



**Avinashilingam Institute for Home Science and Higher Education for Women**  
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category 'A' by MHRD)  
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B  
Coimbatore - 641 043, Tamil Nadu, India

**Continuous Internal Assessment Test- I, August, 2025**  
**Semester V**

**Class: III UG**

**Time : 2 hours**

**Major : Human Development**

**Max.marks : 60**

**23BHDDE5 DSE – Basic Human Resources**

**Course Outcomes:**

- Understand the basics of human resources or capabilities
- Identify the difference between Human Development and Human Resource Development
- Apply the skills namely leadership and motivation for productive living
- Explore the strategies to foster Emotional Intelligence and Social Intelligence
- Examine the determinants of human resource towards human development

**Part – A**

**Choose the correct answer (6X1=6 marks)**

1. The knowledge, skills & abilities of people are collectively known as \_\_\_\_\_. CO<sub>1</sub>K<sub>1</sub>  
a) human proficiencies b) human capacities c) human values d) human resources
2. Self-awareness and empathy are the components of \_\_\_\_\_ dimensions of human resources. CO<sub>5</sub>K<sub>3</sub>  
a) physical b) social c) emotional d) intellectual
3. The ability to influence, inspire and guide individuals or groups to achieve a common goal is called \_\_\_\_\_. CO<sub>3</sub>K<sub>2</sub>  
a) leadership b) management c) companionship d) supervision
4. Which of the following is *not a* quality of a leader? CO<sub>4</sub>K<sub>5</sub>  
a) transparency b) ambiguity c) empathy d) integrity
5. The capacity to identify, understand and manage one's own and others feelings is called \_\_\_\_\_ intelligence. CO<sub>2</sub>K<sub>2</sub>  
a) social b) emotional c) common d) public
6. Rani realizes that she is getting angry during a team meeting. She pauses and takes deep breath before speaking. She exhibits \_\_\_\_\_. CO<sub>4</sub>K<sub>4</sub>  
a) empathy b) confidence c) self-awareness d) motivation

**Part-B**

**Answer all the questions Answers should not exceed 400 words (3x6= 18 marks)**

7. a. Define human resources. Explain the importance of Human resources. CO<sub>1</sub>K<sub>1</sub>  
or  
b. List the dimensions of human resources. Give examples for each dimension. CO<sub>1</sub>K<sub>1</sub>
8. a. Enumerate the functions of leadership. CO<sub>3</sub>K<sub>4</sub>  
or  
b. You are the leader of the team to conduct children's day. What type of leadership you will exhibit? Give reasons. CO<sub>3</sub>K<sub>4</sub>
9. a. How is a leader different from a boss? CO<sub>4</sub>K<sub>3</sub>  
or  
b. What is Emotional Intelligence (EI)? Explain the importance of EI. CO<sub>4</sub>K<sub>3</sub>

**Part-C**

**Answer all questions. Answer should not exceed 800 words (3x12= 36 marks)**

10. a. Differentiate between HD and HRD. CO<sub>2</sub>K<sub>2</sub>  
or  
b. Elaborate the functions of human resources. CO<sub>2</sub>K<sub>2</sub>
11. a. Explain any three leadership styles with examples. CO<sub>3</sub>K<sub>3</sub>  
or  
b. Define teamwork skills. Highlight the importance of teamwork skills. CO<sub>3</sub>K<sub>3</sub>
12. a. Discuss the five domains of EI. CO<sub>4</sub>K<sub>1</sub>  
or  
b. Suggest any three methods to improve Emotional Intelligence among students. CO<sub>4</sub>K<sub>1</sub>