

**Triple Burden of Malnutrition in Young Adult Women (18-21 years) and
the Effect of Nutrition Interventions on their Nutritional Status and
Nutritional Knowledge**

By

Sai Gayathri.H

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Supervisor

Dr.A.Thirumani Devi

Professor,

Department of Food Science and Nutrition

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Coimbatore, Tamil Nadu-641043.

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