



**Part-B**

**5X6=30**

**Answer the following**

**Answer should not exceed 400 words or two pages**

11. a) History of the game –kho-kho-Give a short note  
(OR)  
b) History of the game –Gymnastics-Give a short note
12. a) Give the Specification of the parallel bar  
(OR)  
b) Give the technical information about the game throw ball
13. a) Explain any two specific conditioning drills to develop the any one offensive skill in game kho-kho?  
(OR)  
b) What are the skills demonstrated in uneven bar? Explain
14. a) Explain the scoring mechanism in gymnastics (floor exercises)  
(OR)  
b) Duration and match rules of the game kho-kho-Describe.
15. a) Olympic gymnastics team rules – Discuss.  
(OR)  
b) Duties of the throw ball officials-Explain.

**Part-C**

**5x12=60**

**Answer the following**

**Answer should not exceed 800 words or four pages**

16. a) Explain the origin and development of the game Throw ball?  
(OR)  
b) Explain the origin and its development of the games kho-kho?
17. a) Draw the neat diagram of the Throw ball court with all measurements.  
(OR)  
b) Draw the neat diagram of the vaulting Horse with all the measurements
18. a) Explain the defensive skills in the game- kho-kho  
(OR)  
b) Explain the different specific conditioning drills given for gymnastics.
19. a) Explain the rules and regulation of the game throwball.  
(OR)  
b) Explain about , scoring , time limits, deduction and additional rules of Balancing beam, valuting horse in gymnastics
20. a) Explain officiating mechanism of the game –Throw ball.  
(OR)  
b) Explain the scoring mechanism in parallel bar and uneven bar in gymnastics

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