

CERTIFICATE

This is to certify that thesis titled “**Triple Burden of Malnutrition in Young Adult Women (18-21 years) and the Effect of Nutrition Interventions on their Nutritional Status and Nutritional Knowledge**” submitted to Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, Tamil Nadu in partial fulfilment of the requirements for the award of Degree of **Doctor of Philosophy in Food Science and Nutrition**, is a record of original research work done by **Mrs.Sai Gayathri.H** during the period of her study in the Department of Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, under my supervision and guidance and the dissertation has not formed the basis for the award of any Degree/Diploma/Associate ship/Fellowship or similar title to any candidate of any other university and it represent an entirely independent work on the part of the candidate.


19/11/24
Signature of the

Head of the Department


19.11.24
Signature of the Supervisor


19.11.2024
Signature of the Dean

DECLARATION

I declare that the thesis entitled '**Triple Burden of Malnutrition in Young Adult Women (18-21 years) and the Effect of Nutrition Interventions on their Nutritional Status and Nutritional Knowledge**' submitted by me for the award of Degree of **Doctor of Philosophy** is the record work carried out by me during the period from 2020 to 2024 under the guidance of **Dr. A. Thirumani Devi**, Professor and Former Head of the Department, Food Science and Nutrition, Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, Tamil Nadu and has not formed the basis for the award for any Degree/Diploma/Associate ship/Fellowship/Titles in this University or any other University or other similar Institution of Higher learning.



19.11.2024

Signature of the Supervisor



19/11/2024

Signature of the Candidate

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