

**Efficacy of Expressive Arts Therapy to enhance Academic  
Achievement among Learning Disabled Adolescents**

**Thesis Submitted in partial fulfillment for the Degree of  
Doctor of Philosophy in Counselling Psychology**

**Submitted by**

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## **80\_Recommendations**

1. Expansion of NIOS syllabus and increased higher education reservations are needed for students with learning disabilities in India to promote inclusivity and support this marginalized group further.
2. The Right to Education Act of 2009 should be updated to consider both physical and mental age disparities among learning disabled adolescents, ensuring educational access and eligibility for primary education.
3. Schools should mandate inclusivity and empower parents of learning disabled students to serve as shadow teachers, fostering awareness and creating a supportive ecosystem for these students.