

CONTENTS

CHAPTER NO.	TITLE	PAGE NO
	List of Tables	
	List of Figures	
	List of Appendices	
	Abstract	
I	Introduction	1
II	Review of Literature	12
	A. Theoretical perspective of adolescent development	12
	B. Arunthathiyars - their origin and concept	14
	C. Socio-cultural, economic and occupational life of Arunthathiyars	17
	D. Policies and programmes for the welfare of Arunthathiyars	27
	E. Educational status of Arunthathiyars and relevant case studies	37
	F. Health status of Arunthathiyars and relevant case studies	45
III	Methodology	54
	A. Research Design	54
	B. Population and sampling	55
	C. Construction and selection of tools	62
	D. Conduct of the study	70
	E. Analysis of the data	77
IV	Results and Discussion	81
	<i>Section I: Socio-economic and cultural profile of Arunthathiyar adolescents in the five taluks - An overview</i>	83
	A. General profile	83
	B. Familial and economic profile	87
	C. Cultural practices observed	100

CHAPTER NO.	TITLE	PAGE NO
	<i>Section II: Adolescents in selected taluk - General profile</i>	105
	A. Socio economic and familial background	105
	B. Neighbourhood / community profile	111
	<i>Section III: Academic Achievement (AA) and factors associated</i>	115
	A. Academic achievement of adolescents	116
	B. Determinants of academic achievement	116
	<i>Section IV: Nutritional status (NS) and factors associated</i>	128
	A. Nutritional status of adolescents	129
	B. Determinants of nutritional health	130
	<i>Section V: Mental Health (MH) status and factors associated</i>	140
	A. Mental health status of adolescents	141
	B. Determinants of mental health	142
	<i>Section VI: Socio-economic status perceptions of adolescents and their overall well being</i>	156
	A. Level of perceptions over their socio-economic status	157
	B. Relationship between socio- economic perception and academic achievement	158
	C. Relationship between socio- economic perception and nutritional health	160
	D. Relationship between socio- economic perception and mental health	161
	<i>Section VII: Efficacy of SPSS programme</i>	162
	A. Outcomes of group discussion	163
	B. Analysis of pre and post test scores to adjudge the efficacy of the programme	168

CHAPTER NO.	TITLE	PAGE NO
	C. Gender and efficacy of the SPSS	172
V	Summary and Conclusion	174
	Bibliography	
	Appendices	