



Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)

Re-accredited with 'A+' Grade by NAAC. Recognised by UGC Under Section 12B

Coimbatore - 641 043, Tamil Nadu, India

Bachelor's Degree Examination – June 2021

VI Semester

Class: III UG

Major: Physical Education

Time : 3Hours

Max. Marks: 100

18BPEC30 Theory of Games and Sports VI (Volleyball and Softball)

Part A

10 x 1 = 10

Choose the Correct Answer

1. Dimension of Women Volleyball Court is
 - a. 9mx16m
 - b. 18mx9m
 - c. 9mx12m
 - d. 18mx18m
2. How many time out in Volleyball for each set
 - a. 4
 - b. 2
 - c. 3
 - d. 1
3. Volleyball Federation of India was formed in the year
 - a. 1950
 - b. 1951
 - c. 1936
 - d. 1952
4. Who is the father of Volleyball Game?
 - a. William G.Morgan
 - b. James Naismith
 - c. George
 - d. Lorzen
5. How many hits are allowed on each side of the net in Volleyball?
 - a. 2
 - b. 3
 - c. 4
 - d. 5
6. How many innings are there in a Softball Game?
 - a. 9
 - b. 7
 - c. 5
 - d. 4
7. Distance from the back tip of home plate to the right corner of first base is '
 - a. 60'
 - b. 80'
 - c. 120'
 - d. 40'
8. Softball is created in the year
 - a. 1987
 - b. 1787
 - c. 1887
 - d. 1947
9. How many bases are there in the game of Softball?
 - a. 4
 - b. 3
 - c. 2
 - d. 5
10. How many position are there on the field in Softball
 - a. 6
 - b. 9
 - c. 10
 - d. 8

Part B

5 x 6 = 30

Answer ALL questions

Each answer should not exceed 400 words or two pages

- 11.a. Brief explain the history of Volleyball.
(or)
- 11.b. Brief explain the history of Softball.
- 12.a. Explain the detailed measurements for Volleyball, nets and Antenna.
(or)
- 12.b. Explain the detailed measurements for softball equipments.
- 13.a. Explain the list of skills in offensive and defensive in Volleyball.
(or)
13. b. Explain the technique and tactics in Softball.
- 14.a. Explain the rotation rules in Volleyball.
(or)
- 14.b. What are the 10 position in Softball?
- 15.a. Write the duties of Referee in Volleyball.
(or)
- 15.b. Write about various skills in Softball.

Part C

5 x 12 = 60

Answer ALL questions

Each answer should not exceed 800 words or four pages

- 16.a. Describe the recent development of the game of Volleyball.
(or)
- 16.b. Explain the status of softball game Asian countries.
- 17.a. Draw a neat diagram of Volleyball court with all measurements
(or)
- 17.b. Draw a neat diagram of Softball court with all measurements
- 18.a. Explain the methods of specific conditioning training for Volleyball players.
(or)
- 18.b. Explain the methods of specific conditioning training for Softball players
- 19.a. Explain the match rules of Volleyball game.
(or)
- 19.b. Explain the match rules of Softball game.
- 20.a. Duties and responsibilities of official of Volleyball game.
(or)
- 20.b. Duties and responsibilities of official of Softball game.
