



**Avinashilingam Institute for Home Science and Higher Education for Women**  
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)  
Re-accredited with 'A+' Grade by NAAC. Recognised by UGC Under Section 12B  
Coimbatore - 641 043, Tamil Nadu, India

**Master's Degree Examination – June / July 2021**  
**II Semester**

**Class : I PG**

**Time : 3 Hours**

**Major : Human Development**

**Max. Marks : 100**

**20MHDC08 Life Span Development II (adolescence – middle age)**

**Part A**

**10X1=10**

**Choose the Correct Answer**

- Select the name of the gland which produces the growth hormones.  
a. Sweat                      b. Pituitary                      c. Salivary                      d. Puberty
- Identify the most consistent statement about Stanley Hall's views on adolescent development?  
a. Every adolescent should strive toward uniqueness.  
b. Adolescent development is largely determined by the adolescent's environment.  
c. Culture exerts the greatest effect on how quickly the adolescent matures.  
d. Adolescent behaviour is characterized by the physical changes of that period.
- Recognize the key assumption of Vygotsky about the cognitive development as it is the result of  
a. Conditioning      b. Social interaction      c. Accommodation      d. Affiliation
- Indicate the nature of self - concept of adolescents  
a. Differentiated      b. Unified      c. Optimistic      d. Disorganized
- Indicate which of the following age group represents the mid-life transition stage according to Levinson  
a. 30-35 years      b. 35-40 years      c. 40-45 years      d. 45-50 years
- Name the task which involves expanding one's sense of self to include another person according to Valliant.  
a. Development of identity                      b. Development of intimacy  
c. Generativity                      d. Development of integrity
- Select the meaning of zone of proximal development (ZPD) from the following.  
a. The distance between the child's actual developmental level and his/her potential level of development  
b. The child's intelligence quotient  
c. The child's capacity to solve problems  
d. The child's physical nearness to another child in the same environment
- Choose the definition of 'social clocks' from the following .  
a. The life events, behaviours and issues that are typical for a particular age  
b. The age at which an individual enters the society  
c. It is the time the child goes out of home and meets his peers  
d. None of the above
- Reaction time is defined as the  
a. The interval between the stimulus and the response.  
b. The ability to move hands  
c. The ability to move body  
d. None of the above
- Global evaluative dimension of self is identified as  
a. Self-concept      b. Self esteem                      c. Self-improvement                      d. Self-wellbeing

**Part B      5X6=30**  
**Answer ALL questions**  
**Each answer should not exceed 400 words or two pages**

- 11.a. Elucidate the concept of 'Rites of Passage'.  
(or)
- 11.b. Explain the key features of Piaget's formal operational thought.
12. a. Outline the factors influencing self -esteem of adolescents.  
(or)
- 12.b. Explain the importance of peer relationship during adolescence.
- 13.a. Enumerate the consequences of teenage pregnancy.  
(or)
- 13.b. Describe the strategies of managing common educational problems of adolescents.
- 14.a. Explain the developmental tasks of early adulthood.  
(or)
- 14.b. Differentiate between Fluid and Crystallized intelligence with suitable examples.
- 15.a. 'Vocational choice of young adults is influenced by various factors'.  
Justify the statement.  
(or)
- 15.b. Explain the preparation for retirement.

**Part C      5X12=60**  
**Answer ALL questions**  
**Each answer should not exceed 800 words or four pages**

- 16.a. Compare and contrast the views of Stanley Hall and Anna Freud on development of adolescence.  
(or)
- 16.b. Explain the stages of perspective taking with a suitable example.
- 17.a. Discuss the paths of adolescent identity development according to James Marcia.  
(or)
- 17.b. Critically analyze the 'identity v/s/role confusion' concept of Erikson.
- 18.a. What is negative body image? Explain its effects on adolescents with any two research findings.  
(or)
- 18.b. Discuss the causes, effects and management of anxiety disorders among adolescents.  
(or)
- 19.a. Explain the nature of skills of information processing approach in early adulthood.  
(or)
- 19.b. Describe the physical changes of middle adulthood.
- 20.a. What is 'mid-life crisis'? Discuss its effects and management strategies.  
(or)
- 20.b. Critically analyze and comment on the 'intimacy v/s isolation' and 'generativity v/s stagnation' concept.

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