

ACKNOWLEDGEMENT

The investigator offer her endeavour to God Almighty for being her refuge and strength and praises him for his everlasting love, bountiful mercy, amazing grace and endless blessings showered on her throughout her study.

The investigator sincerely acknowledges her gratitude to **Dr. T. S. Avinashilingam Ayya**, the Founder and First Chancellor and **Dr. Rajammal P . Devadas**, Former Chancellor, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore for providing this temple of learning and for their heavenly blessings.

The investigator wishes to express her sincere thanks to **Padmashri Dr. P. R. Krishnakumar**, Chancellor, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, for providing the opportunity to carry out this academic exercise and exposure to the world of knowledge.

The investigator owes her to sincere gratitude to **Dr. (Mrs.) Premavathy Vijayan**, Vice Chancellor, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, for her consent encouragement and support to carry out the study.

The investigator owes her special thanks to **Dr. (Mrs.) S. Kowsalya**, Registrar, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, for the facilities provided to carry out the study.

The investigator also extended her sincere and heartfelt obligation to **Dr. G. P. Jeyanthi**, Director (Research and Consultancy), Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, for her consent advices, encouragement and support.

The investigator expressed her heartfelt thanks to **Dr. (Mrs.) N. Vasugi**, Dean, School of Home Science, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, for her valuable help and support at all times of need.

The researcher is immensely grateful to **Dr. (Mrs.) S. Visalaksi Rajeswari**, Professor and Former HoD, Department of Resource Management for providing valuable suggestions to the study.

The investigator is highly indebted to **Dr. (Mrs.) M.R. Thilagam**, Professor and Head, Department of Resource Management for her care and support in enhancing the capacity of the investigator and for successful completion of the project.

The investigator feels highly elated in manifesting her glowing sense of gratitude to her loving guide **Dr. (Mrs.) K. Manimozhi**, Professor, Department of Resource Management, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, for being such a great mentor and her valuable guidance, encouragement, support, help, love and care rendered throughout the period.

The researcher would like to thank all the Teachers in the Department of Resource Management and the other Departments of Home Science, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, for their advice, support and best wishes throughout the period.

The investigator would also like to express her heartfelt gratitude and thanks to the **Maulana Azad National Fellowship Scheme by UGC** for providing fellowship in the form of financial assistance rendered for the research work to be completed successfully.

The investigator express her acknowledgement to both the Headmistress of private and government school for giving the opportunity to conduct programmes in their schools. The investigator also expresses her special word of thanks to all the parents, teachers and children for active participation in the study programme.

The investigator acknowledge with a deep sense of reverence and gratitude to her beloved Parents, loving siblings, supportive friends and relatives for being her constant pillar and strength, supported her morally, emotionally as well as economically. Her thanks also go to all the Friends, Co-scholars and those who have willingly helped her with their abilities.