



Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)
Re-accredited with 'A+' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Bachelor's Degree Examination – January 2021
V Semester

Class : III UG
Major : Human Development

Time : 3 Hours
Max. Marks: 100

18BHDC14 Adulthood and Oldage

PART – A
Choose the Correct Answer **10 x 1 = 10**

1. Which stage of Life is called the age of maturity?
 - a. Early adulthood
 - b. Middle adulthood
 - c. Late adulthood
 - d. Old age
2. During early adulthood, which of the following begin to decline?
 - a. Metabolism
 - b. dexterity
 - c. physical abilities
 - d. cognitive functioning
3. What are some of the 'crises' affecting social and emotional well-being in middle adulthood?
 - a. physical signs of ageing
 - b. children growing up and leaving home
 - c. boredom with a chosen career
 - d. all the above
4. Fluid abilities include
 - a. information-processing ability
 - b. short-term memory ability
 - c. long-term memory ability
 - d. all the above
5. Empty nest syndrome observed in.
 - a. Early adulthood
 - b. middle adulthood
 - c. families
 - d. old age.
6. The concept of 'grand-generativity' refers to
 - a. the creation of large and significant projects that contribute to wider society
 - b. having grandchildren
 - c. people developing their abilities and transmitting knowledge and values to younger generations in later life
 - d. younger generations teaching those in older generations to understand new concepts relating to changes in the modern world
7. The elderly population (>60 years) accounted for what percent of total population of India in 2011.
 - a; 6.2%
 - b. 7.4 %
 - c. 8.3%
 - d. 9.3%
8. The study of different aspects of ageing is known as
 - a. Gerontology
 - b. Gynaecology
 - c. Odontology
 - d. Chronology
9. What is often the first symptom of Parkinson disease?
 - a. Headache
 - b. Nausea
 - c. Shaking of a hand or foot
 - d. Turning of the head
10. Which age group has the highest rate of Alzheimer cases reported?
 - a. 85 and older
 - b. 74 to 84
 - c. 65 to 74
 - d. 55 to 65

Part B
Answer ALL questions
Each answer should not exceed 400 words or two pages

5 x 6 = 30

- 11.a. Explain how early adulthood is a healthy, yet risky time of life.
(or)
- 11.b. Describe Erikson's stage of intimacy vs. isolation.
- 12.a. Describe cognitive development in midlife.
(or)
- 12.b. Write on consequences of singlehood.
- 13.a. State the common changes in sensory functioning in old age
(or)
- 13.b. What are the adjustment problems occur during the loss of spouse?.
- 14.a. Bring out the psychological problems of aged person. .
(or)
- 14.b. Highlight the significance of finance during old age.
- 15.a. Focus the causes and symptoms of Parkinson diseases.
(or)
- 15.b. How does Alzheimer's affect aging?

Part C
Answer ALL questions
Each answer should not exceed 800 words or four pages

5 x 12 = 60

- 16.a. Describe physical development in early adulthood.
(or)
- 16.b. Discuss the developmental tasks of early adulthood.
- 17.a. Elaborate on vocational changes in middle adulthood.
(or)
- 17.b. Discuss the characteristics of middle age.
- 18.a. Enumerate the Adjustment to retirement.
(or)
- 18.b. Outline the Theories of Aging.
- 19.a. Highlight the conditions contributing to happy healthy ageing.
(or)
- 19.b. Recreations are essential for ageing-Justify.
- 20.a. Bring out the great challenge of the third Millennium.
(or)
- 20.b. Discuss about the role of Adult Protective Services.
