



**Avinashilingam Institute for Home Science and Higher Education for Women,
University- Coimbatore 641043
Continuous Internal Assessment Test I, August 2025
Semester V**

Class: III UG

Time: 2 hrs

Major: Human Development

Max. Marks: 60

23BHDC10 – Fundamentals of Human Behaviour

Course Outcome:

1. Recall the basic elements and types of Human Behaviour and Behavioural Sciences
2. Understand the physiological mechanism of Human Behaviour
3. Comprehend the psychological and cognitive aspects of Human Behaviour
4. Apply the theories and principles to identify and manage the maladaptive behaviour
5. Relate the elements and principles for self development

PART- A

Choose the Correct Answer

(6x1=6)

1. Rational behaviour is NOT based on _____.
a. Facts b. Logical thinking c. Reasoning d. Emotions
CO₁ K₁
2. Which of the following is NOT an exteroceptor?
a. Muscles b. Skin c. Eyes d. Ears
CO₂ K₁
3. The spinal cord is primarily involved in _____.
a. Digestive control b. Reflex actions c. Emotional regulation d. Hormone production
CO₂ K₁
4. The autonomic nervous system controls _____.
a. Voluntary skeletal movements b. Sensory organs
c. Involuntary functions d. Conscious memory
CO₂ K₁
5. Which of the following is an example of overt behaviour?
a. Thinking about a past event b. Feeling anxious before an exam
c. Talking to a friend d. Remembering a phone number
CO₁ K₁
6. Which gland is known as the “master gland” of the endocrine system?
a. Adrenal b. Pituitary c. Thyroid d. Gonads
CO₂ K₁

PART B

Answer should not exceed 400 words

(3x6=18)

- 7.a. Define Human Behaviour. Discuss the key characteristics of Human Behaviour. CO₁ K₂
(Or)
- 7.b. Discuss the major factors which influences Human Behaviour with examples. CO₁ K₂
- 8.a. Explain the three basic mechanisms of human behaviour. CO₂ K₂
(Or)
- 8.b. Write a note on the structure and function of the Central Nervous System. CO₂ K₂
- 9.a. Differentiate between Individual, Group and collective behaviour with examples. CO₁ K₄
(Or)
- 9.b. Differentiate between the autonomic and somatic nervous systems. CO₂ K₄

PART C

Answer should not exceed 800 words

(3x12=36)

- 10.a. Discuss in detail the classification of human behaviour. Illustrate your answer with real-life examples. (Or) CO₁ K₂
- 10.b. Define behavioural science. Analyse the goals and scope of behavioural science. CO₁ K₂
- 11.a. Explain the role of the sensory organs (exteroceptors) in human behaviour. CO₂ K₃
(Or)
- 11.b. Describe the structure and functioning of the nervous system and its influence on behaviour. CO₂ K₃
- 12.a. Discuss the types & functions of human muscles and glands as reacting mechanisms. CO₂ K₃
(Or)
- 12.b. Explain the endocrine system and its influence on human behaviour. CO₂ K₃

Staff in-charge: Dr. Mutum Silpa Devi _____ No. of copies: 20