

ACKNOWLEDGEMENT

I thank Lord Almighty for his continuous grace and support in all my endeavours. I am deeply grateful to the **Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore**, for rendering an opportunity to develop both personally and professionally. **Shri. Dr P.R.Krishnakumar, Chancellor,**

Dr Premavathy Vijayan, M.Sc., M. Ed., Dip., Spl. Edn. (U.K), M.Phil., Ph. D., Vice-Chancellor, Dr S.Kowsalya, M.SC., M.Phil, Ph.D, Dean, The School of Arts and Social Sciences, granting a chance to conduct this study.

I extend my gratitude to **Dr S. Gayatridevi, Associate Professor and Head, Department of Psychology,** Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, for her care, support, and motivation during the study.

I am grateful for the remarkable guidance of **Dr N.V.Amudha Devi, M.A., Ph.D, Assistant Professor, Department of Psychology,** Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore. The researcher extends her heartfelt thanks and gratitude to her guide for her insights, motivation, care, unconditional acceptance, and never-ending support, making the researcher complete the study.

I want to thank **Dr N.S.Rohini, M.A., M.Phil., Ph.D, Former Professor and Head,** Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore, for her compassion and motivation made the researcher complete the study.

I want to thank **Dean, Dr Sasangan Ramanathan, Amrita School of Engineering, Coimbatore, Amrita VishwaVidyapeetham** for his motivation and enthusiasm towards research. That made the researcher enrol for PhD and complete the study. The researcher extends her deep felt gratitude to the Friends and Family whose support, encouragement, assistance have helped accomplish this task.