

ABSTRACT

From T. Ramalingam Chettiar Higher Secondary School, Coimbatore, Tamil Nadu, 75 middle school boys in the age range of 12 - 14 years were assessed for aggression and prosocial behaviour using Buss - Perry Aggression Questionnaire and Prosocial Personality Battery respectively. Intervention involving Multimodal Approach was administered for four weeks (5 days a week) with duration of 45 minutes per session. After four weeks, the students were reassessed for aggression and prosocial behaviour. Before intervention, the participants had a mean aggression of 84.52 and after intervention it reduced to 77.33. The difference in aggression before and after intervention is statistically significant at 0.01 level. In the case of prosocial behaviour, before intervention the mean was 69.626 and after intervention 72.093. The difference in mean prosocial behaviour before and after intervention is statistically significant at 0.05 level. The correlation between aggression, prosocial behaviour and the demographic variables were found to be statistically insignificant. Implications and recommendations for further research are suggested.