



Appendices

APPENDIX I
HEIGHT, WEIGHT AND BODY MASS INDEX OF THE SELECTED MALE DIABETIC
SUBJECTS

S.NO	HT	WT	BMI	S.NO	HT	WT	BMI	S.NO	HT	WT	BMI
1	157.0	80.0	31.74	51	153.2	57.0	24.28	101	163.9	69.5	25.81
2	160.0	45.0	17.57	52	157.8	60.0	24.09	102	162.2	69.9	26.51
3	155.1	40.0	16.65	53	151.8	54.0	23.43	103	162.6	67.7	25.61
4	158.4	75.0	30.12	54	154.7	56.40	23.56	104	164.2	68.0	25.22
5	153.3	75.0	32.05	55	158.4	55.0	21.92	105	167.2	69.9	25.00
6	157.8	77.0	31.30	56	155.3	54.3	22.52	106	161.3	66.6	25.00
7	154.7	75.0	31.64	57	157.4	52.6	21.23	107	167.2	62.5	27.25
8	154.3	60.0	25.21	58	157.4	52.4	21.15	108	165.7	68.8	25.06
9	155.7	55.4	24.91	59	152.4	51.5	22.17	109	161.5	67.8	25.99
10	152.5	60.0	25.80	60	159.4	53.4	21.02	110	161.2	61.5	23.67
11	151.7	57.3	24.90	61	157.3	55.7	22.51	111	166.2	68.3	24.72
12	151.2	57.6	25.19	62	158.1	51.4	20.56	112	163.7	62.7	23.48
13	151.1	51.3	22.47	63	151.7	51.3	22.29	113	166.7	67.9	24.44
14	159.6	52.3	20.53	64	159.4	57.4	22.59	114	161.5	63.9	24.50
15	158.9	55.0	21.79	65	158.1	57.2	22.88	115	164.7	63.5	23.41
16	157.9	56.7	22.74	66	152.1	52.1	22.52	116	169.7	67.5	23.44
17	159.6	51.7	20.29	67	159.3	54.6	21.52	117	162.4	61.7	23.39
18	154.3	54.0	22.68	68	154.7	53.3	22.27	118	163.9	64.5	24.46
19	156.4	51.7	21.13	69	156.6	56.2	22.92	119	161.8	61.3	23.42
20	159.2	42.0	16.61	70	157.1	51.0	22.33	120	164.7	66.6	24.55
21	151.9	51.3	22.23	71	153.4	51.3	21.80	121	169.2	66.6	23.27
22	154.1	52.2	21.98	72	154.7	58.4	24.40	122	161.7	61.7	23.60
23	158.4	52.6	20.96	73	153.5	59.2	25.12	123	169.3	66.5	23.20
24	157.1	54.0	21.88	74	151.2	54.2	23.70	124	170.0	67.2	23.25
25	155.4	51.0	21.12	75	157.2	59.7	24.16	125	168.4	69.0	24.33
26	158.4	55.0	21.92	76	154.2	55.2	23.22	126	161.3	61.0	23.45
27	154.3	54.3	23.10	77	151.5	57.0	24.83	127	167.3	69.9	24.98
28	157.4	59.0	23.81	78	157.1	59.9	24.27	128	166.2	67.2	24.33
29	155.5	57.7	23.86	79	159.3	58.7	23.13	129	165.4	66.0	24.13
30	156.8	58.3	23.71	80	155.5	55.7	23.03	130	165.1	63.7	23.37
31	155.7	55.4	24.91	81	154.3	57.3	24.07	131	168.7	67.5	23.72
32	155.5	57.2	23.65	82	151.7	53.7	23.33	132	164.2	67.0	24.85
33	157.3	60.0	24.25	83	155.4	55.7	23.07	133	162.7	64.3	24.25
34	155.5	56.1	23.20	84	162.3	45.0	17.17	134	162.4	61.2	23.20
35	154.1	56.9	23.96	85	163.2	43.0	16.22	135	169.7	67.3	23.37
36	152.5	56.0	24.08	86	164.0	42.0	15.67	136	161.7	61.3	23.45
37	152.5	56.7	24.38	87	165.2	45.0	16.54	137	162.4	70.0	26.54
38	155.6	59.0	24.37	88	163.1	46.0	17.35	138	162.3	80.0	30.53
39	157.6	58.1	23.39	89	164.7	68.8	25.36	139	163.4	85.0	32.07
40	155.4	56.9	23.59	90	164.2	70.0	25.96	140	162.2	81.0	30.91
41	151.5	55.0	23.96	91	161.5	67.7	25.95	141	162.3	87.0	33.20
42	158.5	59.0	23.48	92	164.5	69.7	25.75	142	163.4	86.0	32.45
43	158.4	60.0	23.91	93	161.7	67.4	25.78	143	164.5	84.0	31.34
44	154.3	55.5	23.31	94	162.3	68.0	25.81	144	161.0	83.0	32.04
45	151.9	56.5	23.31	95	162.1	66.6	25.35	145	162.3	84.0	32.13
46	157.7	59.7	24.01	96	165.4	70.0	25.59	146	164.3	67.4	24.97
47	155.7	56.6	23.34	97	168.1	66.5	29.10	147	167.3	69.3	24.76
48	152.1	54.7	23.64	98	162.2	68.4	26.00	148	167.4	65.5	23.37
49	159.4	59.0	23.22	99	165.6	70.0	25.52	149	161.4	62.2	23.88
50	151.5	54.3	23.66	100	167.2	70.0	25.04	150	165.5	63.8	23.29

HT – HEIGHT; WT – WEIGHT; BMI – BODY MASS INDEX

S.NO	HT	WT	BMI	S.NO	HT	WT	BMI	S.NO	HT	WT	BMI
151	167.3	65.0	23.23	201	164.7	66.0	24.33	251	163.7	61.5	22.95
152	161.4	64.3	24.69	202	161.8	61.7	23.57	252	163.7	61.2	22.84
153	165.3	65.7	24.04	203	168.6	70.0	24.63	253	169.4	64.5	22.48
154	168.4	67.9	23.95	204	163.7	64.7	24.15	254	167.7	62.2	22.11
155	167.2	65.0	23.25	205	161.5	64.7	24.80	255	168.7	61.0	21.44
156	161.2	61.5	23.67	206	169.4	67.3	23.45	256	169.2	63.6	22.22
157	166.2	68.3	24.72	207	161.6	64.7	24.77	257	167.8	61.5	21.84
158	163.7	62.7	23.48	208	163.5	62.6	23.41	258	164.7	61.5	22.67
159	166.7	67.9	24.44	209	162.3	62.5	23.72	259	168.1	62.3	22.05
160	161.5	63.9	24.50	210	164.5	65.0	24.75	260	163.4	61.5	22.91
161	164.7	63.5	23.41	211	168.4	68.7	24.21	261	167.3	62.3	22.26
162	169.7	67.5	23.44	212	161.6	23.74	23.74	262	162.3	60.0	22.77
163	162.4	61.7	23.39	213	168.1	67.7	23.96	263	164.7	61.3	22.60
164	163.9	64.5	24.46	214	162.6	63.1	23.87	264	167.3	63.0	22.51
165	166.6	66.0	23.78	215	165.1	64.4	23.63	265	168.1	62.5	22.12
166	163.2	61.3	23.01	216	163.8	67.0	24.97	266	169.4	61.7	21.50
167	162.7	64.3	24.25	217	162.4	61.9	23.47	267	168.1	61.3	21.69
168	162.4	61.2	23.20	218	161.8	62.2	23.76	268	165.3	61.5	22.51
169	169.7	67.3	23.37	219	161.6	65.0	24.89	269	166.7	61.5	22.13
170	161.7	61.3	23.45	220	164.2	66.6	24.70	270	169.3	62.0	21.63
171	166.6	66.0	23.78	221	161.8	67.4	25.75	271	168.6	61.8	21.74
172	166.7	66.6	23.97	222	165.3	65.4	23.93	272	166.5	62.3	22.47
173	162.6	61.0	23.07	223	164.8	65.5	24.12	273	164.5	61.0	22.54
174	164.2	63.5	23.55	224	166.2	64.0	23.17	274	166.8	62.0	22.29
175	161.7	64.3	24.59	225	168.4	65.5	23.10	275	168.2	61.5	21.73
176	165.9	63.7	23.14	226	165.3	63.2	23.13	276	174.3	96.0	31.7
177	164.8	65.5	24.12	227	166.2	68.8	24.90	277	172.3	91.3	30.8
178	162.2	61.2	23.26	228	162.4	62.0	23.51	278	171.4	91.3	31.2
179	168.2	66.6	23.49	229	168.3	61.0	21.53	279	173.5	95.3	31.8
180	169.4	68.0	23.70	230	161.7	62.0	23.71	280	174.6	94.3	31.2
181	166.6	67.6	24.36	231	162.9	62.7	23.63	281	177.2	97.2	31.0
182	169.1	67.8	23.71	232	167.4	69.9	24.94	282	175.9	99.4	32.3
183	161.5	62.2	23.84	233	169.8	71.6	24.83	283	172.8	94.3	31.9
184	167.4	68.9	24.58	234	167.3	62.3	22.26	284	173.7	94.2	31.5
185	164.7	66.0	24.33	235	168.7	61.7	21.68	285	174.6	93.3	30.8
186	166.6	68.0	24.46	236	169.4	61.9	21.57	286	177.2	93.9	30.0
187	161.9	65.0	24.79	237	166.6	63.7	22.95	287	175.9	97.8	31.9
188	169.4	70.0	24.39	238	169.4	64.9	22.62	288	176.9	100.3	32.4
189	163.7	61.7	23.03	239	170.0	65.0	22.49	289	172.9	94.2	31.9
190	165.8	67.0	24.38	240	167.3	61.3	21.90	290	173.9	92.3	30.8
191	167.2	67.7	24.22	241	168.2	62.7	22.16	291	174.5	95.4	31.5
192	166.6	67.8	24.43	242	169.7	65.5	22.75	292	176.9	96.3	31.1
193	168.1	68.9	24.38	243	167.4	62.5	22.30	293	179.4	102.8	32.1
194	167.7	61.2	23.41	244	168.4	64.5	22.75	294	177.3	106.7	34.0
195	168.8	67.2	23.58	245	167.4	63.3	22.59	295	173.4	99.8	33.3
196	162.8	61.7	23.28	246	168.3	64.9	22.91	296	172.5	94.7	32.1
197	162.8	61.7	23.28	247	169.5	65.0	22.62	297	171.9	91.6	31.15
198	164.5	62.3	23.02	248	165.3	61.5	22.51	298	173.7	97.5	32.6
199	161.3	62.8	24.14	249	169.9	66.6	23.97	299	178.9	99.4	31.4
200	162.5	61.0	23.10	250	165.5	62.5	22.81	300	174.9	96.3	31.8

S.NO	HT	WT	BMI	S.NO	HT	WT	BMI	S.NO	HT	WT	BMI
301	175.9	95.2	31.1	351	173.4	95.3	31.9	401	177.2	104.0	32.2
302	177.2	96.0	30.6	352	172.6	91.0	30.9	402	177.4	107.4	34.3
303	171.9	105.1	35.9	353	173.2	100.6	33.6	403	177.5	111.2	35.3
304	177.4	103.2	32.9	354	173.2	92.6	30.9	404	173.9	93.3	31.2
305	174.9	95.5	31.6	355	174.4	97.6	32.3	405	172.9	97.9	33.1
306	180.0	110.2	34.0	356	174.3	93.6	30.9	406	176.9	99.12	32.0
307	172.1	93.4	31.6	357	173.3	99.2	33.2	407	177.2	97.7	31.2
308	171.4	96.2	32.9	358	172.2	91.2	30.9	408	174.6	94.46	31.2
309	174.7	112.1	37.1	359	173.1	92.0	30.7	409	173.7	99.66	33.3
310	175.9	98.0	32.0	360	173.2	93.0	31.1	410	175.9	105.3	34.4
311	173.7	99.6	33.3	361	172.7	93.1	31.5	411	174.7	112.62	37.2
312	174.6	97.0	32.1	362	173.4	94.6	31.6	412	171.4	109.36	37.4
313	177.2	116.0	37.0	363	174.5	103.1	34.1	413	172.1	107.38	36.3
314	176.9	94.1	30.4	364	175.6	92.2	30.1	414	180.0	108.21	33.4
315	172.9	95.1	32.2	365	176.9	94.4	30.5	415	174.9	104.45	34.5
316	173.9	94.8	31.7	366	173.4	93.4	31.2	416	177.4	105.26	33.6
317	177.3	99.1	31.6	367	173.4	94.5	31.6	417	172.2	105.3	35.6
318	173.4	92.2	30.8	368	174.9	95.5	31.6	418	173.4	105.6	35.3
319	172.5	109.0	36.9	369	173.9	115.7	38.6	419	176.9	93.29	30.12
320	171.9	98.0	33.5	370	173.2	91.9	30.7	420	173.4	99.6	33.3
321	173.7	93.0	33.5	371	175.9	107.6	35.1	421	174.9	59.50	34.2
322	178.9	99.1	31.3	372	179.2	96.6	30.1	422	173.9	99.3	33.2
323	174.9	94.3	31.2	373	173.4	97.6	32.6	423	173.2	102.3	34.2
324	177.2	95.0	30.3	374	173.5	106.6	35.6	424	179.2	113.0	35.3
325	171.4	118.1	40.4	375	173.5	91.3	30.5	425	173.4	108.0	36.4
326	173.5	106.4	35.5	376	174.5	92.8	30.7	426	173.6	111.0	37.4
327	174.5	91.0	30.1	377	179.5	95.7	30.2	427	174.0	108.0	36.4
328	174.6	93.0	30.7	378	176.0	96.2	31.1	428	172.0	97.92	33.1
329	177.2	96.0	30.6	379	177.0	103.2	32.9	429	173.0	96.37	32.2
330	177.4	95.0	30.3	380	178.0	118.2	37.4	430	172.0	97.92	33.4
331	177.5	97.1	30.9	381	179.0	96.4	30.1	431	173.3	102.35	34.2
332	171.1	93.7	32.1	382	176.0	94.5	30.5	432	172.4	91.7	31.2
333	172.3	102.0	34.6	383	177.2	95.5	30.5	433	173.4	96.37	32.2
334	177.3	96.1	30.7	384	176.2	101.6	32.8	434	179.7	104.63	33.4
335	172.4	99.2	33.6	385	178.2	98.3	31.1	435	176.2	99.76	32.2
336	173.5	107.9	36.1	386	178.2	102.2	32.3	436	177.6	97.74	31.2
337	177.5	94.3	30.1	387	179.0	98.2	30.6	437	176.2	95.22	31.4
338	176.9	101.0	32.7	388	173.0	96.0	32.1	438	177.2	101.81	32.5
339	176.9	95.4	30.8	389	171.9	88.07	30.12	439	176.2	105.3	33.4
340	177.0	94.2	30.1	390	177.3	97.74	31.2	440	177.2	110.9	35.4
341	173.0	91.2	30.5	391	173.4	99.06	33.1	441	176.3	113.68	36.7
342	176.0	99.6	32.2	392	172.5	101.17	34.2	442	173.4	96.6	32.3
343	177.0	96.8	30.9	393	171.9	94.15	32.2	443	172.2	92.30	31.2
344	176.0	98.8	31.9	394	173.7	93.3	31.2	444	173.4	99.36	32.2
345	173.6	98.6	33.0	395	178.9	105.50	33.3	445	172.2	98.21	33.2
346	174.0	93.8	31.0	396	174.9	103.2	34.1	446	173.4	102.35	34.2
347	172.0	91.6	31.0	397	171.4	105.4	36.1	447	172.4	101.1	34.2
348	173.0	109.6	36.6	398	173.5	111.0	37.1	448	173.5	102.35	34.4
349	172.0	90.8	30.7	399	174.5	98.0	32.3	449	174.2	100.51	33.2
350	173.4	105.0	35.1	400	174.5	100.5	33.2	450	176.0	102.8	33.2

S.NO	HT	WT	BMI	S.NO	HT	WT	BMI	S.NO	HT	WT	BMI
451	176.2	99.74	32.2	501	174.5	81.3	26.69	551	174.2	71.5	23.7
452	178.2	60.93	34.2	502	176.9	87.4	27.93	552	173.2	71.4	23.9
453	174.3	82.4	25.65	503	179.4	84.6	26.28	553	174.2	73.9	24.5
454	178.3	84.0	26.42	504	175.8	81.2	27.39	554	175.2	75.2	24.6
455	172.9	81.6	27.30	505	173.4	83.2	27.67	555	176.2	76.3	24.7
456	171.4	85.3	29.04	506	171.9	90.0	30.46	556	177.6	77.6	24.8
457	173.5	85.4	28.37	507	177.4	83.0	26.37	557	172.2	68.4	23.2
458	174.6	81.0	26.57	508	174.9	85.5	27.95	558	173.4	69.9	23.4
459	177.2	83.2	26.50	509	180.5	86.5	26.55	559	174.2	72.4	24.7
460	175.9	81.4	26.30	510	176.7	81.2	21.95	560	173.4	69.3	23.2
461	172.8	82.1	27.50	511	172.1	82.0	27.69	561	173.4	72.0	24.1
462	176.9	89.0	28.44	512	171.4	87.8	29.39	562	172.2	69.3	23.5
463	173.7	86.3	28.60	513	174.7	82.9	27.03	563	173.4	70.8	23.7
464	172.9	90.0	30.11	514	173.2	86.6	28.99	564	173.4	72.3	24.2
465	176.8	85.0	27.20	515	173.2	88.1	29.49	565	172.5	67.8	23.0
466	173.9	88.4	28.23	516	174.2	83.8	27.75	566	170.5	52.6	18.2
467	174.5	81.3	26.69	517	177.2	84.1	26.88	567	175.6	53.1	18.4
468	173.8	82.4	27.28	518	173.4	80.3	26.88	568	179.0	52.3	18.1
469	176.9	87.4	27.93	519	173.4	86.6	28.99	569	178.6	51.8	17.9
470	179.4	84.6	26.28	520	173.4	83.3	27.88	570	171.5	54.7	18.7
471	177.3	86.1	27.39	521	174.5	80.2	26.58	571	173.2	56.6	18.9
472	175.8	81.2	26.72	522	175.3	84.7	27.7	572	174.6	64.2	21.2
473	173.4	83.2	27.67	523	175.6	83.8	27.4	573	175.8	65.2	21.3
474	172.5	87.3	29.04	524	173.0	78.7	26.34	574	172.0	66.6	22.5
475	171.9	84.7	28.67	525	172.1	74.3	25.2	575	173.7	71.23	23.8
476	171.9	90.0	30.46	526	173.2	79.8	26.7	576	174.3	74.8	24.7
477	177.4	83.0	26.37	527	174.4	87.7	29.04	577	176.2	74.03	23.9
478	174.9	85.5	27.95	528	175.5	83.7	27.36	578	178.5	72.2	22.8
479	180.5	86.5	26.55	529	176.7	79.2	25.65	579	180.0	70.0	21.6
480	176.7	81.2	21.95	530	177.8	82.6	26.42	580	176.2	61.6	19.9
481	172.1	82.0	27.69	531	178.9	89.7	28.44	581	171.4	70.0	23.9
482	171.4	87.8	29.89	532	176.7	88.3	28.60	582	173.4	68.2	22.8
483	174.7	82.9	27.03	533	174.8	78.8	26.11	583	176.2	67.0	21.6
484	173.8	82.4	27.28	534	171.2	67.0	23.1	584	177.0	59.2	18.9
485	179.4	84.6	26.28	535	172.2	67.5	23.2	585	179.5	61.3	21.2
486	175.8	81.2	26.72	536	173.2	69.13	23.4	586	173.3	63.7	21.3
487	172.5	87.3	29.04	537	174.2	73.26	24.2	587	172.1	56.0	18.9
488	171.9	84.7	28.67	538	173.2	68.83	23.2	588	175.3	65.2	21.3
489	180.7	97.5	23.33	539	174.2	69.3	23.2	589	172.8	71.9	24.3
490	174.3	82.4	25.65	540	173.2	69.3	23.2	590	176.9	61.6	19.9
491	178.2	84.0	26.42	541	179.2	77.4	24.2	591	175.3	65.0	21.2
492	174.6	81.0	26.57	542	180.0	78.0	24.1	592	173.9	69.1	23.1
493	175.9	84.4	26.30	543	173.2	69.3	23.2	593	177.7	68.0	21.7
494	176.9	81.4	26.30	544	174.2	69.4	23.0	594	173.5	66.2	22.9
495	176.9	89.0	28.44	545	173.4	71.7	24.0	595	175.8	74.4	24.3
496	177.1	83.2	26.50	546	173.2	73.5	24.6	596	172.4	67.1	22.7
497	172.8	82.1	27.50	547	172.2	71.6	24.3	597	173.1	71.5	23.9
498	173.4	86.3	28.60	548	173.3	69.6	23.3	598	177.0	76.1	24.3
499	176.8	85.0	27.20	549	174.2	70.6	23.4	599	176.3	65.7	21.2
500	173.9	88.4	29.23	550	173.2	70.2	23.5	600	171.9	54.7	18.7

S.NO	HT	WT	BMI	S.NO	HT	WT	BMI	S.NO	HT	WT	BMI
601	171.8	69.3	23.7	651	182.0	111.0	33.53	701	183.5	80.04	23.9
602	172.9	64.8	21.9	652	181.0	100.0	30.58	702	184.1	83.7	24.7
603	172.0	55.0	18.6	653	182.0	113.0	34.13	703	183.9	80.0	23.8
604	171.8	55.3	18.9	654	183.0	114.0	34.13	704	184.2	78.0	23.0
605	175.2	64.6	21.1	655	184.0	115.0	34.02	705	183.8	78.0	23.8
606	176.8	61.6	19.9	656	185.0	110.0	32.16	706	183.7	80.0	23.9
607	172.9	64.0	21.6	657	181.0	99.0	30.27	707	184.2	81.6	24.1
608	173.6	68.2	22.8	658	182.0	111.0	33.23	708	183.6	82.05	24.5
609	176.5	67.0	21.6	659	185.0	112.0	32.74	709	183.7	78.0	23.3
610	171.5	55.3	18.9	660	182.0	113.0	34.13	710	183.9	80.8	24.1
611	176.2	65.7	21.2	661	182.0	105.0	31.72	711	184.1	83.0	24.5
612	177.5	59.2	18.9	662	183.0	106.0	31.73	712	183.8	80.0	23.9
613	172.9	63.0	21.3	663	185.0	107.0	32.03	713	183.5	80.0	23.8
614	175.4	74.4	24.3	664	182.0	108.0	32.33	714	184.2	81.6	24.1
615	179.0	63.1	19.7	665	181.0	111.0	33.94	715	183.7	83.0	24.8
616	174.5	64.5	21.3	666	182.0	107.0	32.32	716	184.1	82.0	24.3
617	179.3	42.0	23.5	667	183.0	108.0	32.33	717	183.6	80.0	23.7
618	173.2	64.3	21.5	668	181.0	105.0	31.72	718	184.1	82.0	24.1
619	172.5	66.6	22.5	669	182.0	102.0	30.81	719	183.1	82.04	24.5
620	174.7	68.7	22.7	670	183.0	101.0	30.23	720	184.2	80.2	23.7
621	171.9	62.9	21.5	671	182.0	102.0	30.81	721	183.3	81.4	24.3
622	176.2	58.5	18.9	672	181.0	111.0	33.94	722	183.4	82.4	24.6
623	179.8	73.05	22.8	673	182.0	105.0	31.72	723	183.1	80.4	24.0
624	173.2	65.0	21.7	674	185.0	112.0	32.74	724	184.1	63.0	18.6
625	171.9	62.3	21.3	675	181.0	99.0	30.27	725	183.5	64.0	19.0
626	172.8	66.0	22.3	676	183.0	114.0	34.13	726	184.2	67.0	19.8
627	175.1	61.6	20.1	677	181.0	100.0	30.58	727	183.6	62.6	18.7
628	176.2	64.1	20.7	678	184.0	115.0	34.02	728	181.1	63.2	19.3
629	171.5	71.05	24.3	679	183.0	114.0	34.13	729	181.1	67.2	20.5
630	173.2	67.6	22.6	680	181.0	100.0	30.58	730	184.3	77.2	22.8
631	175.7	65.2	21.3	681	181.1	100.0	30.58	731	184.5	72.8	21.5
632	176.9	68.0	21.9	682	182.7	111.0	33.23	732	186.6	70.08	20.7
633	173.8	57.5	19.2	683	181.3	99.0	30.27	733	181.2	74.7	22.8
634	175.1	68.0	22.2	684	181.3	100.0	30.58	734	184.5	65.3	19.3
635	176.2	67.2	21.7	685	181.1	90.7	27.7	735	184.1	63.3	18.7
636	176.1	63.8	20.6	686	180.4	90.7	28.0	736	181.2	63.9	19.5
637	171.5	62.0	21.2	687	181.1	86.8	26.5	737	180.1	66.7	20.6
638	172.1	56.5	19.1	688	181.6	81.8	25.1	738	180.2	70.0	21.5
639	173.8	60.8	20.3	689	181.3	87.5	26.7	739	181.1	74.0	22.6
640	174.6	65.5	21.6	690	181.4	91.08	27.8	740	180.5	71.0	21.9
641	171.8	58.2	19.9	691	182.5	92.7	28.0	741	180.6	67.4	20.8
642	175.1	63.7	20.8	692	182.6	96.05	29.0	742	180.7	69.0	21.3
643	176.2	64.1	20.7	693	181.1	97.6	29.8	743	180.1	66.4	20.5
644	180.0	71.0	21.9	694	182.0	76.5	23.1	744	181.1	63.9	19.5
645	179.5	72.0	22.5	695	181.5	77.0	23.5	745	181.7	64.2	19.6
646	178.8	65.3	20.6	696	181.1	79.0	24.1	746	180.6	70.3	21.7
647	175.1	61.0	19.9	697	181.0	80.36	24.5	747	181.8	73.05	22.3
648	174.3	63.0	20.8	698	183.1	80.0	23.8	748	180.3	64.0	19.7
649	176.2	67.0	21.6	699	184.2	81.6	24.1	749	180.7	60.6	18.7
650	177.9	61.0	19.5	700	183.3	83.05	24.8	750	180.4	61.2	18.9

S.NO	HEIGHT	WEIGHT	BMI
751	181.2	66.5	20.3
752	181.5	71.0	21.7
753	181.4	74.4	22.7
754	180.5	67.4	20.8
755	181.7	69.1	21.1
756	180.6	63.1	19.5
757	181.1	67.7	20.9
758	181.3	70.0	21.5
759	182.7	73.9	22.3
760	182.1	62.0	18.7
761	182.5	67.2	20.3
762	182.6	62.3	18.8
763	181.1	64.5	19.7
764	180.1	72.0	22.1
765	181.3	58.6	18.1
766	180.3	58.0	17.9
767	181.5	59.0	18.2
768	182.2	58.3	17.6
769	182.5	58.0	17.5
770	181.4	60.0	18.5
771	174.5	95.4	31.5
772	176.9	96.3	31.1
773	179.4	102.8	32.1
774	177.3	106.7	34.0
775	173.4	99.8	33.3
776	172.5	94.7	32.1
777	171.9	91.6	31.15
778	173.7	97.5	32.6
779	178.9	99.4	31.4
780	174.9	96.3	31.8

APPENDIX II
HEIGHT , WEIGHT AND BMI OF THE SELECTED FEMALE DIABETIC SUBJECTS

S.NO	HT	WT	BMI	S.NO	HT	WT	BMI	S.NO	HT	WT	BMI
1	155.6	59.0	24.37	51	160.0	45.0	17.57	101	157.9	59.5	24.8
2	157.6	58.1	23.39	52	161.0	47.0	18.1	102	151.6	52.6	23.1
3	155.4	56.9	23.5	53	165.0	46.2	16.9	103	155.0	59.0	24.6
4	151.5	55.0	23.9	54	168.0	48.0	17.0	104	153.0	54.0	23.1
5	158.5	59.0	23.48	55	155.1	40.0	16.6	105	157.0	61.0	24.8
6	158.5	59.0	23.48	56	159.0	42.0	16.6	106	155.2	57.8	24.1
7	158.4	60.0	23.91	57	151.1	51.3	22.47	107	158.1	56.6	23.5
8	154.3	55.5	23.31	58	159.6	52.3	20.53	108	159.2	58.7	23.3
9	151.9	56.0	24.27	59	158.9	55.0	21.79	109	157.0	59.0	24.0
10	157.7	59.7	24.01	60	157.9	56.7	22.7	110	153.8	55.2	23.6
11	155.7	56.6	23.34	61	159.6	51.7	20.2	111	151.9	56.0	24.6
12	152.1	54.7	23.6	62	154.3	54.0	22.6	112	156.0	60.0	24.7
13	159.4	59.0	23.22	63	156.4	51.7	21.1	113	153.0	57.7	23.5
14	151.5	54.3	23.66	64	159.4	42.0	16.6	114	154.0	57.3	24.2
15	153.2	57.0	24.2	65	151.9	51.3	22.2	115	151.8	54.2	23.8
16	157.8	60.0	24.0	66	154.1	52.2	21.9	116	154.3	54.5	23.0
17	151.8	54.0	23.4	67	158.4	52.6	20.9	117	155.4	59.0	24.6
18	154.7	56.4	23.5	68	157.1	54.0	21.8	118	153.0	55.4	23.7
19	154.7	58.4	24.4	69	155.4	51.0	21.12	119	154.4	55.6	23.5
20	153.5	59.2	25.12	70	158.4	55.0	21.9	120	158.3	60.0	24.1
21	151.2	54.2	23.7	71	154.3	54.3	23.1	121	157.3	58.5	23.8
22	157.2	59.7	24.16	72	157.4	59.0	23.8	122	153.4	54.2	23.2
23	154.2	55.2	23.2	73	155.5	57.7	23.8	123	152.8	55.6	24.1
24	151.5	57.0	24.83	74	156.8	58.3	23.7	124	156.7	59.0	24.3
25	157.1	59.9	24.27	75	155.7	55.4	24.91	125	156.2	58.0	23.9
26	159.3	58.7	23.13	76	155.5	57.2	23.6	126	158.5	57.2	23.07
27	155.5	55.7	23.03	77	157.3	60.0	24.2	127	151.5	54.9	24.1
28	154.3	57.3	24.07	78	155.5	56.1	23.2	128	157.3	57.8	23.5
29	151.7	53.7	23.33	79	154.1	56.9	23.9	129	154.2	55.4	23.4
30	155.4	55.7	23.07	80	152.5	56.0	24.0	130	158.1	59.2	23.8
31	154.2	54.9	23.09	81	155.6	59.0	24.3	131	157.1	59.7	24.3
32	153.1	58.7	24.73	82	152.5	56.7	24.3	132	153.2	54.2	23.2
33	155.9	59.3	24.59	83	157.6	58.1	23.39	133	154.3	58.0	24.5
34	152.4	54.0	23.2	84	159.0	52.3	20.53	134	156.2	60.0	24.7
35	157.2	58.2	23.55	85	158.9	55.0	21.7	135	153.6	53.8	23.0
36	158.1	62.3	24.9	86	154.0	54.0	22.6	136	151.8	54.9	24.1
37	158.2	61.7	24.66	87	156.4	51.7	21.1	137	156.3	59.0	24.3
38	158.5	62.4	24.8	88	154.3	54.3	23.1	138	155.3	55.2	23.0
39	154.3	54.3	23.1	89	157.4	59.0	23.8	139	154.0	54.9	23.2
40	151.5	55.0	23.96	90	155.1	57.7	23.86	140	152.2	57.5	23.4
41	155.4	55.7	23.07	91	156.8	58.3	23.7	141	151.0	54.9	24.1
42	159.3	58.7	23.1	92	155.7	55.4	24.9	142	155.3	58.8	24.5
43	157.7	59.7	24.01	93	155.5	57.2	23.6	143	155.4	56.6	23.6
44	156.0	58.3	23.71	94	157.3	60.0	24.2	144	152.1	53.1	23.0
45	158.5	59.0	23.48	95	155.5	56.1	23.20	145	157.0	57.8	23.5
46	157.7	59.6	24.01	96	154.1	56.9	23.9	146	152.6	55.6	24.1
47	152.5	56.0	24.08	97	152.5	56.7	24.08	147	157.1	60.2	24.7
48	155.9	59.3	24.59	98	152.5	56.7	24.38	148	153.2	54.0	23.1
49	156.0	56.3	23.2	99	156.1	56.1	23.09	149	156.1	58.3	24.0
50	153.0	58.0	24.8	100	153.2	56.6	24.2	150	158.0	61.5	24.7

S.NO	HT	WT	BMI	S.NO	HT	WT	BMI	S.NO	HT	WT	BMI
151	151.4	53.8	23.6	201	154.3	60.0	25.2	251	151.9	65.5	28.3
152	151.2	52.4	23.0	202	151.4	57.8	25.2	252	159.4	67.7	26.65
153	154.3	55.4	23.4	203	154.3	59.3	26.0	253	154.1	64.5	27.16
154	155.7	58.0	24.2	204	152.5	60.0	25.8	254	151.3	68.0	29.8
155	151.8	53.5	23.5	205	151.7	57.3	24.9	255	159.2	65.7	25.92
156	157.0	59.5	24.2	206	151.2	57.6	25.19	256	151.1	61.7	27.02
157	157.2	59.0	24.0	207	151.9	58.0	25.14	257	155.3	64.3	26.6
158	156.7	58.8	24.2	208	154.2	60.0	25.2	258	158.1	66.6	26.5
159	153.4	57.5	24.6	209	153.2	59.0	25.13	259	151.9	61.7	26.74
160	153.2	56.3	24.1	210	151.2	57.8	25.2	260	154.2	61.7	25.95
161	157.0	59.7	24.3	211	154.3	60.0	25.2	261	159.7	68.2	26.74
162	155.1	55.4	23.1	212	151.4	61.5	26.83	262	152.4	61.5	26.48
163	152.3	55.6	24.1	213	158.4	69.3	27.62	263	152.5	60.0	25.8
164	157.2	57.0	23.2	214	154.2	62.2	26.16	264	154.1	54.9	23.2
165	153.0	56.6	24.2	215	152.5	63.4	27.26	265	156.7	65.1	26.8
166	158.1	59.2	23.8	216	155.8	65.2	26.86	266	155.2	65.7	27.4
167	152.4	56.5	24.5	217	154.2	67.0	28.18	267	157.0	65.1	26.5
168	153.7	55.6	23.8	218	159.4	69.9	27.41	268	158.6	67.4	27.1
169	158.1	60.0	24.1	219	152.7	61.6	26.42	269	152.3	60.5	26.2
170	156.0	58.0	23.9	220	159.4	67.7	26.6	270	157.0	61.5	25.0
171	155.4	59.2	24.7	221	152.1	61.2	26.45	271	155.2	65.0	27.1
172	152.1	56.8	24.6	222	155.6	67.4	27.83	272	153.0	61.3	26.2
173	153.4	55.9	23.9	223	158.4	68.0	27.10	273	154.5	66.5	28.1
174	152.3	57.2	24.8	224	154.7	61.0	25.49	274	155.1	65.7	27.4
175	154.4	55.6	23.5	225	157.5	64.5	26.0	275	156.2	62.2	25.6
176	155.1	55.4	23.1	226	155.9	61.7	25.39	276	153.2	67.1	28.7
177	156.7	59.5	24.5	227	151.6	65.7	28.59	277	151.0	66.5	29.2
178	157.0	58.5	23.8	228	156.4	62.0	25.34	278	151.3	70.0	30.58
179	158.2	57.5	23.1	229	154.7	63.0	26.32	279	151.5	69.9	30.65
180	159.0	57.9	23.0	230	157.8	70.0	28.11	280	152.4	70.0	30.3
181	154.2	59.0	24.8	231	151.4	66.8	29.14	281	151.7	69.9	30.37
182	155.1	55.2	23.0	232	154.8	70.0	29.21	282	151.5	69.7	30.37
183	151.6	52.8	23.2	233	158.2	69.3	27.6	283	151.4	69.4	30.27
184	153.7	56.3	24.1	234	158.1	67.8	27.13	284	152.6	70.0	30.06
185	157.4	59.7	24.3	235	151.2	61.3	26.81	285	151.5	70.0	30.50
186	153.0	55.9	23.9	236	159.4	69.9	27.5	286	157.1	77.4	31.5
187	155.2	59.2	24.7	237	155.5	61.7	25.51	287	155.4	72.2	30.1
188	156.3	57.3	23.6	238	159.4	67.8	26.6	288	158.1	78.9	31.7
189	154.1	56.3	24.4	239	157.4	68.7	27.7	289	156.2	75.8	31.2
190	152.3	57.3	24.5	240	155.3	70.0	29.03	290	154.3	76.0	32.1
191	151.0	53.8	23.6	241	152.4	61.5	26.48	291	152.1	72.9	31.6
192	154.3	56.1	23.7	242	154.3	69.9	29.36	292	156.8	73.3	30.2
193	155.7	57.8	24.1	243	157.2	68.0	27.51	293	157.2	77.7	31.6
194	156.2	57.3	23.6	244	159.2	63.9	25.21	294	153.0	77.2	33.0
195	158.0	59.7	24.0	245	155.5	62.7	25.93	295	154.5	73.4	31.0
196	157.2	56.8	23.1	246	154.3	62.5	26.2	296	155.2	77.5	32.3
197	155.0	58.5	24.4	247	152.3	61.3	26.43	297	153.0	78.3	33.5
198	151.8	53.5	23.5	248	157.4	70.0	28.25	298	152.4	76.4	33.1
199	157.4	59.0	24.0	249	159.3	66.6	26.25	299	157.1	80.1	32.6
200	157.1	57.3	23.3	250	153.5	63.7	27.03	300	156.6	78.9	32.5

S.NO	HT	WT	BMI	S.NO	HT	WT	BMI	S.NO	HT	WT	BMI
301	152.3	71.6	31.0	351	154.6	73.7	31.1	401	163.7	48.8	18.4
302	159.0	79.8	31.7	352	158.8	77.1	30.9	402	165.3	48.4	17.8
303	157.4	75.0	30.5	353	159.1	77.8	30.8	403	169.5	52.8	18.5
304	156.0	76.3	31.4	354	159.2	78.3	31.0	404	162.2	45.6	17.4
305	152.4	70.4	30.5	355	158.8	77.1	30.9	405	163.5	45.9	17.3
306	153.1	74.1	31.7	356	157.1	75.4	30.6	406	161.1	47.9	18.5
307	153.0	71.6	30.65	357	155.5	74.7	31.1	407	165.5	58.7	17.9
308	151.6	72.96	32.0	358	152.3	74.3	32.2	408	165.3	50.63	18.6
309	153.7	73.7	31.5	359	159.2	80.6	31.9	409	162.2	49.0	18.7
310	155.2	75.3	31.4	360	160.0	79.8	31.2	410	161.9	49.7	19.2
311	156.4	75.3	31.0	361	151.1	72.0	31.6	411	170.0	57.2	19.8
312	157.3	74.7	30.4	362	153.2	74.4	31.8	412	163.5	53.6	20.2
313	158.0	77.9	31.3	363	156.6	76.4	31.4	413	162.5	53.5	20.4
314	153.0	73.0	31.2	364	154.9	74.2	31.3	414	165.0	51.9	19.1
315	152.6	71.6	31.0	365	154.2	73.2	30.9	415	161.2	52.1	20.1
316	155.4	72.2	30.1	366	170.5	52.6	18.2	416	167.1	57.4	20.6
317	156.2	74.1	30.4	367	175.6	53.1	18.4	417	169.2	60.5	21.2
318	157.8	76.9	31.3	368	179.0	52.3	18.0	418	163.7	58.7	22.1
319	153.0	73.0	31.2	369	178.6	51.8	17.9	419	166.4	61.1	22.2
320	155.5	76.8	32.0	370	179.0	50.8	17.8	420	169.0	62.5	21.9
321	154.1	72.0	30.4	371	176.2	61.6	19.9	421	170.0	63.5	22.0
322	156.4	73.3	30.2	372	179.5	61.3	21.2	422	167.6	63.5	22.8
323	151.2	68.6	30.1	373	175.3	65.2	21.3	423	169.2	64.5	22.6
324	156.0	78.0	32.1	374	172.8	82.1	27.5	424	162.9	59.0	22.5
325	157.1	77.2	31.4	375	176.8	85.0	27.2	425	165.8	61.8	22.7
326	155.2	75.8	31.6	376	173.9	88.4	29.23	426	167.1	61.0	21.9
327	154.3	72.7	30.7	377	174.5	81.3	26.69	427	161.2	56.5	21.8
328	157.2	77.4	31.5	378	177.1	83.2	26.50	428	165.0	59.0	21.7
329	156.3	75.3	31.0	379	172.8	82.1	27.50	429	167.2	54.3	19.5
330	151.7	69.8	30.3	380	176.8	85.0	27.20	430	163.7	52.0	19.6
331	155.2	77.5	32.3	381	174.5	81.3	26.69	431	161.9	51.8	20.0
332	151.5	72.8	32.0	382	175.8	81.2	27.39	432	170.0	57.5	19.9
333	152.6	70.0	30.0	383	174.3	96.0	31.7	433	166.4	55.6	20.2
334	151.4	69.3	30.2	384	171.4	91.3	31.2	434	163.2	53.4	20.1
335	151.5	70.0	30.5	385	177.2	97.2	31.0	435	169.2	63.6	22.3
336	151.7	69.9	30.37	386	181.5	59.0	18.2	436	165.0	61.5	22.6
337	152.4	70.0	30.3	387	181.3	58.6	18.1	437	161.2	59.3	22.9
338	153.4	73.0	31.2	388	182.2	58.3	17.6	438	167.1	62.4	22.4
339	156.2	78.36	32.2	389	184.2	67.0	19.8	439	169.2	63.6	22.3
340	157.4	77.39	31.4	390	183.6	62.6	18.7	440	163.7	59.2	22.3
341	158.2	83.1	33.3	391	182.0	76.5	23.1	441	166.4	61.7	22.4
342	159.3	78.8	31.2	392	181.5	77.0	23.5	442	169.0	64.54	22.6
343	158.6	80.1	32.1	393	183.1	80.0	23.8	443	167.6	62.4	22.4
344	157.2	76.6	31.1	394	181.6	81.8	25.1	444	162.9	57.8	22.8
345	157.9	75.4	30.6	395	181.1	86.8	26.5	445	167.1	61.0	21.9
346	159.9	78.1	30.9	396	181.3	87.5	26.7	446	165.2	54.1	19.9
347	153.6	71.16	30.4	397	182.5	92.7	28.0	447	166.5	52.6	19.1
348	154.2	71.3	30.1	398	181.0	99.0	30.27	448	162.2	50.3	19.2
349	153.6	70.69	30.2	399	181.1	100.0	30.58	449	165.0	53.3	19.6
350	154.6	72.5	30.6	400	161.5	46.9	18.1	450	169.0	56.8	19.9

S.NO	HT	WT	BMI	S.NO	HT	WT	BMI	S.NO	HT	WT	BMI
451	167.6	54.9	19.7	501	161.8	63.8	24.4	551	168.5	67.8	23.9
452	162.9	51.9	19.8	502	167.5	69.5	24.7	552	167.1	66.1	23.7
453	167.1	58.0	20.8	503	163.2	66.0	24.8	553	165.3	65.8	24.1
454	161.2	56.5	21.8	504	168.7	68.0	23.9	554	164.4	63.5	23.5
455	165.0	62.0	22.8	505	164.4	62.9	23.3	555	162.6	64.7	24.6
456	163.7	57.1	21.5	506	162.9	64.2	24.2	556	161.7	60.9	23.3
457	161.9	55.9	21.6	507	165.1	67.0	24.6	557	169.8	68.0	23.6
458	170.0	63.0	21.8	508	166.2	66.5	24.1	558	163.5	63.6	23.8
459	163.2	60.5	22.8	509	167.3	69.4	24.8	559	164.4	65.6	24.3
460	169.2	64.2	22.5	510	162.8	62.8	23.7	560	166.3	68.5	24.8
461	165.0	60.9	22.4	511	169.5	66.6	23.2	561	167.2	67.6	24.2
462	161.2	58.5	22.6	512	163.6	65.5	24.5	562	166.1	63.7	23.1
463	167.1	62.1	22.3	513	164.3	66.4	24.6	563	167.9	67.0	23.8
464	167.1	62.4	22.4	514	161.9	61.3	23.4	564	165.7	67.2	24.5
465	169.2	63.6	22.3	515	168.2	65.3	23.1	565	163.1	62.2	23.4
466	163.7	60.5	22.8	516	165.3	64.2	23.5	566	168.3	67.1	23.7
467	166.4	61.7	22.4	517	167.9	67.3	23.9	567	164.5	63.8	23.6
468	169.0	63.1	22.1	518	161.5	63.1	24.2	568	161.2	61.0	23.5
469	167.6	63.0	22.6	519	162.1	63.5	24.8	569	162.6	62.9	23.8
470	162.9	57.9	22.1	520	169.7	67.9	23.6	570	167.8	70.1	24.9
471	167.1	58.0	20.8	521	167.8	68.1	24.2	571	166.9	67.6	24.3
472	170.0	59.8	20.7	522	162.4	65.1	24.7	572	163.4	65.4	24.5
473	169.5	58.2	20.4	523	165.6	64.1	23.4	573	169.7	66.5	23.1
474	167.2	57.4	20.6	524	163.1	61.9	23.3	574	165.3	63.9	23.4
475	165.3	55.2	20.3	525	168.2	65.6	23.2	575	164.2	62.5	23.2
476	163.7	55.5	20.9	526	167.3	64.3	23.0	576	162.1	64.6	24.6
477	162.8	56.6	21.6	527	170.0	69.6	24.1	577	168.4	70.0	24.7
478	164.5	60.7	22.6	528	161.8	65.1	24.9	578	165.4	63.4	23.2
479	170.0	61.2	21.2	529	165.5	65.2	23.8	579	166.3	71.6	23.9
480	169.5	65.1	22.8	530	167.1	66.1	23.7	580	168.1	66.6	23.6
481	167.6	62.7	22.5	531	163.7	63.2	23.6	581	166.3	71.3	25.8
482	163.7	53.6	20.2	532	166.5	67.9	24.5	582	167.2	70.1	25.1
483	162.5	57.4	21.9	533	165.3	67.7	24.8	583	166.1	69.5	25.2
484	161.9	57.8	22.3	534	161.2	60.2	23.2	584	169.9	73.3	25.4
485	165.7	58.8	21.6	535	164.8	63.2	23.3	585	165.7	72.7	26.5
486	166.2	60.3	21.9	536	169.1	70.9	24.8	586	163.1	72.8	27.4
487	167.8	61.9	22.2	537	162.5	63.9	24.2	587	168.1	81.6	28.9
488	170.0	61.8	21.4	538	167.9	69.6	24.7	588	161.2	73.7	28.4
489	161.3	60.1	23.2	539	168.4	69.4	24.5	589	162.6	75.3	28.5
490	162.4	63.5	24.1	540	161.6	62.4	23.9	590	167.8	83.0	29.5
491	163.8	63.3	23.6	541	162.7	65.1	24.6	591	166.9	79.1	28.4
492	165.9	63.8	23.2	542	169.6	69.3	24.1	592	163.4	69.9	26.2
493	166.8	68.9	24.8	543	168.2	69.0	24.4	593	169.7	80.0	27.8
494	165.5	66.5	24.3	544	162.3	62.9	23.9	594	169.7	72.8	25.3
495	163.1	61.7	23.2	545	169.7	67.9	23.6	595	164.2	68.4	25.4
496	169.2	68.1	23.8	546	164.5	63.0	23.3	596	162.1	67.7	25.8
497	170.0	67.9	23.5	547	168.1	65.2	23.1	597	168.4	77.9	27.5
498	161.5	61.5	23.6	548	163.2	65.2	24.5	598	168.5	78.0	27.6
499	168.6	66.2	23.3	549	167.6	69.6	24.8	599	164.4	73.7	27.3
500	163.7	61.9	23.1	550	165.4	66.2	24.2	600	167.1	75.9	27.2

S.NO	HT	WT	BMI	S.NO	HT	WT	BMI	S.NO	HT	WT	BMI
601	161.7	68.2	26.1	651	167.8	85.8	30.5	701	162.5	79.7	30.2
602	165.8	69.8	25.4	652	166.5	84.5	30.6	702	163.4	85.1	31.9
603	169.6	78.5	27.3	653	167.3	86.4	30.9	703	163.5	85.5	32.0
604	161.5	69.1	26.5	654	163.8	84.2	31.4	704	169.8	91.3	31.7
605	162.4	69.6	26.4	655	164.3	84.2	31.2	705	169.7	88.6	30.8
606	163.5	70.3	26.3	656	168.2	86.0	30.4	706	168.2	85.4	30.3
607	164.6	70.9	26.2	657	162.2	79.9	30.4	707	167.5	85.8	30.6
608	165.7	73.8	26.9	658	161.1	79.4	30.6	708	165.4	86.4	31.6
609	166.8	78.1	28.1	659	161.2	82.6	31.8	709	165.3	83.0	30.4
610	168.9	80.0	28.2	660	161.3	81.9	31.5	710	166.2	87.0	31.5
611	169.8	82.1	28.5	661	165.9	83.1	30.2	711	165.1	82.3	30.2
612	161.3	74.4	28.6	662	165.8	84.9	30.9	712	168.2	86.7	31.8
613	161.6	66.5	25.5	663	162.3	79.0	30.0	713	163.5	81.5	30.5
614	165.1	75.7	27.8	664	165.2	84.8	31.1	714	165.8	86.3	31.4
615	165.4	79.6	29.1	665	168.7	87.0	30.6	715	167.5	83.4	30.3
616	162.1	68.5	26.1	666	167.5	89.2	31.8	716	168.2	87.4	30.9
617	163.1	69.6	26.2	667	162.4	80.4	30.5	717	164.2	86.2	32.0
618	164.5	71.1	26.3	668	163.2	83.0	31.2	718	164.9	83.7	30.8
619	165.8	68.9	25.1	669	164.1	82.4	30.6	719	165.2	85.1	31.2
620	168.1	70.9	25.3	670	165.7	83.7	30.5	720	168.5	88.8	31.3
621	163.2	68.2	25.4	671	164.5	86.0	31.8				
622	165.2	73.1	26.8	672	166.2	84.8	30.7				
623	166.5	74.2	26.9	673	166.3	86.5	31.3				
624	168.4	77.7	27.4	674	167.4	88.8	31.7				
625	167.3	76.6	27.5	675	168.1	85.9	30.4				
626	163.8	74.0	27.6	676	169.1	86.3	30.2				
627	167.1	77.6	27.8	677	168.2	88.8	31.4				
628	164.3	75.3	27.9	678	167.3	84.8	30.3				
629	168.2	81.1	28.7	679	167.4	88.5	31.6				
630	162.2	75.7	28.8	680	166.9	84.9	30.5				
631	164.3	80.9	30.0	681	163.5	85.2	31.9				
632	165.8	82.7	30.1	682	163.8	84.2	31.5				
633	169.6	90.6	31.5	683	165.3	84.4	30.9				
634	163.5	81.8	30.6	684	168.5	85.7	30.3				
635	164.6	86.1	31.8	685	167.8	84.7	30.1				
636	165.7	86.7	31.6	686	165.8	86.8	31.6				
637	165.8	84.3	30.7	687	165.9	84.2	30.6				
638	163.4	81.4	30.5	688	166.5	83.1	30.0				
639	162.4	81.2	30.8	689	168.5	85.7	30.2				
640	168.9	91.0	31.9	690	168.2	89.6	31.7				
641	165.7	87.0	31.7	691	168.3	90.0	31.8				
642	166.8	85.6	30.8	692	168.8	88.8	31.2				
643	161.3	78.5	30.2	693	169.8	86.3	30.1				
644	165.4	85.6	31.3	694	167.2	88.8	31.8				
645	162.1	83.8	31.9	695	167.5	89.7	32.0				
646	165.4	83.9	30.7	696	163.2	81.7	30.7				
647	163.1	84.5	31.8	697	164.8	86.6	31.9				
648	163.2	85.2	32.0	698	168.9	87.2	30.6				
649	165.2	84.8	31.1	699	168.2	90.2	31.9				
650	166.5	86.7	31.3	700	168.4	90.0	32.1				

**APPENDIX III
INITIAL AND FINAL VALUES OF CONTROL GROUP (BLOOD GLUCOSE AND LIPID PROFILE)**

S.NO	FBG (mg/dl)		PPBG (mg/dl)		HbA1c (%)		TC (mg/dl)		HDL (mg/dl)		LDL (mg/dl)		VLDL (mg/dl)		TG (mg/dl)	
	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final
1.	156.5	156.4	256.6	256.3	9.5	9.3	225.5	225.3	32.5	34.8	155.5	155.4	31.64	31.62	158.2	158.1
2.	153.4	153.4	260.5	260.1	9.8	9.5	230.4	230.2	31.4	31.9	159.4	159.3	30.3	30.28	151.5	151.4
3.	158.5	158.3	252.5	252.3	9.7	9.6	232.1	232.0	36.3	36.5	160.5	160.3	33.48	33.44	167.4	167.2
4.	162.3	162.3	260.0	260.0	10.2	10.0	240.3	240.1	39.1	39.0	162.3	162.1	33.3	33.26	166.5	166.3
5.	167.5	167.1	258.3	258.2	11.1	11.0	246.3	246.2	42.5	42.4	165.2	165.1	33.48	33.42	167.4	167.1
6.	162.5	162.3	254.5	254.2	10.3	10.1	249.5	249.3	40.3	43.3	169.5	169.3	34.06	34.02	170.3	170.1
7.	152.0	152.0	270.5	270.4	9.5	9.4	250.1	250.0	32.5	33.0	170.1	170.0	34.9	34.86	174.5	174.3
8.	156.7	156.4	268.5	268.1	9.2	9.1	245.5	245.3	33.4	38.0	168.5	168.1	32.02	32.0	160.1	160.0
9.	164.5	164.1	257.4	257.2	9.4	9.2	239.3	239.2	32.5	33.0	154.5	154.2	31.86	31.82	159.3	159.1
10.	161.0	161.0	263.2	263.1	10.0	10.0	243.4	243.3	38.4	39.0	151.5	151.3	32.5	32.04	155.5	155.3
11.	170.5	170.3	270.5	270.2	10.4	10.2	244.5	244.3	36.5	36.2	166.4	166.3	32.68	32.64	159.8	159.8
12.	151.5	151.2	268.5	268.2	10.5	10.2	238.3	238.4	37.6	38.0	168.5	168.3	32.8	32.7	162.5	162.0
13.	158.4	158.3	260.0	260.1	9.3	9.1	235.4	35.2	39.5	40.0	155.4	155.1	30.02	30.01	163.4	163.2
14.	166.5	166.3	259.3	259.1	9.5	9.3	246.5	246.4	35.0	35.4	157.1	157.0	32.86	32.85	164.0	164.1
15.	168.5	168.3	259.0	259.0	9.0	9.1	249.3	249.2	34.5	35.0	158.0	158.0	33.7	33.6	150.1	150.0
16.	164.3	164.1	260.3	260.2	9.4	9.3	245.6	245.5	35.4	36.2	160.3	160.2	34.04	34.02	164.3	164.1
17.	163.4	163.2	258.4	258.3	9.2	9.2	252.3	252.1	38.4	38.1	164.3	164.2	34.42	34.40	168.5	168.3
18.	169.5	169.3	263.7	263.6	9.8	9.6	246.4	246.3	40.2	40.1	170.5	170.4	33.08	33.04	170.2	170.2
19.	170.3	170.1	268.3	268.2	10.4	10.3	248.5	248.4	37.5	37.4	168.4	168.3	34.64	34.64	172.1	172.1
20.	168.4	168.3	266.4	266.4	10.6	10.2	243.4	243.1	36.4	37.1	169.5	169.3	33.68	33.68	165.4	165.3
21.	165.3	165.2	270.3	270.1	11.5	10.3	250.6	250.4	41.1	41.3	172.3	172.2	33.06	33.04	173.2	173.1
22.	166.5	166.4	271.2	271.2	11.4	11.2	252.3	252.2	38.4	38.2	175.4	175.3	32.88	32.88	168.4	168.3
23.	163.6	163.4	269.4	269.3	11.3	1.1	248.2	248.1	35.6	35.4	169.5	169.4	34.1	34.0	165.3	165.2
24.	165.4	165.3	268.5	268.4	11.1	11.1	249.3	249.3	38.4	39.1	173.4	173.2	33.06	33.04	164.4	164.3
25.	167.5	167.4	266.4	266.3	10.9	10.8	252.4	252.2	40.1	40.2	171.5	171.4	34.04	34.02	170.5	170.4

FBG-Fasting Blood Glucose; PPBG – Post Prandial Blood Glucose; HbA1c – Glycosylated Hemoglobin; TC – Total Cholesterol
HDL – High Density Lipoprotein; LDL – Low Density Lipoprotein; VLDL – Very Low Density Lipoprotein; TG - Triglyceride

APPENDIX IV
BLOOD GLUCOSE AND LIPID PROFILE VALUES BEFORE AND AFTER ONION SUPPLEMENTATION

S.NO	FBG (mg/dl)		PPBG (mg/dl)		HbA1c (%)		TC (mg/dl)		HDL (mg/dl)		LDL (mg/dl)		VLDL (mg/dl)		TG (mg/dl)	
	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final
1.	155.4	136.4	255.6	235.8	9.5	6.8	226.8	219.0	31.8	42.7	155.8	141.2	31.64	27.54	158.2	137.7
2.	153.2	134.2	260.1	240.8	9.8	6.9	230.7	222.8	35.6	46.6	160.3	145.4	30.38	27.4	151.9	137.0
3.	159.6	140.5	253.4	234.3	9.7	6.9	232.9	225.2	39.5	50.6	159.6	144.4	33.68	29.48	168.4	147.4
4.	162.4	143.5	260.4	239.1	10.2	7.4	228.4	220.5	42.7	54.1	166.3	151.0	33.36	29.08	166.8	145.9
5.	168.5	149.3	258.8	239.9	11.1	8.2	240.6	232.6	40.6	52.1	164.9	149.6	33.5	29.18	167.5	146.4
6.	163.8	144.9	254.6	234.9	10.3	7.3	246.5	238.6	40.3	51.7	170.1	154.6	34.06	29.28	170.3	149.4
7.	152.1	133.2	270.8	249.0	9.5	6.6	249.6	241.8	32.8	44.1	168.3	152.9	34.98	29.88	174.9	154.0
8.	156.5	137.6	268.5	249.3	9.2	6.3	250.1	242.1	33.6	45.0	154.7	139.2	32.02	30.8	160.1	138.9
9.	164.4	145.4	257.6	237.6	9.4	6.6	245.7	237.8	32.4	43.4	151.9	136.5	31.88	27.78	159.4	138.2
10.	162.2	143.1	263.8	243.8	10.0	7.1	239.9	232.1	35.4	46.6	168.9	153.2	31.18	27.64	155.9	134.6
11.	170.1	151.0	270.9	251.2	10.4	7.4	243.9	235.9	36.9	48.4	157.4	141.9	31.96	26.92	159.8	138.6
12.	151.3	132.3	268.6	248.6	10.5	7.6	244.6	236.7	38.5	49.8	159.3	143.9	32.54	27.72	162.7	141.6
13.	158.4	139.3	260.5	246.7	9.3	6.3	238.7	230.7	36.3	47.4	160.5	145.3	32.76	28.32	163.8	142.8
14.	166.5	147.6	259.7	240.0	9.5	6.5	246.3	238.4	37.9	49.4	158.7	143.3	32.98	28.56	164.9	143.7
15.	169.6	150.4	259.1	238.9	9.0	6.0	249.8	241.9	39.4	50.9	163.6	148.1	30.18	28.74	150.9	129.6
16.	170.2	150.9	260.5	241.2	9.3	6.2	248.6	240.7	40.2	41.7	169.5	153.5	33.7	25.92	168.5	146.5
17.	168.5	149.3	255.4	235.2	10.2	7.2	245.7	237.7	35.6	46.5	170.3	154.4	33.88	29.3	169.4	147.9
18.	163.6	144.6	258.2	238.2	10.3	7.2	246.4	238.6	39.5	50.7	172.4	156.8	34.06	29.58	170.3	149.3
19.	169.4	150.2	262.4	242.3	10.0	7.0	248.5	240.4	40.6	29.6	168.5	152.5	34.09	29.86	174.5	153.6
20.	165.3	146.3	265.4	245.5	10.5	7.1	245.3	237.3	43.1	54.4	166.6	151.1	34.48	30.72	172.4	152.4
21.	166.6	147.5	270.3	250.3	10.6	7.4	250.5	242.3	42.6	54.2	169.5	153.5	33.9	30.48	169.5	148.5
22.	172.1	152.8	269.5	249.3	9.8	6.6	253.1	245.1	38.5	50.0	170.4	154.5	34.06	29.7	170.3	149.1
23.	168.5	149.3	272.1	252.1	9.9	6.9	250.5	242.4	39.5	50.7	168.5	152.5	33.9	29.82	169.5	148.3
24.	167.4	148.3	268.5	248.2	9.6	6.5	238.4	230.4	40.3	51.6	163.5	147.7	34.1	29.86	170.5	149.3
25.	170.5	151.5	269.4	249.4	10.1	7.1	242.5	234.3	41.9	53.1	169.4	153.4	33.66	29.4	168.3	147.0

BLOOD GLUCOSE AND LIPID PROFILE VALUES BEFORE AND AFTER CINNAMON SUPPLEMENTATION

S.NO	FBG (mg/dl)		PPBG (mg/dl)		HbA1c (%)		TC (mg/dl)		HDL (mg/dl)		LDL (mg/dl)		VLDL (mg/dl)		TG (mg/dl)	
	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final
1.	160.5	131.1	251.3	216.3	9.9	5.0	228.5	216.6	30.7	46.5	159.1	140.2	30.56	24.98	152.8	124.9
2.	165.3	134.1	261.4	226.4	9.5	4.5	225.9	213.9	33.4	49.2	169.9	151.1	30.38	24.82	151.9	124.1
3.	166.6	136.4	266.3	231.6	9.2	4.1	231.5	219.7	39.2	55.0	161.1	142.0	30.86	25.24	154.3	126.2
4.	169.4	139.5	270.0	235.0	9.8	5.0	235.4	223.7	37.4	53.4	153.1	134.2	31.12	25.56	155.6	127.8
5.	159.1	129.5	255.4	220.8	10.7	5.7	237.5	225.5	38.9	55.0	166.4	147.5	32.16	26.58	160.8	132.9
6.	162.2	132.3	253.5	218.4	9.6	4.8	239.9	227.8	32.5	48.4	157.1	138.0	32.58	27.02	162.9	135.1
7.	164.3	134.6	260.2	233.7	9.5	4.6	240.1	219.0	30.7	46.5	160.2	141.5	33.06	27.5	165.3	137.5
8.	158.2	126.5	263.9	229.2	9.7	4.7	242.2	230.3	39.2	55.2	150.1	131.3	32.08	26.46	160.4	132.3
9.	170.2	140.5	268.1	233.2	9.9	4.8	243.1	230.9	40.1	55.8	159.8	140.8	34.16	28.58	170.8	142.9
10.	157.3	127.8	265.7	230.6	10.9	6.0	247.3	235.3	32.8	48.7	168.2	149.1	34.46	28.94	172.3	144.7
11.	158.4	128.8	264.2	229.3	11.0	6.0	249.4	237.5	37.6	53.6	165.1	146.2	31.62	26.0	158.1	130.0
12.	165.4	135.8	266.1	231.9	10.3	5.2	248.6	236.5	34.3	50.1	166.9	147.8	31.92	26.34	159.6	131.7
13.	156.3	126.8	268.8	233.6	10.1	5.2	246.6	234.4	39.2	55.1	158.8	139.8	32.04	26.48	160.2	132.4
14.	163.4	133.5	257.2	222.2	10.0	5.0	250.1	238.2	35.7	51.7	169.6	150.7	32.26	28.42	161.3	133.4
15.	162.2	132.2	259.1	224.1	10.1	5.3	241.9	229.9	36.8	52.9	150.1	131.1	34.84	29.28	174.2	146.4
16.	169.3	139.6	263.4	228.9	9.8	4.8	250.3	238.1	35.3	51.6	153.4	134.2	33.26	27.66	166.3	138.3
17.	164.1	134.3	265.3	229.3	9.4	4.5	252.4	240.3	38.4	54.4	156.3	137.2	32.5	29.28	162.5	134.6
18.	168.2	138.3	269.2	233.3	9.9	4.7	248.6	236.7	36.6	52.8	160.5	141.5	34.02	26.92	170.1	142.1
19.	170.1	140.1	256.4	220.6	9.8	5.0	245.4	233.4	40.5	56.4	167.4	148.2	33.88	28.46	169.4	141.5
20.	159.3	129.4	258.2	222.6	10.2	4.9	243.5	231.3	36.3	52.4	165.3	146.3	33.64	28.3	168.2	140.1
21.	164.8	134.7	260.4	224.4	10.5	5.3	242.1	230.0	38.5	54.3	159.4	140.3	34.06	28.02	170.3	142.3
22.	155.1	125.0	270.5	234.6	9.4	4.1	249.2	237.0	37.4	43.6	167.3	148.1	32.68	28.46	163.4	135.5
23.	162.4	132.6	269.4	233.3	9.3	4.3	250.3	238.2	32.5	48.4	155.4	136.2	33.06	27.1	165.3	137.3
24.	165.3	135.4	266.1	231.1	10.1	4.9	248.4	236.4	39.1	55.2	163.2	144.2	34.22	27.46	171.1	143.1
25.	166.5	136.6	268.4	232.7	10.4	5.1	249.3	237.1	38.5	54.7	159.4	140.2	33.86	28.24	169.3	141.2

BLOOD GLUCOSE AND LIPID PROFILE VALUES BEFORE AND AFTER CUMIN SEEDS SUPPLEMENTATION

S.NO	FBG (mg/dl)		PPBG (mg/dl)		HbA1c (%)		TC (mg/dl)		HDL (mg/dl)		LDL (mg/dl)		VLDL (mg/dl)		TG (mg/dl)	
	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final
1.	163.2	142.5	269.1	251.2	9.3	5.8	232.8	219.6	36.4	40.7	165.4	154.9	31.12	28.78	155.6	143.9
2.	158.1	137.1	258.2	240.9	9.5	6.3	243.5	230.7	33.2	38.0	169.2	158.2	32.46	30.14	162.3	150.7
3.	159.0	138.5	270.0	252.2	9.6	6.5	226.3	212.8	39.8	44.0	156.8	145.6	35.68	33.18	178.4	165.9
4.	163.9	143.1	268.1	250.1	9.8	6.4	249.0	235.4	34.1	38.0	163.4	151.9	36.52	34.32	182.6	171.6
5.	160.1	139.1	153.1	235.3	9.9	6.7	226.4	212.6	32.7	36.9	170.0	158.0	35.24	32.84	176.2	164.2
6.	154.2	133.7	256.8	239.2	10.3	6.8	248.0	235.1	38.1	42.6	159.4	147.8	37.08	34.78	185.4	173.9
7.	159.1	138.1	263.4	245.4	10.5	6.9	232.1	218.5	39.0	43.1	164.3	152.9	38.4	36.1	192.0	180.5
8.	168.1	147.3	267.2	249.3	11.2	7.8	229.5	215.8	32.4	36.1	169.2	157.5	31.56	29.18	157.8	145.9
9.	162.4	141.5	259.9	241.9	11.4	7.9	232.1	218.7	35.6	39.5	152.9	141.6	32.9	30.48	164.5	152.4
10.	159.9	139.4	257.0	239.2	10.9	7.5	234.6	221.2	37.1	41.3	154.1	142.6	34.46	31.98	172.3	159.9
11.	152.2	131.2	255.4	237.9	9.8	6.6	245.0	232.2	38.0	42.1	168.7	157.3	35.82	33.58	179.1	167.9
12.	168.5	147.9	262.8	244.8	9.7	6.3	227.8	214.4	37.6	41.3	162.6	151.3	36.48	34.08	182.4	170.4
13.	167.2	146.2	252.4	234.8	9.5	6.4	232.4	218.8	34.3	38.2	160.5	149.1	38.58	36.22	192.9	181.1
14.	160.1	139.6	265.4	247.6	9.3	6.1	233.3	220.4	33.2	37.5	159.1	147.5	33.64	31.2	168.2	156.0
15.	158.4	137.6	262.0	244.2	11.1	8.0	236.4	222.7	34.6	38.7	165.9	154.5	35.08	32.76	175.4	163.8
16.	155.6	134.7	254.4	236.4	10.9	7.7	235.9	222.5	36.2	40.3	159.6	148.7	33.92	31.44	169.6	157.2
17.	158.3	137.3	268.1	250.6	10.3	6.9	245.1	232.4	37.4	41.3	158.8	148.3	34.8	32.4	174.0	162.0
18.	169.4	149.0	267.0	249.0	10.6	7.2	242.5	229.1	38.9	43.1	165.4	153.7	38.38	35.88	191.3	179.4
19.	154.0	133.0	251.2	234.0	10.2	6.8	236.7	223.8	31.9	36.2	164.0	152.8	35.7	33.34	178.5	166.7
20.	162.4	141.7	264.3	246.8	11.3	7.8	242.1	228.9	37.4	41.5	153.1	141.1	32.68	29.64	159.7	148.2
21.	165.3	144.3	259.6	241.6	10.5	6.9	235.4	221.8	39.5	43.8	162.1	150.5	31.94	30.36	163.4	151.8
22.	158.4	137.8	265.3	247.6	10.8	7.3	244.6	231.2	36.4	40.3	158.3	146.9	34.82	32.3	174.1	161.5
23.	168.4	147.8	269.8	252.3	11.3	7.9	248.2	234.5	37.5	41.3	163.4	151.8	33.9	31.58	169.5	157.9
24.	155.6	134.7	255.4	237.4	10.6	7.4	239.1	226.3	34.7	38.8	170.1	158.1	38.28	35.8	191.4	179.0
25.	161.3	140.3	261.8	243.6	10.5	7.2	233.6	220.2	36.3	40.1	165.3	153.7	37.12	34.64	185.6	173.2

BLOOD GLUCOSE AND LIPID PROFILE VALUES BEFORE AND AFTER ARTICHOKE SUPPLEMENTATION

S.NO	FBG (mg/dl)		PPBG (mg/dl)		HbA1c (%)		TC (mg/dl)		HDL (mg/dl)		LDL (mg/dl)		VLDL (mg/dl)		TG (mg/dl)	
	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final
1.	161.2	152.2	259.3	246.7	9.3	8.5	225.3	219.8	30.0	34.5	155.1	148.6	30.46	28.96	152.3	144.8
2.	165.4	155.9	262.5	250.4	9.5	8.6	231.7	225.9	31.7	36.9	152.3	146.1	31.08	29.78	155.4	148.9
3.	166.7	156.7	266.5	253.5	10.1	8.8	230.5	224.6	32.5	27.9	160.1	154.2	30.14	28.54	150.7	142.7
4.	165.3	154.8	267.5	255.1	9.1	8.5	241.5	235.0	33.6	39.6	157.3	150.2	31.22	29.84	156.1	149.2
5.	162.1	152.5	268.1	255.5	9.2	8.7	232.6	225.8	34.5	40.3	159.4	152.6	32.46	30.92	162.3	154.6
6.	161.7	151.3	263.4	251.0	9.6	9.0	244.5	237.5	37.6	32.4	162.3	155.9	33.34	31.84	166.7	159.2
7.	167.5	157.5	267.5	255.0	9.7	9.0	239.1	232.4	32.6	38.0	166.7	159.9	33.7	32.32	168.5	161.6
8.	166.3	155.6	261.7	248.9	9.8	9.0	232.3	225.8	31.7	36.7	154.5	148.1	34.3	32.72	171.5	163.6
9.	164.3	153.7	265.4	253.1	10.5	9.7	235.1	228.2	32.3	38.8	159.2	153.8	34.82	33.46	174.1	167.3
10.	166.7	155.9	265.7	253.1	9.7	9.1	236.1	229.7	33.5	39.2	158.3	151.4	34.46	32.98	172.3	164.9
11.	168.3	157.3	263.4	250.9	9.6	8.9	231.7	224.7	34.5	29.0	165.4	159.5	31.66	29.96	158.3	149.8
12.	160.5	149.9	268.5	255.5	9.5	8.7	236.1	229.4	35.1	39.9	166.7	161.0	31.3	29.7	156.5	148.5
13.	163.4	152.4	262.5	249.8	9.3	8.7	235.3	229.5	31.7	37.2	168.3	161.3	32.5	31.18	169.3	161.7
14.	165.3	154.4	263.4	250.8	10.4	9.6	236.1	229.5	33.6	38.6	154.3	147.4	34.28	32.82	162.5	155.9
15.	166.1	156.6	268.5	256.2	10.9	10.2	234.1	228.3	34.5	39.4	166.3	160.6	33.06	31.68	171.4	164.1
16.	167.3	157.6	265.3	252.4	9.9	9.1	237.1	230.7	35.5	29.9	165.3	158.2	32.3	30.74	165.3	158.1
17.	168.5	158.2	266.5	253.5	9.8	9.0	242.1	235.3	36.7	42.5	167.3	160.8	33.3	31.7	161.5	153.7
18.	166.3	155.3	263.7	251.2	9.6	9.0	246.1	239.4	37.8	43.1	162.5	155.9	33.68	32.16	166.5	158.5
19.	165.3	154.2	261.7	249.2	9.7	9.1	247.5	241.9	36.7	31.6	156.3	150.5	33.9	32.56	168.4	160.8
20.	167.1	157.3	262.5	249.5	9.3	8.7	248.3	242.8	33.5	39.2	155.9	150.1	32.7	31.1	169.5	162.8
21.	163.7	154.3	263.1	250.7	9.9	9.1	249.5	242.8	34.5	40.3	162.3	155.9	34.3	32.96	163.5	155.5
22.	164.5	154.9	260.5	247.7	9.6	8.9	238.5	231.5	35.6	30.0	165.2	158.9	33.46	32.16	171.5	164.8
23.	165.1	155.4	267.4	255.0	9.8	8.9	236.4	230.0	36.7	31.8	161.7	155.0	33.04	31.44	167.3	160.8
24.	168.5	157.6	269.5	256.9	9.7	9.0	237.6	231.2	37.5	42.5	162.8	156.9	34.1	32.9	165.2	157.2
25.	170.1	160.1	268.5	255.5	9.5	9.0	245.5	238.5	39.1	43.7	160.7	154.9	33.6	32.08	170.5	164.5

BLOOD GLUCOSE AND LIPID PROFILE VALUES BEFORE AND AFTER AMLA SUPPLEMENTATION

S.NO	FBG (mg/dl)		PPBG (mg/dl)		HbA1c (%)		TC (mg/dl)		HDL (mg/dl)		LDL (mg/dl)		VLDL (mg/dl)		TG (mg/dl)	
	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final
1.	155.2	127.3	261.2	229.2	9.5	7.0	230.4	201.9	32.1	41.6	170.2	153.6	31.0	25.88	155.0	129.4
2.	162.0	134.0	255.8	224.0	10.2	7.9	227.8	199.8	33.2	43.0	165.8	152.2	31.3	26.1	156.5	130.5
3.	170.1	142.3	268.1	236.6	9.8	7.4	239.1	212.1	36.4	45.7	163.4	146.4	31.44	26.14	157.2	130.7
4.	165.3	137.7	259.1	227.1	9.3	6.8	246.5	218.9	37.8	47.2	169.0	152.5	32.28	27.12	161.4	135.6
5.	168.2	140.2	262.7	231.0	10.4	8.1	233.3	205.8	31.6	41.3	162.8	146.8	31.64	26.54	158.2	132.7
6.	157.3	129.5	267.5	235.5	9.8	7.4	229.1	201.6	35.0	44.6	155.6	138.6	32.08	29.94	160.4	134.7
7.	169.5	142.5	256.0	224.1	10.5	8.1	242.3	214.3	37.2	46.8	151.3	134.8	31.26	26.06	156.3	130.3
8.	158.4	130.9	261.9	229.9	11.1	8.6	247.5	219.7	38.1	47.6	159.3	142.8	31.88	26.62	159.4	133.1
9.	160.5	132.5	262.4	230.9	10.8	8.5	232.1	205.1	30.8	40.4	167.2	150.4	33.12	27.82	165.6	139.1
10.	170.0	142.4	256.3	224.3	10.6	8.3	240.9	212.9	39.0	48.8	154.6	137.6	32.48	27.14	162.4	135.7
11.	156.8	128.8	261.9	230.0	10.9	8.4	231.8	204.3	31.9	41.5	162.5	146.0	31.46	26.26	157.3	131.3
12.	161.9	134.3	264.5	233.5	9.7	7.4	248.7	221.1	32.3	42.0	169.8	153.1	33.64	28.84	168.2	141.2
13.	164.7	136.7	259.2	227.2	9.5	7.1	233.2	207.2	34.1	43.9	170.0	153.5	34.2	26.66	171.0	144.2
14.	155.8	128.8	254.5	223.0	9.3	6.9	244.0	216.2	34.9	44.3	164.3	147.8	31.96	27.28	159.8	133.3
15.	163.1	136.1	261.4	229.4	10.5	7.9	235.6	207.6	35.6	45.4	169.1	152.9	32.48	27.6	162.4	136.4
16.	169.1	141.6	270.0	238.4	9.7	7.2	226.6	199.1	37.1	46.8	167.3	150.8	32.94	29.72	164.7	138.0
17.	159.5	131.5	262.4	230.4	9.8	7.3	245.0	217.0	32.6	42.2	159.6	142.9	35.12	31.31	175.6	148.6
18.	165.8	138.8	268.0	236.2	10.3	8.0	229.1	202.1	34.6	44.1	152.4	135.9	36.52	28.5	182.6	156.6
19.	157.5	130.0	254.1	222.1	10.7	8.3	232.0	204.5	37.0	46.8	168.3	151.8	33.8	29.56	169.0	142.5
20.	161.3	133.3	258.3	226.8	10.6	8.1	235.1	207.1	36.4	46.1	161.2	144.4	34.86	28.5	174.3	147.8
21.	170.2	143.2	268.5	236.5	9.8	7.2	242.1	214.5	36.7	46.2	157.3	140.8	33.9	29.78	169.5	142.5
22.	167.2	140.7	259.7	227.9	9.5	7.1	238.9	210.9	33.6	43.2	162.4	145.4	35.08	28.44	175.4	148.9
23.	158.6	131.6	270.5	239.5	10.2	7.7	227.9	200.9	38.1	47.9	162.8	146.3	33.78	29.5	168.9	142.2
24.	169.5	141.5	264.3	232.3	10.8	8.4	239.5	212.0	32.8	42.3	154.6	138.1	34.7	28.58	173.5	147.5
25.	158.9	131.9	251.5	219.6	10.9	8.4	221.7	194.1	39.6	49.1	162.5	145.5	33.74	28.72	168.7	142.9

BLOOD GLUCOSE AND LIPID PROFILE VALUES BEFORE AND AFTER SOYABEAN SUPPLEMENTATION

S.NO	FBG (mg/dl)		PPBG (mg/dl)		HbA1c (%)		TC (mg/dl)		HDL (mg/dl)		LDL (mg/dl)		VLDL (mg/dl)		TG (mg/dl)	
	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final
1.	162.5	134.9	254.6	223.6	9.8	5.1	225.8	216.4	31.6	42	165.4	151.5	31.12	26.36	155.6	131.8
2.	165.9	138.2	259.7	229	9.5	5	229.3	219.8	33.6	44.1	164.3	150.3	31.94	27.14	159.7	135.7
3.	166.4	138.6	262.4	231.5	9.4	4.7	232.7	223.1	34.9	45.3	162.3	148.4	32.06	27.28	160.3	136.4
4.	170.5	142.6	265.7	234.7	9.6	5	235.4	226	36.5	47	159.7	145.9	33.28	28.48	156.4	142.4
5.	163.9	135.9	268.4	237.6	9.7	4.9	238.4	228.9	38.4	48.8	155.6	141.6	33.74	28.98	168.7	144.9
6.	159.4	131.4	270.3	239.4	10.2	5.5	239.6	230	34.6	45	158.4	144.5	33.98	29.18	169.9	145.9
7.	165.6	137.7	259.6	228.6	10.5	5.9	242.7	233.3	35.6	45.9	160.9	146.9	34.08	29.3	170.4	146.5
8.	158.4	130.5	255.7	224.7	10.9	6.2	244.6	235	38.1	48.6	162.7	148.9	33.7	28.96	168.5	144.8
9.	155.6	127.6	263.4	232.5	11.5	6.8	249.6	240	36.5	46.8	164.8	150.9	32.58	27.8	162.9	139
10.	162.8	134.8	265.9	234.9	11	6.4	245.7	236.2	37.8	48.2	158.8	144.8	32.74	27.94	163.7	139.7
11.	160.7	132.9	262.7	231.7	11.4	6.7	249.3	239.9	39.6	50.1	169.6	155.7	33.38	28.6	166.9	143
12.	156.3	128.3	258.4	227.7	9.9	5.2	250.1	240.8	32.5	42.9	150.1	136.3	33.7	28.94	168.5	144.7
13.	158.9	130.9	268.3	237.5	10.3	5.5	244.6	235.2	33.8	44.1	167.6	153.6	31.92	27.18	159.6	135.9
14.	157.4	129.4	260.9	229.9	11.1	6.5	245.3	235.8	39.6	50.1	169.7	155.8	32.14	27.4	160.7	137
15.	159.3	131.4	263.6	232.6	10.8	6.1	246.9	237.3	40.1	50.5	168.7	154.9	33.16	28.38	165.8	141.9
16.	160.4	132.4	268.5	237.5	9.6	5.1	246.5	236.7	38.6	27.6	170.2	156.7	33.68	29.3	170.5	146.5
17.	158.3	130.4	266.4	234.9	9.5	4.9	250.3	240.4	39.7	50.2	169.5	155.5	34.1	28.94	168.3	144.7
18.	162.4	134.4	262.5	230.5	9.3	4.5	246.8	237.3	35.4	46.2	166.8	153.8	33.28	28.38	165.4	141.9
19.	168.5	140.6	270.1	238	10.5	5.9	244.7	235	40.5	51.1	163.5	149.5	33.06	28.56	166.8	142.8
20.	170.6	142.6	269.5	238	10.9	6.1	250.6	240.7	39.8	50.8	166.6	153.1	34.02	29.1	169.5	145.5
21.	166.3	138.3	266.4	235.4	10.6	5.7	251.3	241.5	36.5	47	170.5	156.9	34.02	29.4	170.5	147
22.	163.5	135.7	268.5	236.5	11.5	6.9	248.4	238.7	37.3	47.8	168.6	154.6	33.66	28.92	168.6	144.6
23.	166.4	138.9	267.3	235.8	10.6	6	244.3	234.7	39.5	50.5	166.5	153.5	33.92	28.78	167.5	143.9
24.	168.4	140.4	270.2	238.2	10.8	6	250.8	241	36.3	46.8	163.2	149.2	34.02	28.9	168.5	144.5
25.	170.6	143.1	269.5	238	10.7	5.8	246.3	236.6	38.4	49.4	168.3	155.3	33.7	29.12	169.6	145.6

BLOOD GLUCOSE AND LIPID PROFILE VALUES BEFORE AND AFTER BAY LEAVES SUPPLEMENTATION

S.No	FBG (mg/dl)		PPBG (mg/dl)		HbA1c (%)		TC (mg/dl)		HDL (mg/dl)		LDL (mg/dl)		VLDL (mg/dl)		TG (mg/dl)	
	Initial	final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final
1.	160.8	142.9	252.3	232.2	9.8	7.1	226.8	219.5	30.8	40.0	160.8	147.0	30.76	27.28	153.8	136.4
2.	165.4	147.7	261.3	241.1	9.6	6.8	227.4	220.2	32.5	41.6	169.3	155.8	31.14	27.64	155.7	138.2
3.	168.7	150.9	265.5	245.4	9.9	7.1	232.8	225.7	39.6	48.8	161.2	147.6	32.78	29.28	163.9	146.4
4.	169.5	151.6	270.5	250.5	10.2	7.5	235.4	228.2	38.5	47.6	159.7	146.0	33.9	30.44	169.5	152.2
5.	159.8	142.0	255.3	235.3	10.5	7.7	239.6	232.3	39.4	48.6	162.7	148.9	34.18	30.66	170.9	153.3
6.	162.1	144.2	253.4	233.2	10.6	7.7	240.5	233.3	32.6	41.7	155.6	141.8	34.5	31.02	172.5	155.1
7.	164.8	147.0	260.1	239.1	9.2	6.4	244.8	237.5	30.7	39.9	158.4	144.7	35.08	31.58	175.4	157.9
8.	158.7	140.8	263.8	243.7	9.3	6.8	245.6	238.5	39.6	48.9	160.9	147.1	33.78	30.3	168.9	151.5
9.	170.5	152.8	268.5	248.3	9.5	6.8	244.6	237.5	40.6	49.7	162.7	149.0	33.3	29.8	166.5	149.0
10.	157.9	140.1	265.4	245.3	9.7	7.1	247.8	240.8	40.1	49.3	164.6	150.8	31.98	28.5	158.4	141.0
11.	158.4	140.6	264.1	244.1	10.9	8.2	249.4	242.3	37.5	46.6	158.8	145.0	31.68	28.2	159.9	142.5
12.	165.9	148.2	269.8	249.7	11.2	8.3	238.1	230.9	39.1	48.1	169.6	155.7	33.08	29.62	165.4	148.1
13.	156.8	139.0	259.7	239.7	10.8	8.1	250.1	242.9	35.7	45.0	150.1	136.3	32.9	29.42	164.5	147.1
14.	163.2	145.3	260.9	240.8	10.3	7.4	241.8	234.7	35.6	44.8	167.3	153.6	31.96	28.46	159.8	142.3
15.	165.4	147.5	263.4	243.2	11.1	8.3	243.6	236.3	38.8	48.0	169.9	156.1	32.68	29.22	163.4	146.1
16.	170.1	152.3	259.4	239.3	9.6	6.8	250.6	243.3	36.6	45.9	165.4	151.6	31.9	28.46	159.5	142.3
17.	168.9	151.1	262.3	242.1	11.5	8.6	233.4	226.3	37.5	46.9	168.5	154.9	32.86	29.36	164.3	146.8
18.	166.5	148.7	258.5	238.4	11.6	8.9	238.5	231.3	40.8	50.0	170.3	156.5	31.86	28.38	159.3	141.9
19.	163.4	145.5	265.4	245.3	9.8	7.1	244.6	237.3	38.5	47.6	163.5	149.7	33.36	29.86	166.8	149.3
20.	171.2	153.4	265.3	245.2	11.3	8.5	251.6	244.5	36.7	45.7	168.7	155.0	32.68	29.2	163.4	146.0
21.	159.8	141.9	270.5	250.3	9.9	7.2	246.8	239.6	35.6	44.8	159.6	145.8	33.84	30.34	169.2	151.7
22.	160.3	142.5	258.7	238.6	10.3	7.6	249.6	242.4	34.3	43.6	167.3	153.6	34.1	30.62	170.5	153.1
23.	165.6	147.7	255.6	235.6	10.6	8.2	245.3	238.2	41.1	50.4	162.5	148.7	33.06	29.58	165.3	147.9
24.	168.4	150.6	253.4	233.2	10.9	8.1	250.3	243.2	35.8	44.8	165.3	151.6	32.68	29.2	163.4	146.0
25.	166.7	148.9	268.3	248.0	10.6	7.9	240.5	233.3	34.6	43.7	169.5	155.7	32.96	29.44	164.8	147.2

BLOOD GLUCOSE AND LIPID PROFILE VALUES BEFORE AND AFTER FLAXSEED SUPPLEMENTATION

S.NO	FBG (mg/dl)		PPBG (mg/dl)		HbA1c (%)		TC (mg/dl)		HDL (mg/dl)		LDL (mg/dl)		VLDL (mg/dl)		TG (mg/dl)	
	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final
1.	160.8	153	152.8	242.5	9.8	7.9	226.8	222.3	30.8	35.8	160.8	151.4	30.76	27.4	153.8	137
2.	165.4	157.8	261.3	251.1	9.6	7.8	227.4	222.8	32.5	37.4	169.3	160	31.14	27.84	155.7	139.2
3.	168.7	160.9	265.5	255.4	9.9	8.3	232.8	228.5	39.6	44.4	161.2	151.8	32.78	29.46	163.9	147.3
4.	169.5	161.8	270.5	260.2	10.2	8.4	235.4	230.9	38.5	43.5	159.7	150.3	33.09	30.58	169.5	152.9
5.	159.8	152.3	255.3	245	10.5	8.6	239.6	235.3	39.4	44.2	162.7	153.4	34.18	30.82	170.9	154.1
6.	162.1	154.3	253.4	243.2	10.6	8.7	240.5	236.1	32.6	37.6	155.6	146.2	34.5	31.18	172.5	155.8
7.	164.8	157.2	260.1	249.8	9.2	7.4	244.8	240.3	30.7	35.6	158.4	149.1	35.08	31.76	175.4	158.8
8.	158.7	151.	263.8	253.4	9.3	7.5	245.6	241.4	39.6	44.4	160.9	151.5	33.78	30.42	168.9	152.1
9.	170.5	162.7	268.5	258.1	9.5	7.8	243.9	239.5	40.6	45.4	162.7	153.5	33.38	30	166.9	150
10.	157.9	150.3	265.4	255.1	9.7	8	244.6	240	40.1	45.1	164.6	155.3	31.68	28.32	158.4	141.6
11.	158.4	150.7	264.1	253.9	10.9	9	247.8	243.2	37.5	42.4	158.8	149.5	31.98	28.72	159.9	143.1
12.	165.9	158	269.8	259.5	11.2	9.4	249.4	244.8	39.1	44	169.6	160.2	33.08	29.74	165.4	148.7
13.	156.8	149	259.7	249.3	10.8	9.1	238.1	233.6	35.7	40.6	150.1	140.8	32.05	29.54	164.5	147.7
14.	162.2	155.3	260.9	250.6	10.3	8.5	250.1	245.5	36.6	40.6	167.3	157.9	31.96	28.62	159.8	143.1
15.	154.4	157.5	263.4	253	11.1	9.3	241.8	237.2	38.8	43.7	169.9	160.6	32.68	29.32	163.4	146.6
16.	170.3	162.5	269.5	259.2	11.2	9.5	244.5	240.1	37.5	42.5	170.5	161.1	33.68	30.34	168.4	151.7
17.	166.8	159	266.3	255.9	10.8	8.9	238.6	234.2	36.3	41.1	168.4	159.1	31.12	27.72	155.6	138.8
18.	169.5	161.8	270.8	260.5	10.3	8.5	240.5	236	38.4	43.3	166.5	157.1	32.06	28.74	160.3	143.7
19.	168.4	160.5	265.4	255	10.5	8.7	235.6	231.2	36.4	41.4	169.4	160.1	33.08	29.74	165.4	148.7
20.	165.3	157.4	263.4	253.1	10.7	8.8	242.5	238	35.6	40.4	170.8	161.4	33.7	30.34	168.5	151.7
21.	169.5	161.7	266.3	255.9	10.6	8.9	250.6	246	41.1	46.1	165.4	156.1	34.12	30.78	170.6	153.9
22.	170.8	162.9	269.5	259.1	11.0	9.1	266.7	262.1	40.8	45.7	166.8	157.4	33.98	30.66	169.9	153.3
23.	168.3	160.5	268.4	258.1	10.8	8.9	270.4	266	42.5	47.5	167.3	158	33.5	30.14	167.5	150.7
24.	166.8	158.9	266.6	256.3	10.5	8.7	268.5	264	39.8	44.6	159.4	150	33.28	29.94	166.4	149.7
25.	163.5	155.6	270.3	259.9	10.3	8.6	263.4	258.9	36.7	41.5	160.5	151.1	34.3	30.94	171.5	154.7

BLOOD GLUCOSE AND LIPID PROFILE VALUES BEFORE AND AFTER STEVIA SUPPLEMENTATION

S.NO	FBG (mg/dl)		PPBG (mg/dl)		HbA1c (%)		TC (mg/dl)		HDL (mg/dl)		LDL (mg/dl)		VLDL (mg/dl)		TG (mg/dl)	
	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final
1.	161.5	145.0	257.3	239.5	9.6	7.3	228.6	222.2	35.4	43.9	160.2	148.0	31.7	28.52	158.5	142.6
2.	168.4	151.4	253.5	236.0	9.8	7.4	232.7	226.3	33.3	41.6	159.4	147.0	32.08	28.88	160.4	144.4
3.	163.6	146.7	260.8	243.5	10.2	7.9	236.5	230.2	32.5	40.9	158.3	145.8	32.46	29.3	162.3	146.5
4.	165.4	148.7	263.4	246.0	10.3	7.9	240.3	233.8	31.6	39.9	170.4	158.0	33.08	29.86	165.4	149.3
5.	169.3	152.3	266.5	249.0	10.8	8.5	243.6	237.2	30.4	38.8	162.5	150.0	34.02	30.82	170.1	154.1
6.	170.1	153.3	263.8	246.2	11.1	8.5	248.5	241.9	38.5	47.0	166.1	153.7	35.08	31.84	175.4	159.2
7.	166.5	149.5	270.5	253.1	9.6	7.1	244.3	237.9	36.4	44.7	168.9	156.4	33.66	30.44	168.3	152.2
8.	169.6	152.7	268.5	251.0	9.5	7.1	250.5	244.1	39.3	47.7	170.3	157.7	33.84	30.62	169.2	153.1
9.	168.4	151.6	263.4	245.8	9.3	6.8	252.3	245.8	40.5	48.9	166.2	153.7	34.3	31.1	171.5	155.5
10.	166.6	149.6	266.8	248.9	10.4	8.0	253.4	246.8	35.4	43.7	167.4	155.0	33.72	30.5	168.6	152.5
11.	170.2	153.2	259.4	241.9	10.2	7.7	256.7	250.1	34.3	42.6	169.5	157.0	32.68	29.48	163.4	147.4
12.	169.4	152.3	262.6	245.0	10.1	7.7	250.2	243.8	33.6	42.0	170.3	157.8	31.96	28.78	159.8	143.9
13.	166.8	149.9	270.5	253.0	10.3	7.8	252.3	245.8	36.8	45.3	166.8	154.4	33.88	30.68	169.4	153.4
14.	167.5	150.7	269.3	251.6	10.9	8.4	253.5	247.0	37.5	45.7	167.4	154.9	34.36	31.2	171.8	156.0
15.	166.4	149.9	266.4	248.8	9.8	7.5	249.6	243.0	40.1	48.5	165.3	152.9	34.1	30.9	170.5	154.5
16.	170.3	153.3	268.2	250.7	9.9	7.3	243.7	237.2	36.3	44.6	162.4	149.9	33.88	30.64	169.4	153.2
17.	169.6	152.6	269.1	251.3	9.7	7.1	242.1	235.7	35.4	43.7	163.5	151.1	33.3	30.1	166.5	150.5
18.	166.7	149.8	266.4	248.8	9.6	7.2	250.3	243.9	36.3	44.5	166.4	153.9	32.68	29.5	163.4	147.5
19.	171.5	154.7	265.3	247.9	9.5	7.1	248.4	241.9	37.4	45.9	170.8	158.2	33.06	29.86	165.3	149.3
20.	168.5	151.9	268.1	250.2	10.4	7.9	244.6	238.1	39.6	48.2	171.3	158.8	33.64	30.42	168.2	152.1
21.	166.3	149.8	267.4	249.9	10.5	7.9	243.4	237.0	38.4	46.8	169.4	156.9	33.82	30.62	169.1	153.3
22.	169.2	152.3	270.8	253.2	9.8	7.4	240.1	233.6	40.8	49.2	168.5	156.1	34.02	30.66	170.9	154.9
23.	65.6	148.3	266.3	248.5	9.7	7.3	238.6	232.0	36.5	44.7	164.5	151.9	34.22	30.98	171.1	155.0
24.	162.8	145.3	265.4	247.8	9.6	7.1	240.5	234.1	39.4	47.7	165.6	153.2	33.36	30.16	166.8	150.8
25.	166.3	149.4	267.5	250.0	10.9	8.3	242.6	236.0	38.6	47.2	168.5	156.0	33.08	29.86	165.4	149.3

BLOOD GLUCOSE AND LIPID PROFILE VALUES BEFORE AND AFTER JAMBOLIN SEEDS SUPPLEMENTATION

S.NO	FBG (mg/dl)		PPBG (mg/dl)		HbA1c (%)		TC (mg/dl)		HDL (mg/dl)		LDL (mg/dl)		VLDL (mg/dl)		TG (mg/dl)	
	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final	Initial	Final
1.	252.6	133.4	256.7	237.4	9.8	7.0	226.4	219.1	30.6	41.6	158.7	146.3	30.48	27.42	152.4	137.1
2.	258.4	138.8	263.7	244.1	9.4	6.8	225.8	218.2	32.5	43.3	162.6	150.0	30.26	27.16	151.3	135.8
3.	162.3	142.8	269.3	248.9	9.6	6.4	231.7	223.7	33.4	43.9	164.7	151.2	30.84	27.5	154.2	137.5
4.	168.5	147.8	270.5	248.0	9.8	7.1	237.6	230.5	38.6	48.8	160.8	147.0	31.46	28.24	157.3	141.2
5.	153.8	133.7	258.4	235.3	10.7	7.4	239.9	232.0	38.9	50.1	159.6	145.1	32.1	29.02	160.5	145.1
6.	159.6	138.5	266.4	241.5	10.2	7.5	240.1	231.9	32.7	44.5	166.3	152.2	32.42	29.24	162.1	146.2
7.	169.5	148.6	253.7	230.2	9.6	5.7	242.8	234.9	30.7	42.2	157.2	141.7	33.04	29.58	165.2	147.9
8.	162.7	142.9	253.9	230.0	9.3	6.0	243.1	236.1	39.2	50.2	160.3	145.0	32.08	28.36	160.4	141.8
9.	163.5	144.2	250.9	228.1	9.4	5.9	247.6	240.2	40.1	51.4	150.8	135.9	34.12	30.4	170.6	152.0
10.	159.4	138.9	262.7	240.0	10.5	7.7	249.3	241.5	32.8	43.8	159.8	143.9	34.46	30.6	172.3	153.0
11.	160.8	140.0	265.3	239.2	10.9	7.5	248.2	241.0	37.6	27.6	168.2	152.1	31.9	27.68	159.5	138.4
12.	169.5	148.6	266.7	242.6	11.0	8.2	246.7	238.6	34.4	46.4	165.0	150.8	31.68	27.3	158.4	136.5
13.	170.1	150.6	269.3	242.8	9.5	7.0	250.3	242.8	39.6	51.5	166.8	151.5	32.16	27.78	160.8	138.9
14.	165.6	145.4	267.4	243.8	10.3	7.4	251.0	243.3	35.4	46.9	155.8	140.4	32.3	28.14	161.5	140.7
15.	166.8	146.3	268.9	245.0	9.9	7.3	247.6	238.6	36.8	48.0	169.3	154.4	34.16	30.34	170.8	151.7
16.	165.4	144.6	270.5	246.5	9.6	6.8	250.6	242.1	40.5	51.5	165.4	149.4	33.64	29.83	168.2	148.2
17.	169.3	148.8	263.4	239.5	9.7	6.2	252.3	244.8	39.6	50.9	168.3	151.3	33.08	29.44	165.4	143.4
18.	170.4	149.6	268.5	244.7	10.3	6.9	251.6	243.6	41.5	53.0	163.5	147.0	33.66	29.82	168.3	147.3
19.	171.2	150.9	269.4	245.5	10.8	7.6	252.3	244.3	38.5	50.5	170.1	153.9	31.86	27.66	159.3	138.8
20.	169.3	149.9	270.2	246.2	10.6	7.2	249.5	241.0	37.6	49.8	169.5	153.5	34.46	30.81	172.3	151.8
21.	159.4	139.5	259.3	235.2	10.9	7.7	255.6	246.6	39.5	51.1	168.4	151.4	34.9	31.3	174.5	152.5
22.	162.4	142.5	256.4	232.5	11.1	8.1	252.3	243.2	40.8	52.8	169.3	152.1	33.72	29.9	168.6	146.1
23.	165.3	145.1	265.6	241.9	11.0	7.5	249.4	240.4	39.5	51.1	168.5	151.0	32.68	28.36	163.4	140.4
24.	166.4	146.1	266.8	242.9	10.7	7.5	258.5	249.0	35.6	47.1	164.6	148.1	33.12	29.45	165.6	143.6
25.	170.5	150.2	268.5	244.5	11.2	8.3	247.6	238.6	37.6	49.6	163.4	147.4	34.1	30.28	170.5	148.5