

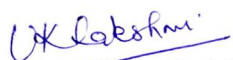


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**Declaration**

## DECLARATION

I hereby declare that the dissertation entitled “**DEVELOPMENT AND EVALUATION OF FUNCTIONAL FOOD MIXES ON ADULTS WITH CARDIOVASCULAR DISEASES AND IMPACT OF DIET COUNSELLING**” submitted to the Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore – 641 043, in partial fulfillment of the requirements for the award of the **DEGREE OF DOCTOR OF PHILOSOPHY IN FOOD SCIENCE AND NUTRITION** is a record of original research work done by me under the supervision and guidance of **Dr. (Tmt.) U.K. Lakshmi M.Sc., M.Phil., Dip. Ed., Ph.D, Professor, Department of Food Science and Nutrition**, Avinashilingam Institute for Home Science and Higher Education for Women (Deemed University), Coimbatore – 641 043, and that it has not formed the basis for the award of any Degree / Diploma / Associateship/ Fellowship or similar title to any candidature of any other university or Institute.



Signature of the Guide



Signature of the Candidate