

CONTENTS

CHAPTER NO.	TITLE	PAGE NO.
	LIST OF TABLES	
	LIST OF FIGURES	
	ABSTRACT	
I	INTRODUCTION	01
	REVIEW OF LITERATURE	38
II	★ Single Parent Family	38
	★ Psychological Well-being and the College Students from Single Parent Family	48
	★ Grit and the College Students from Single Parent Family	52
	★ Resilience and the College Students from Single Parent Family	R 57
	★ Mindfulness and the College Students from Single Parent Family	61
III	METHODS	66
IV	RESULTS AND DISCUSSION	116
V	SUMMARY AND CONCLUSION	161
	REFERENCES	165
	ANNEXURES	180

