

**Effect of Functional Foods and Lifestyle Modification
Strategies on Hypertensive Men and Women in
Coimbatore, Tamil Nadu**

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A Thesis Submitted to
Avinashilingam Institute for Home Science and Higher Education for Women,
Coimbatore - 641 043

In Partial Fulfilment of the Requirements for the Degree of

**Doctor of Philosophy
in
Food Science and Nutrition**

January - 2016