

**Avinashilingam Institute for Home Science and Higher Education for Women  
Coimbatore – 641 043**

**Master's Degree Examination - November 2017**

**III Semester**

**Class : II PG  
Major : Counselling Psychology**

**Time: 3 hours  
Max. Marks: 60**

**12MCPC17 School Psychology (Self Study)**

**Part A**

**10 x 1/2 = 5**

**Choose the correct answer**

1. A one-on-one helping relationship that focuses on a person's growth and adjustment and problem solving needs is \_\_\_\_\_  
a. guidance      b. assessment      c. intervention      d. counselling
2. Process for helping a client through a third party or helping a system to improve its services is called \_\_\_\_\_  
a. counselling      b. evaluation      c. consultation      d. referral
3. Client who possesses special skills and abilities can be identified and further developed through the assistance of a counsellor by means of \_\_\_\_\_  
a. prevention      b. enhancement      c. reinforcement      d. development
4. If the emphasis is on the members of the group, the term \_\_\_\_\_ is suitable.  
a. group guidance      b. group instruction      c. individual instruction      d. group therapy
5. Which is not suitable for seriously disturbed individuals with deeper personality problems?  
a. individual therapy      b. group therapy      c. special therapy group      d. psychotherapy
6. The main aim of counselling at the elementary school level is the prevention of \_\_\_\_\_ breakdowns.  
a. physical      b. emotional      c. biological      d. social
7. The core of our personality is \_\_\_\_\_. If this is imbalanced the whole personality is affected.  
a. self-realization      b. self-awareness      c. self-reliance      d. self-esteem
8. Which is an introspective report of one's own experiences?  
a. anecdotal records      b. autobiography      c. case study      d. cumulative records
9. What kind of therapy helps the individual to feel more adequate to face his problems confidently?  
a. behaviour modification      b. supportive psychotherapy  
c. re-educative psychotherapy      d. cognitive therapy
10. The use of drugs becomes a means of \_\_\_\_\_ from feelings of void and helplessness.  
a. happiness      b. freedom      c. escape      d. reinforcement

**Part B**

**5 x 4 = 20**

**Answer ALL questions**

**Answer should not exceed 200 words or one page**

11. a) Define counselling and write a note on counsellor's role.  
(Or)
11. b) List out the characteristics of secondary school children.
12. a) Write about the problems faced during career counselling.  
(Or)
12. b) Write a note on the goals of individual counselling.
13. a) Describe briefly about organizational administration.  
(Or)
13. b). Write a short note on Brooks' principles.
14. a) Explain about the benefits of using tests in career counselling.  
(Or)
14. b) Discuss briefly about the role of information.
15. a) Write a note on Counselling people with PTSD.  
(Or)
15. b) Explain about the various social changes occurring overtime and the importance of counselling for them.

**Part C**

**5 x 7 = 35**

**Answer ALL questions**

**Answer should not exceed 600 words or three pages**

16. a) List out some of the various developmental tasks in elementary school children.  
(Or)
16. b) Discuss in detail about the role of secondary school counsellor.
17. a) Enumerate in detail about the different stages of counselling process.  
(Or)
17. b) Write in detail about the concepts of development to career counselling.
18. a) Explain in detail about the counsellors role in community level.  
(Or)
18. b) Discuss in detail about career counselling for women.
19. a) Explain about the various types of test and questionnaire used in career counselling.  
(Or)
19. b) Elaborate about the occupational information guidelines for the career counsellor.
20. a) Write in detail about the various anti-social acts.  
(Or)
20. b) Discuss in detail about counselling persons with substance abuse.

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