

DECLARATION

DECLARATION

I hereby declare that the thesis entitled, '**Management of Anxiety and Enhancement of Adjustment in Nursing Students through Positive Therapy**' submitted to the Avinashilingam University for Women, Coimbatore, in partial fulfilment of the requirements for the award of the degree of Doctor of Philosophy in Counselling Psychology, is a record of original research work done by me under the guidance and supervision of **Dr. (Tmt). HEMALATHA NATESAN, M.A., B.Ed., Ph.D.**, Professor and Head, Department of Psychology, Avinashilingam University for Women, Coimbatore and that the dissertation has not formed the basis for the award of any Degree / Diploma / Associateship / Fellowship or similar title to any candidate of any other University or Institute.

Hemalatha Natesan
22-9-09

Signature of the Guide

Bhuvanagauri .U.L.
22.9.09
Signature of the Candidate