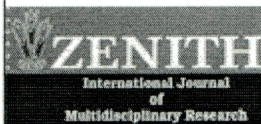




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Management of illness perception and coping among breast cancer patients

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Abstract

The study on "Management of Illness Perception and coping among Breast Cancer Patients" was conducted in Coimbatore Cancer Foundation (CCF) in G. Kuppuswamy Naidu Memorial Hospital, Coimbatore by purposive sampling method. Seventy five breast cancer patients served as the sample. They were in the age range of 35-70 years under medication. The patients with high scores in Illness perception and low in Brief coping were selected for the study. The tools used for assessment were Case Study Schedule, Illness Perception Questionnaire (Broadbent et al 2006) and Brief Coping Scale (Carver, 1997). The psychological intervention, "Rational Emotive Behavior Therapy" (REBT) was administered to the patients. After 15 days the Re-assessment was given by using the same Questionnaires. The results indicated a significant reduction in the mean Illness Perception with increase in coping strategies. This clearly indicates the effect of Rational Emotive Behavior Therapy in coping among breast cancer patients.

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