

**Avinashilingam Institute for Home Science and Higher Education for Women,
Coimbatore 641043
Continuous Internal Assessment Test I – August 2025**

**Class : I UG
Major : Human Development**

**Time : 2 hours
Max.marks : 60**

23BHDC01 Foundation of Development

- CO1-List the most significant principles of growth and development, and understand the unique features of the eight stages of the human life span
CO2- Understand the theoretical perspectives based on the issues and trends in human development
CO3- Describe what genes are and how they influence human development, and comprehend the underlying causes of chromosomal abnormalities
CO4 – Evaluate the prenatal period as sensitive by learning the underlying scientific reasons
CO5 –Comprehend the role of nature vs nurture in the process of development

PART- A

1x6=6

I. Choose the Correct Answers

1. The pattern of development that moves from the center of the body toward the extremities is --
------(CO₂K₁)
a. Cephalocaudal b. Proximodistal c. Sequential d. maturation
2. According to developmental psychology, the human life span begins at -----(CO₃K₂)
a. birth b. conception c. infancy d. early childhood
3. Which of the following is an example of development? (CO₂K₁)
a. increase in height b. weight gain c. learning to walk d. growth of hair
4. Which factor does NOT directly influence growth and development ----- (CO₁K₄)
a. Heredity b. Nutrition c. climate d. Brand of clothing
5. The term “nurture” in human development mainly refers to ----- (CO₄K₃)
a. eye color b. language spoken, c. social manners d. school performance
6. How many major stages are generally recognized in the human life span? (CO₁K₂)
a. 5 b. 4 c. 8 d. 6

PART B

Answer all questions. The answer should not exceed 200 words or one page 3x6=18

7. a. Discuss the difference between growth and development. (Or) (CO₃K₄)
b. State and explain any five stages of life span development (CO₂K₁)
8. a. Define the physical domain of development and explain its importance. (Or) (CO₂K₃)
b. Differentiate between nature and nurture with suitable examples (CO₂K₁))
9. a. Write the transformation between Learning vs maturation. (Or) (CO₁K₂)
b. Based on Freud’s theory of psychoanalytic development, explain the process of behavior formation(CO₄K₃)

Part -C

Answer All the Questions. Each Answer should not exceed 800 words 3 x12=36

- 10a. Explain any six principles of growth and development with examples (Or) (CO₂K₃)
b. Explain the major characteristics of each stage of the human life span (CO₁K₄)
- 11a. Explain the developmental tasks of different stages of human life span with examples.
(CO₅K₃) (Or)
b. Write the shot notes and give examples on i) Active vs Passive and ii) Continuity vs. Discontinuity (CO₂K₁)
- 12 a. Explain Pavlov’s behavior theory and elicit the factors that affect the learning Perspectives (Or) (CO₃K₄)
b. What are the four stages of Piaget’s cognitive theory? Explain each stage with suitable

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