

**Efficacy of Cognitive Behaviour Therapy in Managing Stress,  
Anxiety, Loneliness and Enhancement of Assertiveness  
among Sexually Abused Girl Children**

**Thesis submitted in  
Partial Fulfillment of the  
Degree of Doctor of Philosophy (Ph. D.)**

**By  
Suganthi, V.  
15PHCPF001**

**Supervisor  
Dr. S. Gayatridevi  
Department of Psychology**

**Avinashilingam Institute for Home Science and Higher  
Education for Women, Coimbatore - 641043**

**January, 2020**