

APPENDIX- I

AVINASHILINGAM INSTITUTE FOR HOME SCIENCE AND HIGHER EDUCATION FOR WOMEN, COIMBATORE - 641043

QUESTIONNAIRE FOR SCHOOL CHILDREN

"ANALYZING THE IMPACT OF INCULCATING HUMAN VALUES AMONG SELECTED ELEMENTARY SCHOOL CHILDREN"

I. Demographic Profile

1. Name:

2. Class:

3. Age:

4. Sex:

5. Parent's Educational Qualification:

Father

Mother

Primary

Secondary

Higher Secondary

Graduate

Post Graduate

Professional

6. Type of Family:

Nuclear Family

Joint Family

7. Number of Family members:

1-4 members

4-6 members

Above 6

Father

Mother

8. Parent's Occupation:

Full time Homemaker

Maid Servant

Skilled Workers

Teacher

Government Servant

Business

9. Family Monthly Income
- Below Rs. 5,000
- Rs. 5,000-10,000
- Rs. 10,000 - 15,000
- Above Rs. 15,000

10. Are you satisfied with the facilities available in the house? Yes No

If yes, tick

1. Cleanliness
2. Drinking water
3. Food and clothing
4. Lighting
5. Sanitation
6. Ventilation

11. Read the following questions and mark your answers by putting a tick on a given scale

I. Personal Values

S. No	Personal Values	Yes	No
1	Academically active		
2	Cleanliness		
3	Discipline		
4	Friendly		
5	Goal setting		
6	Good eating habits		
7	Loving others		
8	Patience		
9	Positive attitude		
10	Punctual		
11	Self-confidence		
12	Self-motivation		

II. Social Values

S. No	Social Values	Yes	No
1	Active participation		
2	Complimenting others		
3	Respect others		
4	Decision making capacity		
5	Effective communication		
6	Encouraging and being supportive		
7	Good cooperation		
8	Helping tendency		
9	Polite		
10	Problem solving		
11	Sharing material things		
12	Sociability		

III. Emotional Values

S. No	Emotional Values	Yes	No
1	Avoid a feeling of jealousy		
2	Calmness		
3	Control temper		
4	Expressing emotions in the right manner		
5	Feeling guilty when mistakes committed		
6	Handling self-emotions		
7	Showing kindness		
8	Sharing opinion with elders		
9	Showing sympathy		
10	Understanding other's feelings		

IV. Spiritual Values

S. No	Spiritual Values	Yes	No
1	Having faith in God		
2	Helping the needy		
3	Motivating others to pray		
4	Reading religious books		
5	Sincerely praying		
6	Thanking God daily		
7	Visiting religious place		

V. Moral Values

S. No	Moral Values	Yes	No
1	Accepting the advice		
2	Avoid hurting others		
3	Being good company to others		
4	Developing good manners		
5	Forgiving others		
6	Generous		
7	Grateful		
8	Having courtesy		
9	Obeying elders		
10	Respect elders		
11	Responsible		
12	Truthfulness		

APPENDIX- II

OPINION OF PARENTS REGARDING HUMAN VALUES IMBIBED BY SELECTED ELEMENTARY SCHOOL CHILDREN

S. No	Opinions	Yes	No
1	Active participation in school competition		
2	Communicating well with others		
3	Control anger		
4	Co-operation among siblings		
5	Doing homework on time		
6	Getting along with other peers		
7	Giving respect to all elders		
8	Helpful in decision taking		
9	Helping and caring for others		
10	Helping with simple work at home		
11	Interest in learning		
12	Interest to pray to God		
13	Listening to elder's advice		
14	Obeying elders		
15	Punctuality in every way		
16	Seeking help from elders		
17	Sharing feelings with parents		
18	Sharing feelings with siblings		
19	Showing love and affection		
20	Telling the truth		

APPENDIX- III

**OPINIONS OF TEACHERS REGARDING HUMAN VALUES IMBIBED
BY THEIR CHILDREN**

S. No	Opinions	Yes	No
1	Active in participation in any activities		
2	Being punctual to school		
3	Doing homework on time		
4	Friendly approach with other children		
5	Good co-operation among children		
6	Good eating habits		
7	Respecting teachers		
8	Sharing feelings with the teachers		
9	Sharing things among them		
10	Taking care of school properties		

APPENDIX- IV

KNOWLEDGE INVENTORY TO TEST THE KNOWLEDGE ON HUMAN VALUES BY ELEMENTARY SCHOOL CHILDREN BEFORE AND AFTER TRAINING PROGRAMME

S. No	Values	Yes	No
1	Controlling anger		
2	Caring others		
3	Cleanliness		
4	Control one's emotion		
5	Co-operation		
6	Good conduct		
7	Honesty		
8	Interacting and communicating with others		
9	Love and affection		
10	Obedience		
11	Involving in class activities		
12	Patience		
13	Patriotism		
14	Peace		
15	Praying		
16	Protecting public properties		
17	Punctuality		
18	Respect others		
19	Sharing the emotions		
20	Showing sympathy		
21	Spirit of working hard		
22	Tolerance		
23	Trust and faith		
24	Understanding other's emotions		
25	Unity		

APPENDIX – V

**ATTITUDE INVENTORY TO TEST THE ATTITUDE ON HUMAN VALUES BY
ELEMENTARY SCHOOL CHILDREN BEFORE AND AFTER
THE TRAINING PROGRAMME**

S. No	Attitudes	Yes	No
1	Active and smart		
2	Compromising		
3	Friendly		
4	Goal setting		
5	God fearing		
6	Good communication		
7	Helping		
8	Humble and gentle		
9	Kind and simple		
10	Love		
11	Perfection in work		
12	Polite		
13	Positive character		
14	Respect		
15	Self- respect		
16	Self-confidence		
17	Sense of humor		
18	Sharing ideas		
19	Shouldering responsibility		
20	Sincerity in doing work		
21	Sociability		
22	Temper under control		
23	Truthfulness		
24	Understanding		
25	Unity		

The Ant and the Grasshopper

It was a hot summer day. A grasshopper was lying in the shade, relaxing from the heat of the sun when an ant passed by. The ant was dragging a huge seed in order to store it for the winter. Just looking at the ant made the grasshopper feel tired. "Ant, why do you work all day long? Why don't you sit for a while and sing a song with me?" he asked, and he took out his violin.



"I am gathering food for the winter when it will be cold and there will be no food. It would be a good idea if you did the same," the ant answered. "Oh Ant, why worry about the winter? There is plenty of food right now!" the grasshopper replied. The ant walked away with his load, leaving the grasshopper playing his violin and singing.

Winter came and just as the ant had warned, Grasshopper had no food stored. So he went to the ant. "Hello again, Ant! I came to sing you a song in return for some food." "All summer long I was working hard, while you were singing and laughing at me. As a result I have a full tummy now and you are hungry."



Moral: Work today and you can reap the benefits tomorrow!

The Fox and the Grapes

One warm summer's day a fox was ambling along, enjoying the sunshine. He came across a vine. Juicy bunches of grapes were hanging from its branches, ripe and ready to be eaten.



The fox was thirsty, so when he saw the grapes, he wanted to eat them right away. Walking back a few steps, the fox took a run up and jumped and almost reached the grapes. "I'll try again," the fox thought. He took a few steps back, counted to three and ran and jumped again, but he still couldn't reach the grapes. "Third time lucky!", the fox said and jumped for a third time. But he still couldn't reach. He tried again and again until he became very tired and couldn't jump any more.



The fox thought for a while, put his nose in the air and said to himself, "Well, I'm sure the grapes were sour anyway!"



Moral": You often hate what you can't have

The Boy who cried Wolf

A young shepherd boy was watching over a flock of sheep near his village. He got a bit bored, so to liven things up he shouted "Wolf! Wolf!" just to have some fun. The villagers ran to help him, but when they arrived they couldn't see a wolf.



The boy laughed at them and they left in anger. A couple of days passed and the boy decided to have some fun again and so he thought he'd try again. He shouted "Wolf! Help! Please!" This time fewer people from the village came to see if there was a wolf. And once again they found no wolf and left angry at the shepherd boy.



The next day, as the boy was watching the sheep, a real wolf came. Now the boy started screaming and shouting, terrified of the wolf: "Help, help! Please, help me! There's a wolf and he's killing your sheep!" But no one came, because the villagers didn't believe him.



Moral: This is how liars are rewarded - even if they tell the truth, no one believes them.

RIGHTS AND RESPONSIBILITIES

YOU HAVE THE RIGHT TO A SAFE ENVIRONMENT

YOU HAVE THE RESPONSIBILITY TO FOLLOW SAFETY RULES



YOU HAVE THE RIGHT TO VOICE YOUR OPINION

YOU HAVE THE RESPONSIBILITY TO RESPECT THE OPINIONS OF OTHERS

YOU HAVE THE RIGHT TO USE SCHOOL BOOKS, MATERIALS AND EQUIPMENTS

YOU HAVE THE RESPONSIBILITY TO TAKE CARE OF ALL THE SCHOOL PROPERTIES



TO HAVE THE RIGHT TO FAIR TREATMENT

YOU HAVE THE RESPONSIBILITY TO TREAT OTHERS FAIRLY

YOU HAVE THE RIGHT TO A GOOD EDUCATION

YOU HAVE THE RESPONSIBILITY TO DO YOUR BEST



R- Respond in a appropriate manner to everyone

E- Excellence only. No sloppy work or excuses

S- Stay in your own personal space

P- Pay attention and participate

E- Encourage, not discourage others

C- Come prepared to learn

T- Take responsibility for your actions



THE DOVE AND THE ANT

One hot day, an ant was searching for some water. After walking around for some time, she came to a spring, she had to climb up a blade of grass. While making her way up, she slipped and fell into the water. She could have drowned if a Dove had not seen her.

Seeing that the ant was in trouble, the dove quickly plucked off a leaf and dropped it into the water near the struggling ant. The ant moved towards the leaf and climbed up there. Soon it carried her safely to dry ground.

Just at that time, a hunter nearby was throwing out his net towards the dove, hoping to trap it. Guessing what he was about to do, the ant quickly bit him on the heel. Feeling the pain, the hunter dropped his net. The dove was quick to fly away to safety.

Moral: One good turn deserves another



PERIODIC TABLE OF CHARACTER STRENGTHS

WHAT ARE YOUR STRENGTH AND WHICH DO YOU WANT TO DEVELOP??

TRUTH	INTEGRITY	OPEN MINDEDNESS	LOVE OF LEARNING	PERSPECTIVE	CURIOSITY	CREATIVITY
RIGHT CONDUCT	PRUDENCE	ZEST	SELF-CONTROL	PERSISTANCE	BRAVERY	
LOVE	KINDNESS	AFFECTION	SHARING	HELPING HAND		
PEACE	SENSE OF PURPOSE	HOPE	GRATITUDE	SENSE OF HUMOUR	APPRECIATION OF EXCELLENCE	
NON-VIOLENCE	TEAM WORK	LEDEARSHIP	FAIRNESS	FORGIVENESS	HUMILITY	

PARENTS ARE THEIR CHILDREN'S FIRST AND MOST IMPORTANT TEACHER.

At home, parents are responsible for:

- Establishing high expectations for their children
- Impressing upon the importance of hard work and their responsibility for learning



- ★ LETTING CHILDREN KNOW THAT SCHOOL IS IMPORTANT AND THAT THEY TAKE IT SERIOUSLY
- ★ PROVIDING A QUIET PLACE AT HOME FOR STUDY
- ★ MAKING SURE THEIR CHILDREN DO THEIR HOMEWORK AND DO IT SINCERELY
- ★ TEACH THEIR CHILDREN GOOD MANNERS



Juntos pelo futuro da vida!

10 WAYS TO BE A GREAT STUDENTS

- 1 COME TO SCHOOL DAILY
- 2 HAVE YOUR SUPPLIES READY
- 3 KEEP YOUR MATERIALS ORGANIZED
- 4 PAY ATTENTION IN CLASS
- 5 COMPLETE ASSIGNMENTS ON TIME
- 6 FOLLOW DIRECTIONS
- 7 ASK FOR HELP WHEN YOU NEED IT
- 8 PARTICIPATE IN CLASS ACTIVITIES
- 9 FOLLOW ALL SCHOOL RULES
- 10 ALWAYS DO YOUR BEST

APPENDIX - VII

ETHICAL COMMITTEE CLEARANCE CERTIFICATE

INSTITUTIONAL HUMAN ETHICS COMMITTEE



Avinashilingam

Institute for Home Science and Higher Education for Women

University

(Estd. u/s 3 of UGC Act 1956)

Chairman

Dr. S. Ramalingam
Principal, PSG Institute
of Medical Sciences
& Research, Coimbatore

Member Secretary

Dr.S.Uma Mageshwari
Associate Professor,
Department of Food Service
Management & Dietetics

Members

Dr. S. Kowsalya
Dr.P.R.Padma
Mr. K.Arulmoli (Legal Expert)
Dr. N.S. Rohini
Dr.A. Saraswathy
Mrs. V. Mangayarkarasi
Dr.Subhashini K. Sripathi
Mrs. S. Radha Devi
Dr.G.Victoria Naomi
Dr. Judith Justin
Dr.AnithaSubash

19th March 2018

To
Ms. Phibanrilin Pyngrope
Department of Resource Management
Avinashilingam Institute for Home Science and
Higher Education for Women
Coimbatore – 641 043

Dear Phibanrilin Pyngrope,

Ref: Your proposal No. IHEC/17-18/RM/14 "Impact of
Inculcating Living Values among School Children"
submitted for approval of the IHEC on 14th December.

The Institutional Human Ethics Committee of our University hereby
grants approval to your research proposal No. IHEC/17-18/RM/14
"Impact of Inculcating Living Values among School Children"
submitted by you. The Approval number for the same is AUW/
IHEC/RM -17-18/XPD/14.

We wish you all the best in your research endeavours.

Regards,

Dr.S.Uma Mageshwari
Dr.S.Uma Mageshwari
Member Secretary



APPENDIX – VIII

ARTICLES PUBLISHED AND PAPERS PRESENTED

ARTICLES PUBLISHED

- Impact of Inculcating Personal Values Among School Children, International Journal of Applied Home Science, ISSN: 2394-1413, Vol-4 (11& 12), November & December 2017, Pp. 927-934
- “A Study on the Impact of Inculcating Spiritual Values Among Primary School Children”, Asian Journal of Multidimensional Research (AJMR), ISSN: 2278-4853, Vol-7, Issue-2, February 2018, Pp. 61-66.

PAPERS PRESENTED

- “Impact of Inculcating Social Values Among School Children”, UGC Sponsored National conference on Scientific Perspectives of Home Science held on 6th & 7th March, 2017, organized by Faculty of Home Science, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore-641043.
- “Values and its Significance in Higher Education”, One Day National Seminar on “Internationalization of Higher Education” on 21st July, 2017, organized by Faculty of Education and Faculty of Engineering, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore-641043.
- “Designing Tools and Methods to Inculcate Values Among School Children” , UGC Sponsored National Conference on Designing-Threshold to Entrepreneurship held on 27th February 2018, organized by Department of Resource Management, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore-641043.
- “A Study on the Adoption and Practice of Moral Value Among Elementary School Children”, Biennial Conference of Home Science Association of India (HSAI) on “Trends for Futuristic Development in Home Science: Research and Innovation” held from 22nd to 24th January 2020, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore-641043.