

Part B

5 x 6 = 30

Answer ALL questions

Each answer should not exceed 400 words or two pages

- 11.a. Draw a neat diagram of kho-kho court with specifications.
(or)
- 11.b. Recent development of gymnastics in India -brief.
- 12.a. What are equipment needed to conduct gymnastic competition?
(or)
- 12.b. Draw a neat diagram of throwball court with all specifications.
- 13.a. Write any two defensive skills in kho-kho with diagram.
(or)
- 13.b. Write any two Beam exercise in gymnastics.
- 14.a. Rules of play in throwball –Explain.
(or)
- 14.b. Tie breaking rule in kho-kho –Explain.
- 15.a. Duties of spotters in Gymnastics.
(or)
- 15.b. Explain the duties of Refree in Kho-Kho.

Part C

5 x 12 = 60

Answer ALL questions

Each answer should not exceed 800 words or four pages

- 16.a. Explain the history and development of Throwball in India.
(or)
- 16.b. Explain the origin and development of kho-kho in India.
- 17.a. Explain any two events in Gymnastic and their Rules & Interpretations.
(or)
- 17.b. Draw a neat diagram of Floor exercise area and Balancing beam with specification.
- 18.a. List down offensive skills in kho-kho with brief explanation.
(or)
- 18.b. Explain about fundamental skills in gymnastics.
- 19.a. Explain about the fouls in throw ball.
(or)
- 19.b. Explain the rules of play in Kho-Kho.
- 20.a. Elucidate the various types of signals in kho-kho with diagram.
(or)
- 20.b. Briefly explain about Mechanism of officiating in gymnastics.
