

## DECLARATION

I declare that the thesis entitled “**Effect of Nutrition Intervention on Nutritional Status and Lifestyle Pattern of the Selected Tribal Girls (10-15) from Kannur and Wayanad Districts of Kerala**” submitted by me for the degree of **Doctor of Philosophy (Ph.D.)** is the record of work carried out by me during the period from 2016 to 2020 under the guidance of **Dr (Mrs) A. Thirumani Devi**, Professor and Head, Department of Food science and Nutrition, Avinashilingam Institute for Home Science and Higher education for Women, Coimatore-641043, and has not formed the basis for the award of any Degree, Diploma, Associateship, Fellowship, Titles in this Institute or any other University or other similar Institution of Higher Learning.



Signature of the Candidate



Signature of the Supervisor

## CERTIFICATE FROM THE SUPERVISOR

I certify that the thesis entitled “**Effect of Nutrition Intervention on Nutritional Status and Lifestyle Pattern of the Selected Tribal Girls (10-15) from Kannur and Wayanad Districts of Kerala**” submitted for the degree of Doctor of philosophy (Ph.D.) by Sr. **Remya M J** is the record of research work carried out by her during the period from 2016 to 2020 under my guidance and supervision, and that this work has not formed the basis for the award of any Degree, Diploma, Associateship, fellowship or other Titles in this Institute or any other University or Institution of Higher Learning.



Signature of the HOD



Signature of Supervisor with Designation



Signature of Dean

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