

Part B
Answer ALL questions
Each answer should not exceed 400 words or two pages

5 x 6 = 30

- 11.a. Highlight the qualities of a good counsellor.
(or)
- 11.b. Elucidate on approaches and importance of counselling.
- 12.a. Difference and significance of individual and group counselling.
(or)
- 12.b. Explain briefly about Freud's psychoanalytic theory and its application in counselling session.
- 13.a. What is Transactional Analysis? Point out its advantages and limitations.
(or)
- 13.b. Point out the significance of client centred therapy and its applications.
- 14.a. Explain briefly about Cognitive Behaviour Therapy and its uses and effectiveness in counselling sessions.
(or)
- 14.b. Describe about the types of counselling and its uses and characteristics in detail.
- 15.a. Explain about the importance of creative art therapy in counselling.
(or)
- 15.b. Differentiate between gestalt's therapy and existential therapy.

Part C
Answer ALL questions
Each answer should not exceed 800 words or four pages

5 x 12 = 60

- 16.a. Explain in detail about the psychoanalytic approach to counselling and its applications.
(or)
- 16.b. Write on creative art therapy, its types and uses briefly.
- 17.a. Explain briefly about the techniques of counselling.
(or)
- 17.b. Give an account on experiential approach of counselling in detail.
- 18.a. What is Rational Emotive Therapy? Explain its advantages, uses and limitations in detail.
(or)
- 18.b. Point out the difference between client-centered therapy and Freud's psychoanalytic therapy?
- 19.a. How can you incorporate play in counselling sessions? Explain the importance of play therapy, its uses and advantages.
(or)
- 19.b. Elucidate the significance of behaviour modification in child counselling.
- 20.a. Write an essay on about cognitive behavioural approaches- its types, and applications in counselling sessions.
(or)
- 20.b. Inscribe in detail about the importance of counselling- its advantages, uses, impact and limitations.
