



Avinashilingam Institute for Home Science and Higher Education for Women
(Deemed to be University under Category 'A' by MHRD, Estd. u/s 3 of UGC Act 1956)
Re-accredited with 'A+' Grade by NAAC. Recognised by UGC Under Section 12B
Coimbatore - 641 043, Tamil Nadu, India

Bachelor's Degree Examination – July 2020
II Semester

Class : I UG
Major : Physical Education

Time : 3 Hours
Max. Marks : 100

18BPEC05 Theory of Games and Sports - II
(Kabaddi, Ball Badminton and Handball)

Part A

10 x 1 = 10

Choose the Correct Answer

1. What was the name of handball in ancient period?
a. Fine ball b. Good ball c. Football d. Handball
2. When the handball game for women introduced in Olympics?
a. 1936 b. 1940 c. 1976 d. 1980
3. Which is the fastest game in the world?
a. Hand Ball b. Ice Hockey c. Football d. Volleyball
4. How many points in a ball badminton game?
a. 32 b. 34 c. 35 d. 33
5. What is the center post height in ball badminton?
a. 1.83mt b. 1.85mt c. 1.81mt d. 1.82
6. In Ball Badminton originated from?
a. Trichy b. Tanjore c. Coimbatore d. Chennai
7. What is the umpire decision when two offensive players enter at the same time in kabaddi game?
a. 2points b. 1 Point
c. Opponent Ride d. Rider Out
8. Who is the first Indian women participated in 2016 Olympics in the event of gymnastics?
a. Sakchi Malik b. Deepakarnakar
c. P.V.Sindhu d. SaniaMirsa
9. First world cup of kabaddi organized in
a. Pakistan b. Iran c. India d. Iraq
10. Indian national game is
a. Hockey b. Football c. Kabaddi d. Cricket

Part B

5 x 6 = 30

Answer ALL questions

Each answer should not exceed 400 words or two pages

- 11.a. Draw a neat diagram of women kabaddi court with all the specifications.
(or)
11.b. Draw a neat diagram of men kabaddi court with all the specifications.
- 12.a. Write the history of kabaddi game.
(or)
12.b. Write the history of ball badminton game.
- 13.a. Draw a diagram of badminton court with all the specifications.
(or)
13.b. Draw a diagram of ball badminton posts with all measurements.
- 14.a. Write all the skills of ball badminton.
(or)
14.b. Write all the offensive skills in kabaddi game.
- 15.a. Write all the signals of official in ballbadminton
(or)
15.b. Write any ten signals in kabaddi game

Part C

5 x 12 = 60

Answer ALL questions

Each answer should not exceed 800 words or four pages

- 16.a. Explain the history of the handball game.
(or)
16.b. Explain the rules and regulation in kabaddi game.
- 17.a. Draw the diagram of handball court with all the specifications and explain any five skills.
(or)
17.b. Draw a diagram of handball post with all measurements.
- 18.a. Explain the specific conditioning drills in kabaddi game.
(or)
18.b. Explain the specific drills in handball game.
- 19.a. Explain the pre-comptation training programme for handball beginnee players.
(or)
19.b. Explain official signals in kabaddi.
- 20.a. Explain the duties of officials in kabaddi.
(or)
20.b. Explain duties of officials in handball and ball badminton.
