

Roll. No:

**Avinashilingam Institute for Home Science and Higher Education for Women  
Coimbatore – 641 043  
Bachelor's Degree Examination – November 2017**

**V Semester**

**Class : III UG  
Major : Human Development**

**Time : 3 Hours  
Max. Marks : 100**

**15BHDC14 Adulthood and Old Age**

**Part – A  
Choose the Correct Answer**

**10 x 1 = 10**

1. The term adult means -----
  - a. to grow to maturity
  - b. to grow
  - c. to grow to full size
  - d. to grow to strength
2. The adults strength in motor abilities reach the peak between -----
  - a. 30 to 35
  - b. 25 to 30
  - c. 20 to 25
  - d. 35 to 40
3. ----- is the time of empty nest.
  - a. Early adulthood
  - b. middle age
  - c. Adolescence
  - d. old age
4. The degree of success in middle age is influenced by how well ----- is mastered during early adulthood.
  - a. developmental task
  - b. happiness
  - c. interest
  - d. all the above
5. Loss of accommodative power of the eye during middle age is called
  - a. Myopia
  - b. Glaucoma
  - c. Presbyopia
  - d. Keratomalacia
6. The role of a middle aged person is -----
  - a. ego centered
  - b. pair centered
  - c. child centered
  - d. family centered
7. Late adulthood is -----
  - a. 18 to 40
  - b. 40 to 60
  - c. 60 to 80
  - d. 60 to death
8. The "Three A's to happiness" in old age is
  - a. acknowledgement, affection and achievement
  - b. affection, appraisal and acknowledgement
  - c. achievement adequacy and affection
  - d. acceptance affection and achievement
9. Feeling of idleness is a ----- problem at old age.
  - a. physical
  - b. psychological
  - c. family life
  - d. social
10. Old people have ----- remote memories.
  - a. better
  - b. poor
  - c. zero
  - d. none of the above

**Part – B**

**5 x 6 = 30**

**Answer the following**

**Answer should not exceed 400 words or two pages**

- 11.a. Discuss the factors influencing adjustment to a mate.  
(Or)
- 11.b. Enlist the factors that aid mastery of developmental tasks in early adulthood.
- 12.a. Mention the criteria of successful marital adjustment.  
(Or)
- 12.b. What are the common problems of widowhood?
- 13.a. Bring out the vocational hazards faced by the early adulthood people.  
(Or)
- 13.b. What are the personal hazards of middle age?
- 14.a. Enlist the conditions affecting change of interest in old age.  
(Or)
- 14.b. Analyse the common problems of elderly.
- 15.a. Examine the important factors contributing to happiness in old age.  
(Or)
- 15.b. Enlist the factors that lead to poor adjustment in old age.

**Part – C**

**5 x 12 = 60**

**Answer the following**

**Answer should not exceed 800 words or four pages**

- 16.a. Explain the characteristics of early adulthood.  
(Or)
- 16.b. Enumerate the physical changes during early adulthood.
- 17.a. Elaborate the developmental tasks of middle adulthood.  
(Or)
- 17.b. Describe the physical and cognitive changes during middle adulthood period.
- 18.a. Enumerate the marital adjustments during early adulthood.  
(Or)
- 18.b. Critically analyse the factors influencing vocational adjustment in middle age.
- 19.a. Define old age. Describe the characteristics of the elderly.  
(Or)
- 19.b. Elucidate the changes in mental and motor abilities in old age.
- 20.a. Explain the needs of the aged.  
(Or)
- 20.b. Elaborate the hazards of the elderly.

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