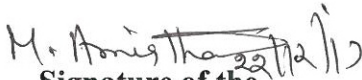


Certificate

This is to certify that the thesis titled “**Effect of Nutrition Intervention on Symptoms of Premenstrual Syndrome (PMS) among Women of Reproductive Age (20-45 Years)**” submitted to the Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, in partial fulfilment of the requirements for the award of the Degree of **Doctor of Philosophy in Food Science and Nutrition**, is a record of original research work done by **Suba, G** during the period of her study in the Department of Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, under my supervision and guidance and the dissertation has not formed the basis for the award of any Degree/ Diploma/ Associateship/ Fellowship or similar title to any candidate of any other University and it represents an entirely independent work on the part of the candidate.


Signature of the

Head of the Department


Signature of the Supervisor

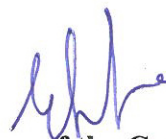

Signature of the Dean

Declaration

I hereby declare that the thesis entitled “**Effect of Nutrition Intervention on Symptoms of Premenstrual Syndrome (PMS) among Women of Reproductive Age (20-45 Years)**” submitted to the Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, in partial fulfillment of the requirements for the award of the Degree of **Doctor of Philosophy in Food Science and Nutrition** is a record of original research work done by me under the supervision and guidance of **Dr. A. Thirumani Devi**, Professor, Department of Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore and that it has not formed the basis for the award of any Degree/ Diploma/ Associateship/ Fellowship or similar title to any candidate of any other University.



Signature of the Supervisor



Signature of the Candidate