

**DETAILS REQUIRED FOR UPLOADING THESIS IN SHODHGANGA**

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**DEGREE DETAILS**

Registration Date : 18.08.2021  
Completed Date : 02.07.2025  
Awarded Date : 13.03.2026

**THESIS DETAILS**

Title : Effectiveness of Reiki and Existential Therapy in  
Managing Body Pain Intensity and Insomnia Among  
Women  
Alternative Title (or Subtitle) : -  
Abstract (Enclosed) : yes  
Note : -  
Keywords : *Pain, Insomnia, Middle Adulthood Women, Reiki,  
Existential Therapy*  
Language : English  
Coverage (e.g. Literature) : -  
Citation Reference : 124  
(No. of Reference / Bibliographic  
Records)

**SUBMISSION DETAILS**

Pagination (inclusive of : 158  
Annexures)  
Dimension (e.g. 35cm) : 210 x 297mm  
Accompanying Material (e.g. : CD  
CD/DVD/None)

  
Signature