



**Part-C**

**3x12=36**

**Answer ALL questions**

**Each answer should not exceed 800 words or four pages**

10. a. Examine how multiple dimensions of self-nurturing support relational well-being. CO1K3  
(or)
10. b. Justify the importance of connections with animals, plants, or nature, using relevant personal experiences. CO1K5
11. a. Discuss the psychological foundations of the connected self and their relevance in understanding human relationships. CO1K4  
(or)
11. b. Explain Attachment Theory and its types with suitable examples CO2K2
12. a. Describe relational needs across the lifespan from childhood to old age. CO2K2  
(or)
12. b. Explain the concepts of social exclusion, violence, and marginalisation. Illustrate each with a real-life incident from the world and discuss the psychological impact these experiences can have on individuals. CO2K4

**No. of Copies : 48+40**

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