

**Avinashilingam Institute for Home Science and Higher Education for Women
[Deemed to be University] Coimbatore – 641 043**

Bachelor's Degree Examination – November 2018

Semester III

**Class : II UG
Major : Physical Education**

**Time : 3 Hours
Max. Marks : 100**

15BPEC07 Methods of Physical Education

Part – A

10 x 1 = 10

Choose the Correct Answer

1. Methods is not ----- pattern of teaching
 - a. material
 - b. set
 - c. aid
 - d. static
2. A teacher has to make a lot of ----- before enter the class room.
 - a. confidence
 - b. books
 - c. preparation
 - d. story
3. The personality of the teacher goes along way for ----- in teaching.
 - a. activity
 - b. process
 - c. successes
 - d. behaviour
4. In which one is the indigenous activities with apparatus
 - a. clubs
 - b. spiral word
 - c. Dhauks
 - d. lezium
5. A knock – out fixtures is generally drawn by -----
 - a. performance
 - b. team captain
 - c. lots
 - d. alphabetic
6. The special activities may be conducted after the -----
 - a. formal
 - b. dismissal
 - c. roll call
 - d. recreative
7. Total number of matches for 50 teams in single elimination tournament is -----
 - a. 50
 - b. 52
 - c. 49
 - d. 51
8. Callisthenics means -----
 - a. free arm exercise
 - b. with apparatus exercise
 - c. launching exercise
 - d. sitting exercise
9. Formal activities are taught by ----- method.
 - a. part
 - b. oral
 - c. at will
 - d. command
10. How many byes should be given for 22 teams in single knock – out tournaments.
 - a. 12
 - b. 10
 - c. 08
 - d. 16

Part – B
Answer the following
Answer should not exceed 400 words or two pages

5 x 6 = 30

- 11.a. Define time and material at the disposal of the teacher.
(Or)
- 11.b. What is personal preparation.
- 12.a. Explain the community related teaching aids.
(Or)
- 12.b. Write the important feature of the lesson plan.
- 13.a. List down the objectives of intramural competitions.
(Or)
- 13.b. Explain the method of organizing the extramural competitions.
- 14.a. Write the values of lesson plan.
(Or)
- 14.b. Enumerate the co – curricular activities.
- 15.a. Draw a single knock – out fixture for 17 teams.
(Or)
- 15.b. Draw a single league fixture for 8 teams in tabular method.

Part – C
Answer the following
Answer should not exceed 800 words or four pages

5 x 12 = 60

- 16.a. List down the way of presentation.
(Or)
- 16.b. Explain the factors influencing method.
- 17.a. Define specific management.
(Or)
- 17.b. Give detail on general lesson plan.
- 18.a. Explain the methods of teaching in physical activities.
(Or)
- 18.b. List down the audio visual aids and its significance.
- 19.a. Write the principles to be adopted for good class managements.
(Or)
- 19.b. List down the benefits and draw backs of the extramural competitions.
- 20.a. Draw a single knock – out fixture for 23 teams.
(Or)
- 20.b. Draw a league – cum – knock – out fixture for 18 teams with for zone basics.
