



Mallikarjuna

Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category 'A' by MHRD)
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment Test I – August 2024
V SEMESTER

Class : III UG
Major : Psychology

Time: 2 hours
Maximum Marks: 60

21BPSC12 ABNORMAL PSYCHOLOGY I

Course Outcomes:

At the end of the course, students will:

1. Define and classify abnormal Behaviour and its causal factors
2. Identify and assess the stress, coping and adjustment disorders
3. Classify and identify the various disorders related to bodily dysfunctions and preoccupation
4. Describe and analyze the various forms of anxiety disorders
5. Delineate and recognize the different personality disorders

Part-A

6x1=6

Choose the correct answer

1. According to psychoanalysis, this is the main causal factor of abnormality
a. behaviour b. ego psychology c. traumatic childhood experiences d. social factors CO1K1
2. Cognitive-behaviour therapy helps clients question irrational beliefs was given by
a. Beck b. Freud c. Allport d. Ellis CO1K1
3. This disorder is caused by witnessing a traumatic event as it occurred to others
a. Acute Stress b. PTSD c. Chronic Stress d. Nightmares CO2K1
4. An inner struggle about one's sense of self, which may involve uncertainty is called
a. Derealization b. Depersonalization c. Identity Alteration d. Identity Confusion CO2K1
5. This disorder involves Restricted food intake to maintain body weight lower than average
a. Parasomnia b. Anorexia Nervosa c. Bulimia Nervosa d. Binge eating CO3K1
6. Sleep walking, sleep terrors, sleep talking and sleep paralysis are collectively known as
a. Parasomnia b. Insomnia c. Sleep problems d. Nightmares CO3K1

Part- B

3x6=18

Answer ALL Questions

Each answer should not exceed 400 words or two pages

- 7.a. Discuss the cognitive perspective to abnormality CO1K2
(or)
7. b. Analyze the five axes in the multi-axial system of classification CO1K4
- 8.a. Write a short note on the coping mechanisms given by Lazarus and Folkman CO2K2
(or)
- 8.b. Differentiate between Depersonalization and Derealization CO2K2
- 9.a. Discuss Bulimia Nervosa with respect its clinical features CO3K3
(or)
- 9.b. Analyze the diagnostic criteria for Insomnia CO3K4

Part-C

3x12=36

Answer ALL questions

Each answer should not exceed 800 words or four pages

10. a. Write a case history for a patient Ms. A, aged 18 years with eating disorder CO1K3
(or)
- 10.b. Analyze the Psychoanalytic Perspectives of Abnormal Behaviour CO1K4
- 11.a. Illuminate on the General Adaptation Syndrome CO2K5
(or)
- 11.b. Examine Psychological First Aid as a mechanism to treat Stress CO2K3
- 12.a. Analyze the clinical features and characteristics of Insomnia and Parasomnia CO3K4
(or)
12. b. Compare and contrast the different eating disorders CO3K3

No. of Copies : 65+ 45

Staff in-charge: Sudha. R & Subhashini. S