

CONTENT

CHAPTER NO.	TITLE	PAGE NO.
	LIST OF TABLES	
	LIST OF FIGURES	
	LIST OF PLATES	
	LIST OF APPENDICES	
I	INTRODUCTION	1
II	REVIEW OF LITERATURE	
A	General Demographic Profile and Lifestyle Pattern of Tribal Young Girls	15
B	Nutrition Requirements and Malnutrition among Tribal Young Girls	19
C	Nutrition Programmes and Schemes Initiated in India for the Benefit of Tribal Young Girls	31
D	Nutritional and Reproductive Health Knowledge among the Tribal Young Girls	36
E	Importance of KAP and Effect of Nutrition Intervention on Nutritional Knowledge and Health Status of Tribal Young Girls	39
III	METHODOLOGY	
Phase I	Selection of the tribal and non-tribal girls to conduct household survey	44
Phase II	Assessment of nutritional status of the selected tribal and nontribal girls	49
Phase III	Evaluation of nutritional and reproductive health awareness among the selected girls	55
Phase IV	Selection of tribal subjects for nutrition intervention	56
Phase V	Raising nutrition garden at home level and collection of data related to wild edible flora and analysis of nutrients and phytochemicals in the selected edible plants	57

CHAPTER NO.	TITLE	PAGE NO.
Phase VI	Formulation and evaluation of nutrition education modules and conveyance of nutrition education	65
Phase VII	Effect of nutrition interventions on nutritional status of the selected tribal girls	68
Phase VIII	Assessment of nutritional Knowledge, Attitude and Practices (KAP) on dietary and life style pattern, personal and menstrual hygiene and health status of the selected tribal girls	70
Phase IX	Statistical analysis and interpretation of data	72
IV	RESULTS AND DISCUSSION	
A	Demographic and socio economic profile of the families of tribal and nontribal girls (10-15yrs)	74
B	Assessment of nutritional status of the selected tribal and non-tribal girls (10-15yrs).	91
C	Evaluation of nutritional and reproductive health awareness among the selected girls	118
D	Selection of tribal girls for intervention	124
E	Raising nutrition garden at home level and collection of data related to wild edible flora and analysis of the nutrient and phytochemical content	124
F	Effect of nutrition interventions on dietary and life style pattern, nutrition and health status of the selected tribal girls	137
G	Assessment of nutritional Knowledge, Attitude, and Practices on nutrition, personal and menstrual hygiene among the selected tribal girls	173
V	SUMMARY AND CONVLUSION	186
	BIBILOGRAPHY	204
	APPENDICES	