



**Avinashilingam Institute for Home Science and Higher Education for Women**  
(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category 'A' by MHRD)  
Re-accredited with 'A++' Grade by NAAC. Recognised by UGC Under Section 12B  
Coimbatore - 641 043, Tamil Nadu, India

**Bachelor's Degree Examination – November 2024**  
**V Semester**

**Class : III UG**  
**Major : Psychology**

**Time: 3 Hours**  
**Max. Marks: 100**

**21BPSC14 Psychology of Rehabilitation**

**Course Outcomes:**

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1. Delineate the concept, history and the various kinds of rehabilitation.
2. Identify mental illness, its assessment and treatment.
3. Analyzing the Psychosocial rehabilitation methods and its significance
4. Identify the role of family and social network in rehabilitation and evaluate preventing measures for relapse
5. Understanding the significance of recovery and relapse prevention.

**Part A**

**10 x 1 = 10**

**Choose the Correct Answer**

1. Forceful destructive behavior towards another person or object is termed as CO1 K1  
a. aggression b. violence  
c. frustration d. none of the above
2. With regard to the development of the brain, the term 'plasticity' means CO1 K1  
a. cluster of neurons b. the scar tissue formed after a brain injury  
c. flexibility of brain organization d. none of these
3. This model viewed Disability as a deficiency residing in a person's body and/or minds CO2 K1  
a. Social Model b. Medical Model  
c. Human Right Model d. psychological model
4. The main biological explanation of ADHD suggests that it is caused by abnormalities in three areas of the brain except. CO2 K1  
a. cerebellum b. hippocampus  
c. basal ganglia d. frontal lobes
5. An emotional state that arises when a person is prevented from reaching a goal, or attaining an object that she/he wants CO3 K1  
a. aggression b. frustration  
c. depression d. none of the above
6. The acronym ADHD stands for CO3 K1  
a. Attention-Directed Hyperactivity Disorder b. Attention-Directed Hypoactivity Disorder  
c. Attention Deficit Hyperactivity Disorder d. Attention-Directing Hypothalamic Density
7. The concept of unconditional positive regards was given by CO4 K1  
a. Carl Rogers b. Rollo may  
c. Allin watt d. Jean Karl
8. The positive attitude towards person with disabilities can be promoted by CO4 K1  
a. Disability awareness training b. Attitude change training  
c. Positive portrayal d. All the above
9. Rehabilitation council of India Act, 1992 deals with CO5 K1  
a. Protection of rights  
b. Make policy for PWDs  
c. Development of manpower for providing Rehabilitation services  
d. None of these
10. Social Counselling means CO5 K1  
a. Training people  
b. Social influence  
c. Intervention based on group and role of an individual in group  
d. awareness on the society

**Part B**  
**Answer ALL questions**  
**Each answer should not exceed 400 words or two pages**

**5 x 6 = 30**

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|---|--------|
| 11.a. Write Short notes on scope of rehabilitation psychology.<br>(or)            | CO1 K1 |
| 11.b. Explain about the key concepts of rehabilitation.                           | CO1 K2 |
| 12.a. Explicate on the importance and steps in motivational interviewing.<br>(or) | CO2 K4 |
| 12.b. Enumerate on Substance Use Disorder and its Types.                          | CO2 K3 |
| 13.a. Outline the medications for psychotic disorders.<br>(or)                    | CO3 K3 |
| 13.b. Discuss the role of treatment in recovery.                                  | CO3 K4 |
| 14.a. Briefly mention about the early approaches to psychoeducation.<br>(or)      | CO4 K3 |
| 14.b. Explicate on reduced expressed emotion.                                     | CO4 K4 |
| 15.a. Distinguish between Clinical versus Lived Experience.<br>(or)               | CO5 K4 |
| 15.b. Write short notes on evidence based practice in Intervention.               | CO5 K4 |

**Part C**  
**Answer ALL questions**  
**Each answer should not exceed 800 words or four pages**

**5 x 12 = 60**

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|---|--------|
| 16.a. Delineate on Classification of Mental Illness.<br>(or)  | CO1 K3 |
| 16.b. Examine the Biopsychosocial Model of Mental Health.   | CO1 K3 |
| 17.a. Explain about Dual Diagnosis with a Case Study.<br>(or)   | CO2 K4 |
| 17.b. Outline the Assessment and Treatment for Substance Abuse.                                       | CO2 K2 |
| 18.a. Evaluate the role of Psychosocial Rehabilitation in Mental Health.<br>(or)                      | CO3 K3 |
| 18.b. Discuss the combination of Pharmacological and Non-Pharmacological Treatment in Rehabilitation. | CO3 K3 |
| 19.a. Give a detailed account on family Psychoeducation.<br>(or)                                      | CO4 K4 |
| 19.b. Elaborate on Problem Solving in Multiple Family Groups.   | CO4 K4 |
| 20.a. Delineate on the Framework for Individual Recovery Processes.<br>(or)                           | CO5 K5 |
| 20.b. Enumerate on the Recovery Focus in Early Psychosis.   | CO5 K5 |

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