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**Avinashilingam Institute for Home Science and Higher Education for Women  
Coimbatore – 641043**

**Bachelor's Degree Examination – November 2017  
I Semester**

**Class: I UG**  
**Major: ID&RM/HD/FSMD/FSN/RD & Sociology/  
Textiles & Apparel Design/Catering Sci. & Dietetics**

**Max. Marks: 100  
Time: 3 hrs.**

**15BIDI01/15BHDI01/15BFDI01/15BFNI01/15BRDI01/15BTDI01 DSE – I  
14BCDI01 Allied – I Perspectives of Home Science**

**Part – A**

**10 x1=10**

**Choose the Correct Answer:**

1. The art principle Rhythm can be achieved by  
a. Repetition      b. Space      c. Placement      d. Furniture
2. Changes in endocrinal system in old age causes the skin and nails to loose  
a. Beauty      b. length      c. Elasticity      d. width
3. A realistic guide to spending money aimed at avoiding over expenditure is  
a. Saving      b. Budget      c. Investment      d. Bonds
4. Yarns which is uneven, thick, thin with curls, loops, twists and different colours is called as  
a. Simple yarn      b. Ply yarn      c. Novelty yarn      d. Textured Yarn
5. A cleaning method of fabric without using water and soap is  
a. Laundry      b. Wet cleaning      c. Dry cleaning      d. Bleaching
6. Foods rich in minerals, proteins and vitamins are known as  
a. Protective foods      b. Dietary foods  
c. Energy foods      d. Body building foods
7. Identify welfare programmes for national development  
a. NSAP      b. SNAP      c. PPS      d. DABS
8. One of them is not adaptation of normal diet  
a. Soft diet      b. Fluid diet      c. Leafy diet      d. High protein diet
9. The period from the beginning of sexual maturity to completion of physical growth is  
a. Infancy      b. Adolescence      c. Adult      d. Childhood
10. The motivating factor that influences our behaviour is  
a. Standards      b. Values      c. Goals      d. Attitude

**Part – B**

**5 X 6 =30**

**Answer the Following**

**Answer should not exceed 400 words or two pages**

- 11 (a). List the goals of Home Education.  
(or)  
11 (b). Illustrate and Explain plain weave and its variations.
- 12 (a) Classify resources with examples.  
(or)  
12 (b). List the macronutrients. Give the uses of any three.
- 13 (a). What is non-woven? Discuss its types.  
(or)  
13 (b). Mention the important factors affecting meal planning.
- 14 (a). How do you classify food according to function?  
(or)  
14 (b). Discuss social development of a child.
- 15 (a). Enumerate the characteristics of a premature child.  
(or)  
15 (b). Expand MPLADS. Write its features.

**Part – C**

**5 X 12 = 60**

**Answer the Following**

**Answer should not exceed 800 words or four pages**

- 16 (a). Discuss the interrelationship between values, goals and standards.  
(or)  
16 (b). Classify fiber with examples.
- 17 (a). Explain the characteristics of resources.  
(or)  
17 (b). What are the effects of unfavorable prenatal conditions?
- 18 (a). Describe the washing and finishing process of woolen fabrics.  
(or)  
18 (b). What are micronutrients? Give its dietary requirements for a sedentary Women.
- 19 (a). Discuss the role of carbohydrates in our food.  
(or)  
19 (b). Discuss the various visible physical signs of decline in a aged person.
- 20 (a). Explain the role of Home Science extension education in rural development.  
(or)  
20 (b). What are the principles of Extension Education?

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