

**Avinashilingam Institute for Home Science and Higher Education for Women
Coimbatore – 641 043**

**Bachelor's Degree Examination – November 2017
I Semester**

**Class: I UG
Major: Physical Education**

**Time: 3 hrs.
Max Marks: 100**

15BPEC01 History and Foundation of Physical Education

Part-A

10x1=10

Choose the correct answer

1. Sport Authority of India was formed in
a) 1983 b) 1984 c) 1985 d) 1986
2. The National Sports Festival for Women was started in
a) 1970 b) 1974 c) 1975 d) 1976
3. When was the first Common Wealth Games held?
a) 1930 b) 1934 c) 1938 d) 1948
4. Which was the first country to host the Asian Games?
a) China b) Japan c) India d) Korea
5. Which of the following is the highest award in sports in the world?
a) Arjuna Award b) Jesse Owens Award
c) Olympic Order d) Dronacharya Award
6. Moulana Abdul Kalam Azad Trophy is given to
a) The Best University for Its Sports Achievements in an Academic Year
b) The Best Achiever of Athlete
c) Winner of the Team
d) The Best Sports Man
7. Which is 'Why' age?
a) Early childhood b) Late childhood
c) Puberty d) Late adolescence
8. The number of branches arises from external carotid artery are....?
a) 6 b) 8 c) 10 d) 1
9. Which is the Master emotion?
a) Happiness b) Worry c) Fear d) Anger
10. Out of the following four branches of psychology, with which sociology has got maximum linkage?
a) Child Psychology b) Industrial Psychology
c) Social Psychology d) General Psychology.

Part B

5X6=30

Answer the Following

Answer should not exceed 400 words or two pages

11. a. History of Physical Education in Vedic Period- Explain.
(or)
11. b. Physical Education in India-Explain.
12. a. Discuss the history of Common wealth games.
(or)
12. b. Describe the Historical background of sports and games.
13. a. Describe the youth hostels and youth festivals.
(or)
13. b. Write about Moulana Abdul Kalam Azad trophy.
14. a. Define anatomical age.
(or)
14. b. Define growth and development.
15. a. Write about Anxiety and attention?
(or)
15. b. Give the Meaning of psychology and sociology foundation?

Part C

5x12=60

Answer the following

Answer should not exceed 800 words or four pages

16. a. Enumerate the History of Physical Education in India from ancient time.
(or)
16. b. Describe the Physical education in Greece, Rome and Germany.
17. a. Differentiate between the ancient Olympic game and Modern Olympic game.
(or)
17. b. Explain the Aim, objectives, spirit, Motto, Torch, Flag, opening and closing ceremonies of modern Olympic?
18. a. Explain the sports talent search scholarship.
(or)
18. b. Explain sports authority of India and Nation awards for sports person and coaches.
19. a. Differentiate between anatomical age and mental age and their implication in Physical Education.
(or)
19. b. What are the factors that affect the growth and development? Explain.
20. a. Explain the factors that affect personality.
(or)
20. b. Explain the characteristics of Physical and emotional behaviors.

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