

RECOMMENDATIONS

1. Psychosocial intervention can be recommended for other disabilities.
2. This intervention can be recommended for young adults with disabilities.
3. The role of this intervention in improving self-esteem, social skills, reducing behaviour issues and enhancing emotional stability can be explored further.
4. This intervention can be used in a larger sample.
5. This intervention package can be modified based on the requirements for future research.
6. This intervention can be used for both clinical and normal population.