



Avinashilingam Institute for Home Science and Higher Education for Women

(Deemed to be University Estd. u/s 3 of UGC Act 1956, Category A by MHRD)

Re-accredited with A++ Grade by NAAC. CGPA 3.65/4, Category I by UGC

Coimbatore - 641 043, Tamil Nadu, India

Continuous Internal Assessment-I, August 2025

V Semester

Class :III UG
Branch :Human Development

Time: 2 Hours
Max. Marks : 60

23BHDC09-Adulthood and Oldage

Course Outcomes:

CO1: Understand the aspects of adulthood

CO2: Appraise the problems and adjustments' of early and middle adulthood.

CO3: Define ageing from many perspectives: emotional, physiological, economic, social, cognitive, financial and philosophical.

CO4: Address the problems of elderly

CO5: Transform theoretical knowledge to geriatric care practices. Describe the range of services available to meet the needs of older adults.

Part A

6 x 1 =6

Choose the Correct Answer

1. Early adulthood age ranges from
a. 22-35 b. 20-40 c. 25-45 d. 20 and above
CO 1 K1
2. Empty nest period is a syndrome in
a. Early adulthood b. middle adulthood c. young adults d. old age
CO 5 K3
CO 3 K2
CO 2 K3
3. Erikson's theory of psychosocial development in early adulthood is called
a. intimacy vs.isolation b. Trust vs. Mistrust c. Identity vs. Role Confusion
d. Integrity vs. Despair
CO 2 K2
3. Development of Vocational Decision-making in early twenties may have
a. Fantasy period. b. Tentative period. c. Realistic period. d. Investigative period
CO 2 K4
4. Adults with attachments report lower satisfaction in their relationships
a secure b. temporary c. anxious d. insecure
5. Which is an arrangement where two or more people who are not married live together.
a. dating b. engagement c. courtship d. Cohabitation
CO 1 K2
6. Decline inparticularly during the first year or two after childbirth..
a. trust b. marital satisfaction, c. sexual relationship d. romantic relationship

Part B

3 x 6=18

Answer ALL questions

Each answer should not exceed 400 words or two pages

- 7.a. Brief out the characteristics of early adulthood. (or)
CO 1 K4
- 7.b. Discuss on developmental tasks of early adulthood.
CO 1 K2
- 8.a. What are different types of attachment? Discuss any one. (or)
CO 2 K2
- 8.b. Elicit on physical changes during early adulthood.
CO 2 K4
- 9.a. Describe cognitive changes during middle adulthood. (or)
CO 4 K5
- 9.b. Brief out on social and emotional changes of middle adults.
CO 4 K2

Part C

3 x 12 = 36

Answer ALL questions

Each answer should not exceed 800 words or four pages

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| 10.a. Highlight on adjustment during early adulthood related to marriage and parenthood.(or) | CO 1 K2 |
| 10.b. Appraise on Social mobility and vocational adjustments in early adulthood. | CO1 K4 |
| 11.a. Brief out on singlehood/loss of spouse and remarriage in midlife. (or) | CO 3 K2 |
| 11.b. Illustrate on Emtynest Syndrome. | CO 3 K5 |
| 12.a. Highlight the characteristics and developmental task of old age. (or) | CO 4 K2 |
| 12.b. Discuss on physical and mental adjustments during oldage. | CO 4 K2 |

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