

## **DETAILS REQUIRED FOR UPLOADING THESIS IN SHODHGANGA**

Department : Psychology  
Guide : Dr. N. S. Rohini  
Name of the Researcher : Priyadarsini A.C

### **DEGREE DETAILS**

Registration Date : 01/03/2013  
Completed Date : 19/08/2016  
Awarded Date : 13/10/2017

### **THESIS DETAILS**

Title : Efficacy of Carnatic Music Therapy and  
Pranayama for Managing Depression

Alternative Title (or Subtitle) : -

Abstract (Enclosed) : Enclosed

Note : -

Keywords : Carnatic Music Therapy, Pranayama  
Depression, Resilience, Self - Esteem

Language : English

Coverage (e.g. English Literature) : English

Citation Reference : Bibliography  
(No. of Reference / Bibliographic  
Records)

### **SUBMISSION DETAILS**

Size : A4

Dimension (e.g. 35cm) : 210 x 290 mm

Accompanying Material (e.g.  
CD/DVD/None) : CD