

**MANAGEMENT OF ANXIETY AND ENHANCEMENT OF
ADJUSTMENT IN NURSING STUDENTS THROUGH
POSITIVE THERAPY**

U.L. BHUVANESWARI

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IN

COUNSELLING PSYCHOLOGY

SEPTEMBER 2009

Hemalatha Natesan

**Signature of the
Head of the Department**

*Hemalatha Natesan
22-9-09*

**Signature of the
Guide**