

Certificate from the Supervisor

This is to certify that the thesis entitled 'Efficacy of CBT on Body Image, Emotional Competence and Self Esteem among College Students' submitted for the degree of Doctor of Philosophy (Ph.D.) in Counselling Psychology by **Jeffrin Margreat, J. (17PHCPP002)** is the record of research work carried out by her during the period 2017-2021 under the guidance and supervision, and that this work has not formed the basis for the award of any Degree/ Diploma/ Associateship/ Fellowship or similar titles in the Institute or any other University or other similar Institution of Higher Learning.

S. Gayathidevi
13.8.2021

Signature

Head of the Department

S. Gayathidevi
13.8.2021

Signature of the Supervisor

Geetha
13/8/2021

Signature of the Dean

Declaration

I declare that the thesis entitled '**Efficacy of CBT on Body Image, Emotional Competence and Self Esteem among College Students**' submitted for the degree of Doctor of Philosophy (Ph.D.) in Counselling Psychology, is the record work carried out by **Jeffrin Margreat, J. (17PHCPP002)** under the guidance of **Dr. S. Gayatri Devi, M.A., M. Phil., Ph.D.**, Professor and Head, Department of Psychology, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore - 641043, and has not formed the basis for the award of any Degree/ Diploma/ Associateship/ Fellowship or Titles in this Institute or any other University or other similar Institutes of Higher Learning.

S. Gayatri Devi
13.8.2021

Signature of the Supervisor

Jeff

Signature of the Candidate