

**Avinashilingam Institute for Home Science and Higher Education for Women  
(Deemed to be University) Coimbatore-641043.**

**Master's Degree Examination – November 2018  
III Semester**

**Class : II PG  
Major : Applied Psychology**

**Time: 3 hours  
Max. Marks: 60**

**17MAPC15 - HEALTH PSYCHOLOGY**

**Part A**

**10 x 1/2 = 5**

**Choose the correct answer**

- The first theoretical model of the mind and mental disorder stemmed from
  - Cognitive theory
  - Psychodynamic theory
  - Behavioural theory
  - Biological theory
- Which of these is not a qualitative method or approach?
  - Interviewing
  - Text analysis
  - IPA
  - Social constructionism
- Grooming is a form of communication that is
  - Arbitrary
  - Conscious
  - Hierarchical
  - Subconscious
- Which causes heat redness pain and swelling characteristic of the inflammatory response?
  - Vasoconstriction
  - Opsonization
  - Vasodilation
  - Edema
- The first action of inflammatory response is
  - Edema
  - Vasodilation
  - Opsonization
  - Vasoconstriction
- The stages in phases of illness are
  - four
  - Two
  - Five
  - Three
- The phase in which a person seek help from a doctor is
  - Dependency phase
  - Seeking help phase
  - Prodromal phase
  - Recovery phase
- The movements of eyes,eyebrows and mouth that communicate ones attitude and feelings to others is
  - Spatial use
  - Facial expressions
  - Gestures
  - Mixed message
- A segment of DNA that contains instruction for making a specific protein or proteins required by the body is
  - Gene
  - Genetics
  - Genomics
  - Genome
- Prevention directed towards those in whom the disease has already developed defines
  - Primary prevention
  - Secondary prevention
  - Tertiary prevention
  - Health prevention

**PART - B**

**Answer all questions**

**5 x 4 = 20Marks**

**Each answer should not exceed 200 words or one page.**

11. a. Evaluate about the biopsychosocial model.  
(Or)  
b. Write short notes on four approaches to health psychology.
12. a. Briefly mention about the consequences of imprecise communication.  
(Or)  
b. Explain about the role of women in medicine.
13. a. Discuss about process of illness.  
(Or)  
b. Explain about the psychological triggers for seeking help.
14. a. Illustrate about the stages of illness.  
(Or)  
b. Narrate about the deaths in the family.
15. a. Explain the process of immunization and screening.  
(Or)  
b. Differentiate between morbidity and mortality.

**PART - C**

**Answer all questions**

**5 x 7 = 35**

**Each answer should not exceed 600 words or three pages.**

16. a. Discuss about the Epistemologies for studying experience and behaviour.  
(Or)  
b. Illustrate about the research methods in health psychology.
17. a. Highlight the communication problems and solutions in therapeutic interactions.  
(Or)  
b. Describe the consequences of the physical and emotional pressures.
18. a. Elucidate on the theories of pain.  
(Or)  
b. Evaluate about the multidimensional treatment programmes for pain.
19. a. Evaluate about the life span perspectives on chronic illness.  
(Or)  
b. Elaborate on dealing with chronic illness.
20. a. Describe about the future perspectives of health psychology.  
(Or)  
b. Delineate about the health promotion model.