of the following is an example of an invisible disability? CO4K2
 - a) Paraplegia
 - b) Deafness
 - c) Epilepsy
 - d) Down syndrome

Part B

3 x 6 = 18

Answer ALL questions

Each answer should not exceed 400 words or two pages

- 7.a. Write the meaning and definition of adapted physical education CO2K1
(or)
7. b. Write the aims and objectives of adapted physical education
8. a. Differentiate disability and disorder CO3K1
(or)
8. b. Write about developmental disability
9. a. Define IEP CO4K2
(or)
9. b. Write the qualities and qualifications of adapted physical education teacher

Part C

3 x 12 = 36

Answer ALL questions

Each answer should not exceed 800 words or four pages

- 10.a. Enumerate the importance and scope of APE CO1K1
(or)
- 10.b. Explain physical write in detail about the purpose and need of IPE
- 11.a. Write in deatil about thepurpose and need of IEP CO2K2
(or)
- 11.b. Discuss the role of PET in Adapted physical education
- 12.a. Explain the International Organizations supporting person with disability CO3K4
(or)
- 12.b. Explain the principles of APE in sports