



Avinashilingam Institute for Home Science and Higher Education for Women

Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD
Re-accredited with 'A++' Grade by NAAC.CGPA 3.65/4, Category I by UGC
Coimbatore-641 043, Tamil Nadu, India

Continuous Internal Assessment II - April 2025

II Semester

Class : I M.Sc.

Major : Human Development

Time : 2 Hours

Max. Marks : 60

23MHDC09 Life Span Development II (Adolescence – middle age)

Course Outcomes:

- CO1: Recognize the developmental tasks and milestones and recall the concept of development from adolescence to middle age
CO2: Understand the development in the theoretical perspectives across adolescence to middle-age
CO3: Analyze the development and its interdependency, attainment of developmental tasks and individual differences and the existing problems during adolescence to middle adulthood
CO4: Evaluate the problem areas and their management strategies being focused on the causative factors during adolescence to middle adulthood
CO5: Formulate a framework to highlight development during adolescence to middle adulthood, theoretical perspective of the development, associated problems and management strategy

Part A

6 x 1 = 6

Choose the Correct Answer

- Absolute black and white thinking is called as
a. Dualism b. Relativism c. Multiplicity d. Dialectic CO₂K₂
- Accumulated information and verbal skills that increase with age are called
a. Fluid intelligence b. Crystallised intelligence c. Cognitive pragmatics
d. Wisdom CO₂K₁
- Name the eating disorder that involves relentless pursuit of thinness through
starvation. CO₃K₂
a. Anorexia Nervosa b. Bulimia Nervosa c. Restrained Eating d. Obesity
- Small groups that range from 2 to 12 individuals are called as... CO₃K₄
a. Crowds b. Peer group c. Cliques d. Conformers
- Retention of information about the where and when of life's happenings is CO₄K₂
a. Semantic memory b. Source memory c. Semantic memory d. Working
memory
- Knowing about knowing is called... CO₄K₃
a. Encoding b. Decoding c. Strategy construction d. Metacognition

Part B

3 x 6 = 18

Answer ALL questions Each answer should not exceed 400 words or two pages

- a. Enumerate the characteristics of post-formal thought (or) CO₂K₂
b. Differentiate crystallised and fluid intelligence with relevant examples CO₂K₂
- a. Elicit the changes in language development of adults (or) CO₃K₃
b. Elicit the changes in the wisdom of adults. CO₃K₂
- a. Illustrate the Life-events framework to interpret adult development change. CO₅K₄
(or)
b. How are cliques and crowds involved in adolescent development? CO₂K₄

Part C

3 x 12 = 36

Answer ALL questions. Each answer should not exceed 800 words or four pages

- | | | |
|-----|---|--------------------------------|
| 10. | a. Track the changes in the structure of thought from early adulthood to middle adulthood (or) | CO ₂ K ₂ |
| | b. Explain Erikson's view of Young adults and middle-aged adults. | CO ₃ K ₂ |
| 11. | a. Detail the information processing of middle adults (or) | CO ₃ K ₃ |
| | b. Explain Levinson's Seasons of Life | CO ₅ K ₃ |
| 12. | a. Explain Vaillant adaptation to life (or) | CO ₅ K ₃ |
| | b. Explain the factors, prevention, and management strategies of any three common problems faced by adolescents | CO ₄ K ₃ |