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ABREVIATIONS

BMI	- Body Mass Index
WC	- Waist Circumference
HC	- Hip Circumference
WHR	- Waist Hip Ratio
WHtR	- Waist Height Ratio
TC	- Total Cholesterol
TG	- Triglycerides
HDL	- High Density Lipoprotein
LDL	- Low Density Lipoprotein
FBG	- Fasting Blood Glucose
FI	- Fasting Insulin
IR	- Insulin Resistance
SBP	- Systolic Blood Pressure
DBP	- Diastolic Blood Pressure
VAI	- Visceral Adiposity Index
LAP	- Lipid Accumulation Product
HOMA-IR	- Homeostasis Model Assessment for Insulin Resistance
WHO	- World Health Organization
IDF	- International Diabetes Federation