

CERTIFICATE

This is to certify that the dissertation entitled “Efficacy of Stress Inoculation Training (SIT) in improving the overall well – being of school students” submitted to the Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore – 641 043, for the degree of **Doctor of Philosophy in Human Development** is the record of original research work done by **Ms. Bani Lekha Phukan**, under my supervision and guidance has not formed the basis for the award of any Degree / Diploma / Associateship / Fellowship or similar title to any candidature of any other University or Institute.

for
23/1/16

Signature of the
Head of the Department

23/1/16

Signature of the Supervisor

Dr. K. AROCKIA MARAICHELVI
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Signature of the Dean

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DECLARATION

I hereby declare that the dissertation entitled “**Efficacy of Stress Inoculation Training (SIT) in improving the overall well – being of school students**” submitted to the Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore - 641 043, in partial fulfillment of the requirements for the award of the **Degree of Doctor of Philosophy in Human Development** is the record of original research work done by me under the supervision and guidance of **Dr. (Tmt.) K. Arockia Maraichelvi, M.Sc., M.Phil., Ph.D, Assistant Professor, Department of Human Development, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore - 641 043** and that it has not formed the basis for the award of any Degree / Diploma / Associateship / Fellowship or similar title to any candidature of any other university or institute.


23/1/16

Signature of the Supervisor



Signature of the Candidate

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