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## LIST OF ABBREVIATIONS

AIDS	: Acquired Immuno Deficiency Syndrome
AOAC	: Association of Official Analytical Chemists
BPH	: Benign Prostatic Hyperplasia
DNA	: Deoxyribonucleic Acid
DPPH	: 1,1-diphenyl -2-picrylhydrazyl
FRAP	: Ferric Reducing Antioxidant Power
FSH	: Follicle Stimulating Hormone
GAE	: Gallic Acid Equivalent
GCMS	: Gas Chromatography- Mass Spectrometry
H <sub>2</sub> O <sub>2</sub>	: Hydrogen peroxide
ICD	: International Classification of Diseases
LDL	: Low Density Lipoprotein
LH	: Luteinizing Hormone
NIST	: National Institute of Standards and Technology
QE	: Quercetin Equivalent
RNS	: Reactive Nitrogen Species
ROS	: Reactive Oxygen Species
SOD	: Sulphur Oxide Dismutase
WHO	: World Health Organization
%	: Percent
°C	: Degree centigrade
Eg	: <i>exempli gratia</i> (for examples)
<i>et al</i>	: <i>et alli</i> (and others)
etc	: <i>Et cetera</i> (and all the rest)
nm	: Nanometre
mg	: Milligram
mL	: Millilitre
μL	: Microlitre
μ	: micron